

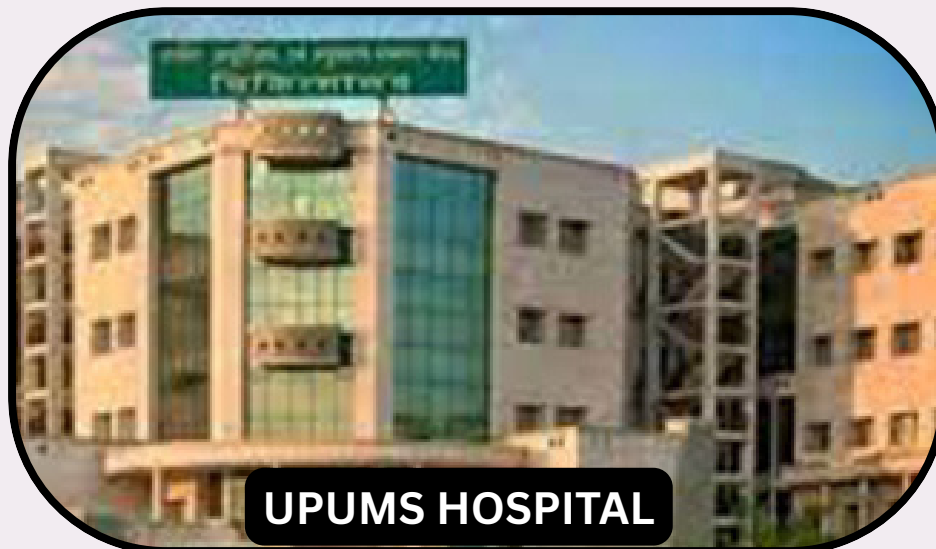
NEWSLETTER



OCTOBER - DECEMBER - 2025 VOL-3 ISSUE-1



ADMINISTRATIVE BLOCK



UPUMS HOSPITAL



ACADEMIC BLOCK



NURSING, PARAMEDICAL AND PHARMACY BLOCK



UPUMS VC PROF. (DR.) AJAY SINGH JI MET WITH HON'BLE CHANCELLOR AND CHIEF MINISTER SHRI YOGI ADITYANATH JI



UPUMS VC PROF. (DR.) AJAY SINGH JI MET WITH HON'BLE DEPUTY CHIEF MINISTER SHRI BRAJESH PATHAK JI



UPUMS VC PROF. (DR.) AJAY SINGH JI MET WITH HON'BLE STATE MINISTER SHRI MAYANKESHWAR SHARAN SINGH JI IN LUCKNOW

KEY HIGHLIGHTS

- UPUMS VC Prof. (Dr.) Ajay Singh met Hon'ble Chancellor and Chief minister Shri Yogi Adityanath ji
- UPUMS VC Prof. (Dr.) Ajay Singh met Hon'ble Minister Shri Mayankeshwar Sharan Singh ji
- Announced facility of free treatment and investigations during 1st 24 hours in emergency and trauma
- Established Centre for Happiness
- UPUMS VC Prof. (Dr.) Ajay Singh received **health excellence award** at Wellness con 2025
- UPUMS established as Medical Device Safety Reporting Centre
- Orthopaedic department conducted first free ankle arthroscopy
- UPUMS signed an MoU with HLL Lifecare Ltd. to establish Amrit Pharmacy.
- Established Virtual Consultancy and Telemedicine
- Started Free meal for attendants and needy population

FROM VICE CHANCELLOR'S DESK

It gives me immense pleasure to share that UPUMS, Saifai continues to advance steadily in the domains of quality medical education, patient care, and impactful research. Our collective commitment toward strengthening rural healthcare delivery remains the cornerstone of our mission.

The successful organization of the "Research Showcase and Oration-2025" reflects our vibrant academic culture and dedication to innovation. The gracious presence of Prof. (Dr.) Vinay Pathak as Chief Guest and Padma Shri Prof. (Dr.) Sonia Nityanand as Guest of Honour added immense academic value and inspiration to this remarkable event.

I sincerely appreciate the commendable efforts of our faculty members, residents, students, and staff for showcasing departmental research, clinical innovations, public health initiatives, and technological advancements. Their dedication reinforces our vision of translating research into meaningful healthcare solutions, especially for the rural population we proudly serve.

I also extend my heartfelt thanks to the Editorial Board for their sincere efforts in compiling and presenting this issue of the newsletter. Their commitment ensures that the academic achievements and institutional milestones of UPUMS are effectively communicated to a wider audience.

Let us continue to work together with integrity, compassion, and innovation to strengthen UPUMS as a center of excellence in medical education, research, and patient care.

EDITORIAL

Dear Readers,

We are pleased to present Volume-3 Issue-1 of our university newsletter. This issue highlights the spirit of innovation, scientific curiosity, and academic excellence that defines our institution. Research remains the cornerstone of medical advancement, enabling new discoveries, improving patient care, and strengthening evidence-based practice.

As a step toward fostering a vibrant research culture, the university recently organized an Intramural Research Showcase Programme, providing a platform for faculty and students to present their work and exchange ideas. Over the past months, our faculty and students have engaged in meaningful research initiatives, interdisciplinary collaborations, and scholarly publications, reflecting our shared commitment to expanding knowledge and addressing emerging healthcare challenges. From clinical studies to community-based research, each contribution shapes a progressive academic environment.

This edition showcases notable achievements and inspiring journeys. We extend gratitude to all contributors. May this edition inspire inquiry, encourage collaboration, and reaffirm commitment to excellence. Happy reading!

EDITORIAL BOARD

Chief Editor

Dr. Reena Sharma, Professor
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Associate Editor

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Student's Participation (Co-Editors)

Ms. Archisha Singh, MBBS - 2023 Batch
Mr. Aayush Gupta, MBBS - 2024 Batch
Mr. Devendra Meena, MBBS - 2024 Batch
Mr. Aditya Varsham, MBBS - 2025 Batch
Ms. Anushka Agarwal, MBBS - 2025 Batch
Mr. Ansh Gupta, MPT - 2025 Batch
Mr. Parth Malviya, B. Pharma - 2024 Batch





ACHIEVEMENTS



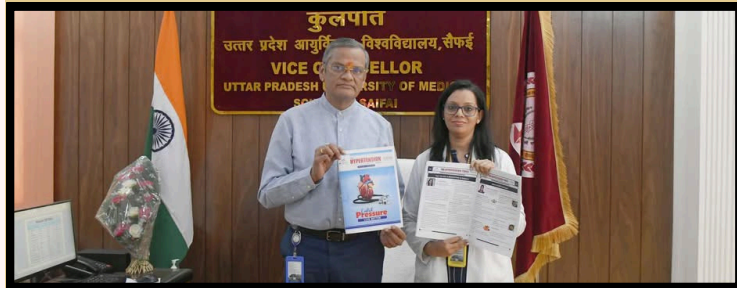
Prof. Kalpana and Dr. Anuradha from Obstetrics & Gynaecology, UPUMS, were conferred the prestigious FICMCH Fellowship at NARCHICON 2025 in recognition of their outstanding contributions to maternal and child health.



Dr. Abhigyan Manas from Dental Sciences received the 2025 Fellowship of the Association of Trauma & Oral & Maxillofacial Surgery, gaining national recognition for excellence in surgery and academics.



Dr. Muniba Alim from Paediatrics won first prize at PUNPEDICON 2025 for research on PIOMI in preterm neonates, promoting early feeding, weight gain, and faster NICU discharge.



Ms. Alka, Senior Dietician at UPUMS Saifai, was appointed Associate Editor of The Hypertension Times and authored a yoga therapy article, earning congratulations from VC Prof. (Dr.) Ajai Singh.



Dr. Survesh Kumar Gupta from Paediatric Surgery won Best Paper at IAPSCON 2025 for a novel neonatal rectal prolapse technique, leading to a patented device and advancing pediatric surgical innovation.



Dr. Prerna Kataria from Periodontology received the "Outstanding Women Researcher Award" at Puducherry's international conference, with VC Prof. (Dr.) Ajai Singh praising her achievement and scientific presentation.



UPUMS Saifai launched Dr. Sushil Kumar Yadav's from Medicine Hindi book Electrocardiography (ECG), with VC Prof. (Dr.) Ajay Singh praising its clarity in simplifying complex concepts and overcoming language barriers.



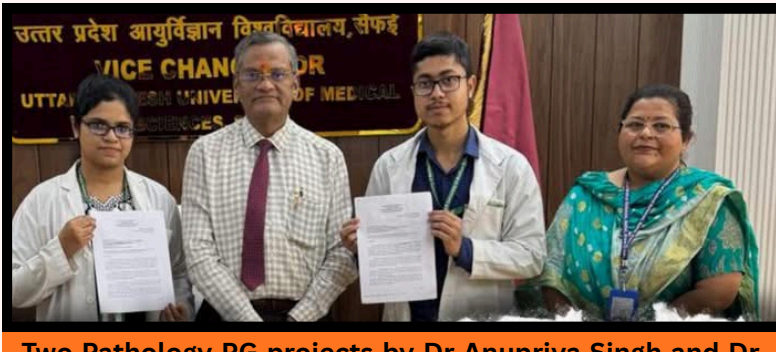
Dr. Sanjay Singh from Pathology received the honour at national level by presenting research paper.



UPUMS librarians shone nationally as Mr. Rohan Gupta earned the Best Medical Librarian Award 2025.



Dr. Harish Kumar from Orthopaedics and Dr. Kirti Jaiswal from Physiology earned prestigious NAMS membership at NAMSCON-2025, PGI Chandigarh, honoring their excellence in research and medical education.



Two Pathology PG projects by Dr Anupriya Singh and Dr Sharif Rehman Chaudhary received ICMR-DHR funding under Dr. Pinky Pandey's guidance. VC Prof. (Dr.) Ajay Singh praised UPUMS' advancing cancer research excellence.



Indian Society of Hypertension awarded Fellowship to Dr. Gagan Deep Kaur from Community Medicine and Dr. Varun Sisodia from CVTS for outstanding dedication and hypertension research excellence.



UPUMS' Prof. (Dr.) Ramakant Yadav from Medicine earned prestigious ACP Fellowship for research and clinical excellence; VC Prof. (Dr.) Ajay Singh extended congratulations and best wishes.



Dr. Sushil Shukla from Community Medicine received prestigious NAMS membership at NAMSCON-2025, PGI Chandigarh, honoring research excellence, elevating UPUMS, Saifai and Uttar Pradesh's medical community pride.



At ASICON 2025 in Kolkata, Prof. S. P. Singh, along with Dr. Gaurav Mishra and Dr. Sudhanshu Mishra from General Surgery was conferred the prestigious FAIS honor, marking a proud milestone for UPUMS.



Obstetrics & Gynaecology excelled at the Annual UP Association of Gynaecology Oncologists Conference, Kanpur, with top prizes and expert panel roles in oncology discussions.



Students of MBBS Batch 2023 and 2024 showcased their researches at First Research showcase and Oration, 2025.



Students of MBBS Batch 2024 showcased their researches at First Research showcase and Oration, 2025.



OCTOBER 2025



Meeting with Honourable Chief Minister

Honourable Chief Minister Shri Yogi Adityanath ji met UPUMS Vice Chancellor Prof. (Dr.) Ajay Singh in Lucknow, discussing medical facilities, research, and rural health service improvements, expressing gratitude for the government's continuous support.

Road map of Progress and Collaboration

Hon'ble Minister Shri Mayankeshwar Sharan Singh ji met UPUMS Vice Chancellor Prof. (Dr.) Ajay Singh in Lucknow to discuss progress and collaboration in medical education and healthcare services, strengthening institutional partnerships.



Centre For Happiness

A space for peace and positivity!
Hon'ble Vice Chancellor Prof. (Dr.) Ajay Singh inaugurated the Center for Happiness – fostering meditation, relaxation & mental wellness at UPUMS, Saifai.

Free Treatment During First 24 Hours of Emergency

UPUMS now offers free diagnostic tests and life-saving treatments during the first 24 hours in the Emergency Ward. Guided by Vice Chancellor Prof. (Dr.) Ajay Singh, this benefits critical patients and reinforces public service.



Health Excellence Award

UPUMS Vice Chancellor Prof. (Dr.) Ajay Singh received the "Health Excellence Award in Profession" at Wellness Con 2025 for four decades of outstanding contributions to medical leadership, education, research, and institutional development.

Free Meal Service Announced for attendants and needy population

Honorable Vice Chancellor Prof. (Dr.) Ajay Singh announced Free Meal Service for the attendants of patients and the deficient population in order to provide facilities to those in need.



NOVEMBER 2025



Medical Device Safety Reporting Centre



UPUMS, Saifai is designated a Medical Device Safety Reporting Center by the Indian Pharmacopoeia Commission. This boosts patient safety and research, enabling public reporting. Vice Chancellor Prof. (Dr.) Ajay Singh called it proud achievement.

Affordable And Quality Medical Essential



UPUMS signed an MoU with HLL Lifecare Ltd. to establish Amrit Pharmacy. Vice Chancellor Prof. (Dr.) Ajay Singh said it ensures affordable, quality medicines, implants, and essentials at discounted rates, enhancing accessible healthcare.



First Ankle Arthroscopy



UPUMS Saifai's Orthoscopy Department performed its first ankle arthroscopy. Led by Prof. (Dr.) Sunil Kumar and Dr. Harish Kumar, the procedure enhances sports injury care, offering affordable, free treatment locally.

Faculty of nursing signs MoU



UPUMS Faculty of Nursing signed MoU with Mata Suraj Mukhi Nursing Institute & Research Centre and J.K. College of Nursing boosting mentorship and quality education collaboration.



Virtual Consultancy and Telemedicine



UPUMS Saifai signed MoUs for virtual OPD and telemedicine with Surya Dev Laxmi Memorial Trust, enabling free specialist consultations in rural areas, advancing digital healthcare and supporting Developed India 2047 vision.

Gender Sensitization For Safe Campus

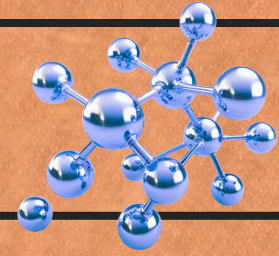


UPUMS Saifai's Anti-Sexual Harassment Committee hosted a gender sensitization session with Adv. Jyotika Kalra. Guided by Vice Chancellor Prof. Dr. Ajai Singh, the event reinforced commitment to a safe, inclusive campus.





DECEMBER - 2025



Meeting with Honourable Chief Minister

Hon'ble Chief Minister Uttar Pradesh and Chancellor, Uttar Pradesh Ayur Science University Shri Yogi Adityanath ji met Hon'ble Chancellor Prof. (Dr.) Ajay Singh . Important topics related to the university, educational progress and strengthening health services were discussed.



First Research Showcase And Oration , 2025 Hosted Successfully



The first "Research Showcase and Oration-2025" was successfully organized at UPUMS, Saifai with great enthusiasm and academic excellence under the visionary leadership of our Hon'ble Vice Chancellor Prof. (Dr.) Ajay Singh Sir. The grand event was graced by Prof. (Dr.) Vinay Pathak as the Chief Guest and Padma Shri Prof. (Dr.) Sonia Nityanand as the Guest of Honour, who inspired the audience with her motivating and insightful address.

Under the guidance and continuous encouragement of our Hon'ble Vice Chancellor Sir, the program showcased an extensive presentation of departmental research activities, clinical innovations, public health initiatives, and advanced technological advancements—highlighting the university's strong commitment to research excellence and quality healthcare for society.

Health Conclave Representation



Hon'ble Vice Chancellor Prof. (Dr.) Ajay Singh represented UPUMS Saifai at the "Health Conclave – Developed Uttar Pradesh, Samarth Uttar Pradesh" in Lucknow, highlighting pharma research innovation, industry collaboration, and modern infrastructure to position Uttar Pradesh as a leading pharma hub. Prof. (Dr.) Amit Singh also participated.

Celebration of 20th Foundation Day in Paediatric Department

UPUMS Saifai's Pediatrics Department celebrated its 20th Foundation Day, inaugurated by Hon'ble Vice Chancellor Prof. (Dr.) Ajay Singh , highlighting achievements, future expansion, and advanced child-care services through SNCU, NICU, and PICU.



Free Telemedicine Consultation to rural patients



UPUMS Saifai launched Virtual OPD under Hon'ble Vice Chancellor Prof. (Dr.) Ajay Singh ,delivering free telemedicine consultations in multiple specialties to rural patients across Uttar Pradesh, enhancing accessible, cost-effective, and time-saving healthcare services.

All Faith Prayer Place Establishment



At UPUMS Saifai, Hon'ble Vice Chancellor Prof. (Dr.) Ajay Singh unveiled an all-faith prayer place near the Trauma Center, promoting unity, spiritual comfort, and mental peace for patients and families, inspired by "Sarve Bhavantu Sukhin, Sarve Santu Niramaya."

AI Orientation Programme



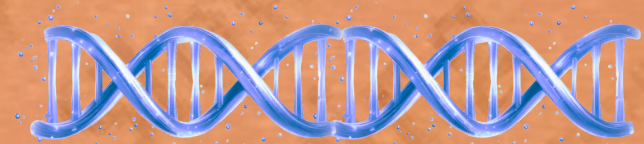
Successful event of AI Orientation Programme at UPUMS Saifai!

National and international experts said that AI is no longer the future of health services, but the present. The book "How to Use AI in Hypertension Management" was also released in the program. UPUMS goal—to become a strong model of AI-Driven Healthcare!

Cervical Cancer Screening and Awareness



UPUMS SAIFAI organized a Cervical Cancer Screening & Awareness Program. Hon'ble Vice Chancellor Prof. (Dr.) Ajay Singh inaugurated it, with 300 free HPV vaccines pledged to promote prevention and early detection.





CONFERENCES





Dr. Atul Mishra of UPUMS presented research on IMRT and VMAT radiation planning for lung tumors at IUPESM World Congress 2025, earning global recognition for medical physics innovation and excellence.



Dr. Amita Singh represented UPUMS at LASACON-2025, presenting rare mouse cancer research and promoting ethical, CCSEA-compliant animal studies.



At UPASICON Kanpur 2025, General Surgery faculty chaired sessions, presented research, joined workshops—marking a proud university achievement.



Dr. Atul Mishra represented UPUMS at AMPICON-2025, presented craniospinal irradiation research, served as Poster Rapporteur, reflecting academic excellence and dedication.



Dr. Sushil Yadav presented UPUMS' first international study on diuretic-induced prediabetes at RSSDI 2025, showcasing the university's research excellence and global academic impact.



UPUMS Ophthalmology excelled at UPSOS 2025 with expert talks, judging roles, and impactful resident research presentations, showcasing academic and clinical excellence.



Dr. Ritu Gupta represented UPUMS at Rhinocon 2025, Chennai, winning Gold Medal, delivering lectures, and directing Balloon Sinuplasty training—showcasing clinical excellence and advancing national rhinology education.



UPUMS congratulates Dr. Ankit Mittal for IAACON 2025 faculty role and award-appreciated THR research, showcasing clinical excellence and academic leadership.

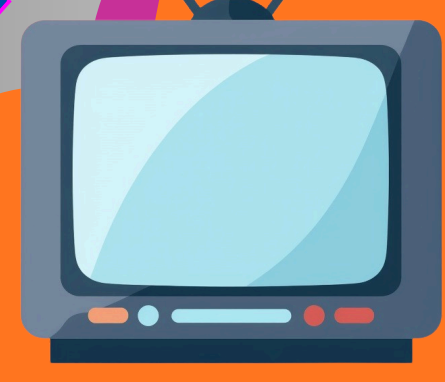


At PEDODHAM 2025, Bhubaneswar, Prof. Dr. Rahul Mishra chaired sessions, presented research, and attended advanced courses, highlighting UPUMS' Department of Oral & Maxillofacial Surgery's national academic excellence.



Dr. Atul Mishra represented UPUMS at IUPESM World Congress 2025, presenting acclaimed lung tumor radiation research, earning international recognition.

UPUMS समाचार



पहलो बार दूरबीन पद्धति से कंधे का जटिल आपरेशन

कंधे का जटिल आपरेशन पहली बार दूरबीन पद्धति से किया गया। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

विश्व ट्रोमा दिवस पर यूपीयूएमएस में जन-जागरूकता कार्यक्रम एवं वॉकथॉन का आयोजन

सैफई, कुलपति प्रो. (डॉ.) अजय सिंह के मार्गदर्शन में उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय (यूपीयूएमएस), सैफई में विश्व ट्रोमा दिवस के अवसर पर एक जन-जागरूकता कार्यक्रम एवं वॉकथॉन का आयोजन हुआ और सभी स्वास्थ्य कर्मियों ने निष्ठा पूर्वक कार्य करने की शपथ ली।

मूत्राशय कैंसर की जटिल सर्जरी कर महिला की बचाई जान

मूत्राशय कैंसर की जटिल सर्जरी कर महिला की बचाई जान। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

आयुर्विज्ञान विवि सैफई में होगी अमृत फार्मसी की स्थापना

आयुर्विज्ञान विवि सैफई में होगी अमृत फार्मसी की स्थापना। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

यूपीयूएमएस में एमबीबीएस 2025-26 बैच की लाइट कोट सेरेमनी हुयी संपन्न

यूपीयूएमएस में एमबीबीएस 2025-26 बैच की लाइट कोट सेरेमनी हुयी संपन्न। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

रतन कैंसर की रोकथाम के लिए जागरूकता बढ़ाने की पहल

रतन कैंसर की रोकथाम के लिए जागरूकता बढ़ाने की पहल। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

तंबाकू मुक्त समाज की दिशा में साथक पहल हुई शुरू

तंबाकू मुक्त समाज की दिशा में साथक पहल हुई शुरू। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

उच्च रक्तचाप से बचाव का समय पर उपचार जरूरी है

उच्च रक्तचाप से बचाव का समय पर उपचार जरूरी है। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

डॉ. अजय स्वस्थ उत्कृष्टता पुरस्कार से सम्मानित

डॉ. अजय स्वस्थ उत्कृष्टता पुरस्कार से सम्मानित। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

विश्व सोरायसिस दिवस पर यूपीयूएमएस में जागरूकता कार्यक्रम

विश्व सोरायसिस दिवस पर यूपीयूएमएस में जागरूकता कार्यक्रम। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

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रतन कैंसर वलीनिक शुरू, अब समय पर जांच व इलाज

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सर्वधर्म प्रार्थना स्थल का किया लोकार्पण

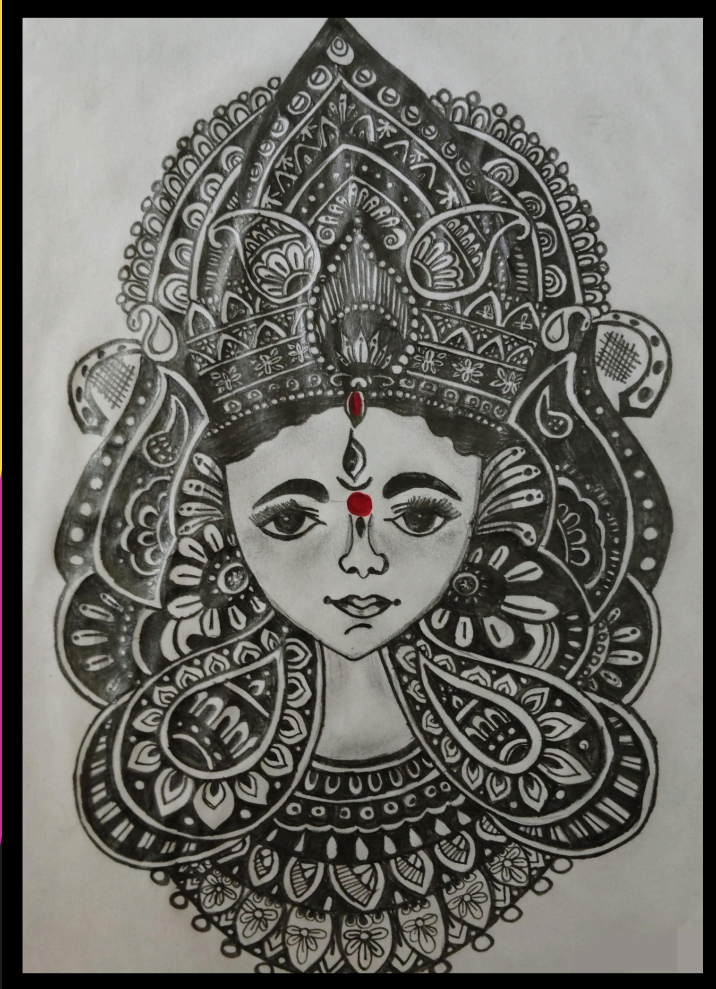
सर्वधर्म प्रार्थना स्थल का किया लोकार्पण। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।

देश रिसर्च के क्षेत्र में जल्द विश्व ट्रोमा दिवस पर यूपीयूएमएस में होगा सबसे आगे: कुलपति

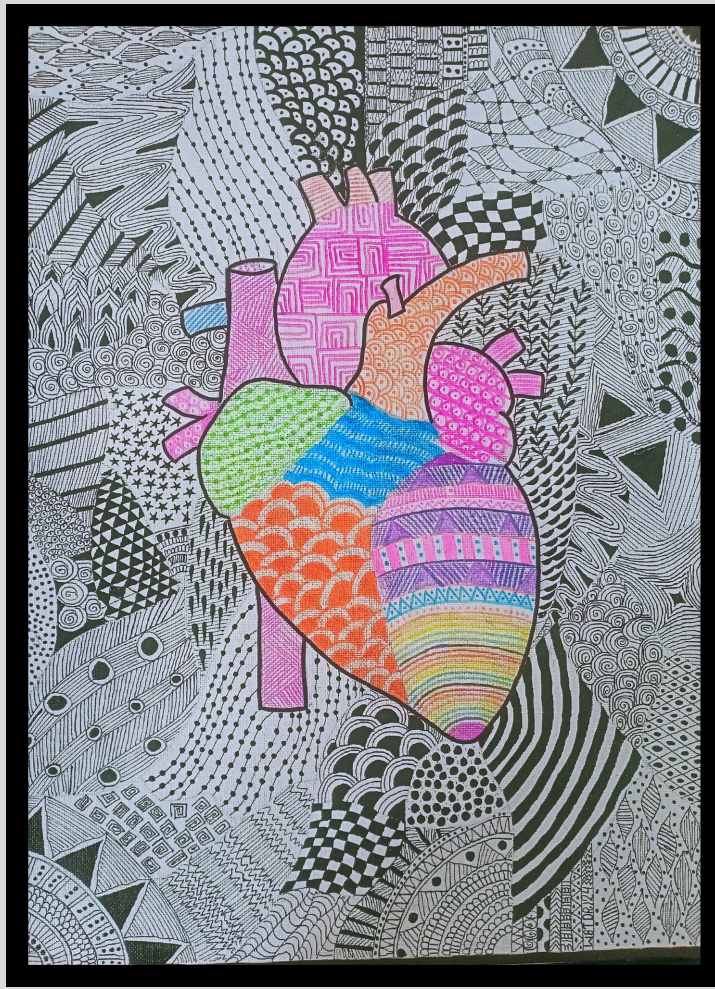
देश रिसर्च के क्षेत्र में जल्द विश्व ट्रोमा दिवस पर यूपीयूएमएस में होगा सबसे आगे: कुलपति। डॉ. अजय सिंह ने अग्रणी अर्थोपेडिक सर्जन के रूप में अपनी विशेषज्ञता का प्रदर्शन किया।



STUDENTS' CREATIVITY



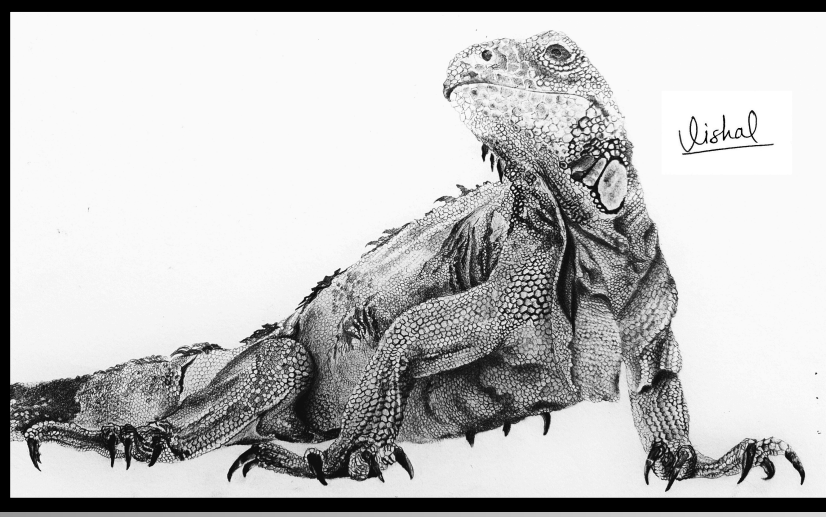
AAYUSH BHATNAGAR BPT BATCH 2024



ANNU NAGAR MBBS BATCH 2023



KRISHNA CHAUHAN DPT BATCH 2024



VISHAL RAJPUT MBBS BATCH 2025