

**ICMR STS-2025**  
**Selected Projects**

| Sl No. | Name                 | Batch           | Department   | Guide                                                                | Title                                                                                                                                                                                                                | STS Ref ID:   |
|--------|----------------------|-----------------|--------------|----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| 1      | Miss Samiya Hameed   | MBBS Batch 2024 | Physiology   | Dr. Anamika Singh, Professor Physiology Department                   | Caffeine Consumption And Its Impact On Sleep Quality, Daytime Sleepiness And Academic Performance Of Undergraduate First Year Medical Students: A Cross-Sectional Study                                              | STS2025-22463 |
| 2      | Miss Khushboo Yadav  | MBBS Batch 2024 | Physiology   | Dr. Kirti Jaiswal, Professor Physiology Department                   | Assessment of Micronutrient Deficiency And Its Association With Self Neglecting Behaviour Among Diabetic Women In Rural Field Practice Area of Tertiary Care Teaching Hospital In North India: A Mixed-Methods Study | STS2025-20994 |
| 3      | Miss Tanisha Agarwal | MBBS Batch 2024 | Physiology   | Dr Amita Singh, Assistant Professor Physiology Department            | Prevalence of Digital Eye Strain And Its Association With Near And Distance Vision Among School Students of Rural Areas- A Cross Sectional Study                                                                     | STS2025-20196 |
| 4      | Miss Bhoomi Rajbhar  | MBBS Batch 2024 | Biochemistry | Dr. Rajesh Kumar Thakur, Associate Professor Biochemistry Department | Impact of Intermittent Fasting On Lipid Profile And Insulin Sensitivity Biomarkers                                                                                                                                   | STS2025-19995 |
| 5      | Mr. Shashikant Singh | MBBS Batch 2024 | Pathology    | Dr. Savita Agarwal, Professor Pathology Department                   | Awareness, Exposure Practices, And Self-Reported Health Effects Potentially Related To Microplastics Among Undergraduate Medical Students: A Questionnaire-Based Study                                               | STS2025-22578 |
| 6      | Miss Ananya Singh    | MBBS Batch 2023 | Pathology    | Dr. Shabana Andleeb Ansari, Associate Professor Pathology            | Assessment of Vitamin D Status In Patients With Iron Deficiency Anemia: A Cross-Sectional Case-Control Study At A Tertiary Care Rural Hospital In Uttar Pradesh                                                      | STS2025-17810 |