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WPUMS

JULY-SEPTEMBER
VOLUME 2
ISSUE 3

Faculty of Medicine
Faculty of Nursing
Faculty of Paramedical Sciences
Faculty of Pharmacy
Faculty of Dental Sciences



2024

NEWSLETTER



Newsletter- 2024

(JULY-SEPTEMBER)



UPUMS

PREFACE

Dear Readers,

Welcome to the edition of Volume 2 Issue 3 edition of the UPUMS Newsletter for July to September 2024. As we move from the vibrant summer months into the reflective season of autumn, this quarter has been a testament to the progress, achievements, and forward-thinking initiatives at Uttar Pradesh University of Medical Sciences (UPUMS).

This newsletter serves as a bridge to connect our readers with the latest news, milestones, and advancements within the UPUMS community. It encapsulates the dedication of our students, faculty, and staff, who continue to strive for excellence in medical education, research, and clinical care.

We are also honored to share the insights and vision of our esteemed Vice Chancellor, Dr. Prabhat Kumar Singh, who has been instrumental in steering the institution towards new heights. His leadership continues to inspire our collective efforts to innovate and provide top-tier healthcare education.

Whether it is pioneering research, noteworthy collaborations, or student activities, this edition celebrates our commitment to pushing the boundaries of healthcare and medical science. We hope this issue not only informs but also inspires you to continue engaging with the UPUMS journey.

Warm regards,

EDITORIAL BOARD

**UTTAR PRADESH UNIVERSITY OF
MEDICAL SCIENCES**

OUR HON'BLE CHANCELLOR



**SHRI YOGI ADITYANATH JI
HON'BLE CHIEF MINISTER
UTTAR PRADESH**

OUR HON'BLE MINISTER'S OF MEDICAL EDUCATION



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OUR HON'BLE OFFICERS OF MEDICAL EDUCATION



- HON'BLE PRINCIPAL SECRETARY OF MEDICAL EDUCATION, HEALTH & FAMILY WELFARE

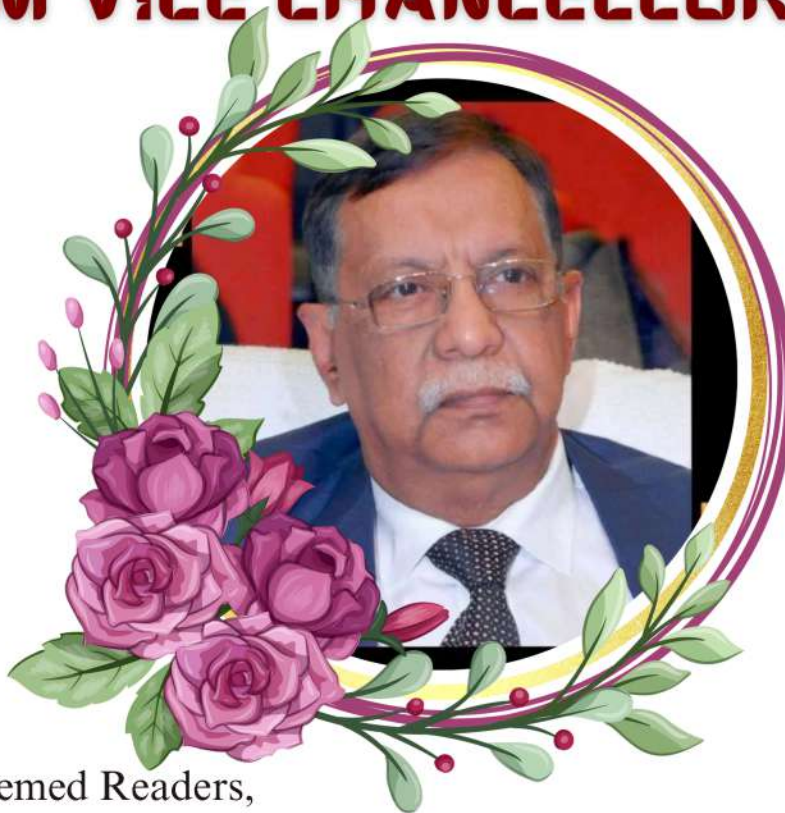
SHRI PARTHA SARTHI SEN SHARMA, IAS



- HON'BLE DIRECTOR GENERAL MEDICAL EDUCATION , UTTAR PRADESH

MS. KINJAL SINGH, IAS

FROM VICE CHANCELLOR'S DESK



Dear Esteemed Readers,

It is with great pride and pleasure that I present to you this edition of our UPUMS Newsletter. Reflecting on our recent journey, I am reminded of the numerous milestones we have achieved as an institution, reinforcing our commitment to being a center of excellence in medical education, research, and healthcare services. Uttar Pradesh University of Medical Sciences (UPUMS) continues to make significant strides in various fields, contributing to both the academic and healthcare ecosystems.

During this period, our university has focused on enhancing its initiatives aimed at innovation in healthcare delivery and education. These efforts are designed to elevate our institution's stature and offer our students and faculty unique opportunities to contribute to the future of medical science. We are continuously pushing the boundaries to ensure that UPUMS remains at the forefront of medical advancements, benefiting both our community and the healthcare sector at large.

This past quarter has also seen several notable achievements at UPUMS. Our faculty has published groundbreaking research in reputable medical journals, advancing knowledge in fields such as cardiology, oncology, and public health. Additionally, our students have excelled in national examinations and clinical competitions, showcasing their skills and commitment to the medical profession. These accomplishments reflect our dedication to nurturing talent and fostering an environment where academic excellence thrives.

Our students and faculty have exhibited remarkable resilience, adapting to challenges with a spirit of determination and innovation. Their dedication to academic excellence and clinical practice has been pivotal in upholding the high standards that UPUMS is known for. I am truly inspired by the relentless pursuit of knowledge and the commitment to service demonstrated by our community during this time.

As we look ahead, I encourage every member of the UPUMS family to continue engaging with curiosity, compassion, and a drive for excellence. Together, we will work towards making healthcare more inclusive, innovative, and impactful. This newsletter serves as a testament to our collective efforts, and I hope it inspires us all to keep moving forward with renewed energy and enthusiasm.

Thank you for your continued support and dedication. I look forward to witnessing more groundbreaking achievements in the future.

Best regards,



DR. PRABHAT KUMAR SINGH
VICE CHANCELLOR, UPUMS

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EDITORIAL

Dear Esteemed Readers,

Welcome to the latest edition of the UPUMS Quarterly Newsletter. As we reflect on the past few months, it is clear that the spirit of innovation and dedication continues to thrive at Uttar Pradesh University of Medical Sciences (UPUMS). This newsletter not only serves as a chronicle of our achievements but also as a platform for sharing the vibrant experiences and initiatives that make our university a leader in medical education and research.

Throughout this quarter, we have witnessed remarkable accomplishments from both our faculty and students. From groundbreaking research contributions that push the boundaries of medical science to student-led initiatives that foster community health, UPUMS remains committed to its mission of advancing healthcare and education. Our academic community has shown exceptional resilience and creativity, which is evident in the successful completion of various projects and events that enhance the learning environment.

Additionally, we are proud to highlight the collaborative efforts within and beyond our campus, demonstrating our commitment to partnership and innovation. These collaborations not only enhance our educational offerings but also ensure that our students receive a holistic learning experience that prepares them for the challenges of the healthcare sector.

In this edition Newsletter Volume 2 Issue 3, you will find updates on various initiatives, inspiring stories of achievement, and important upcoming events. We encourage everyone in the UPUMS family to engage with this content, share your own experiences, and continue to support one another as we strive for excellence in all that we do.

Thank you for being a part of our community, and we hope you enjoy this issue of the newsletter!

Warm Regards ,

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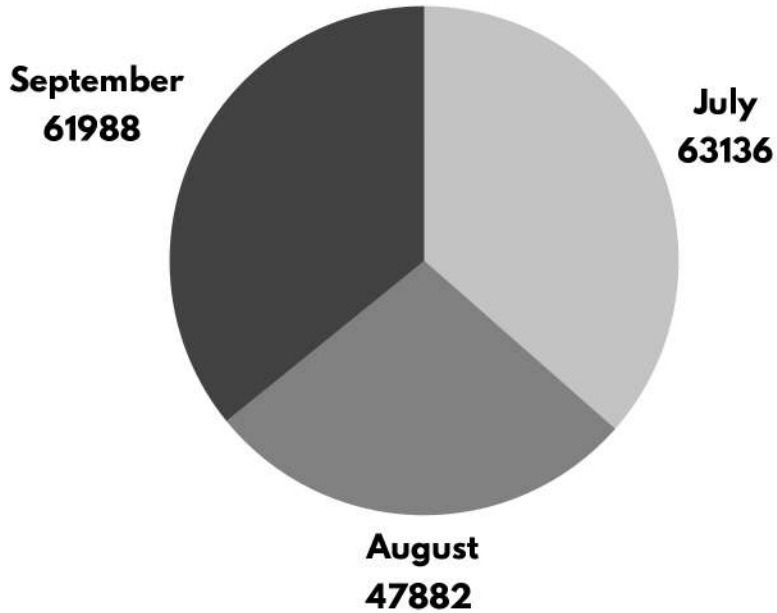


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Co-Editor
(MBBS Student Batch 2021)

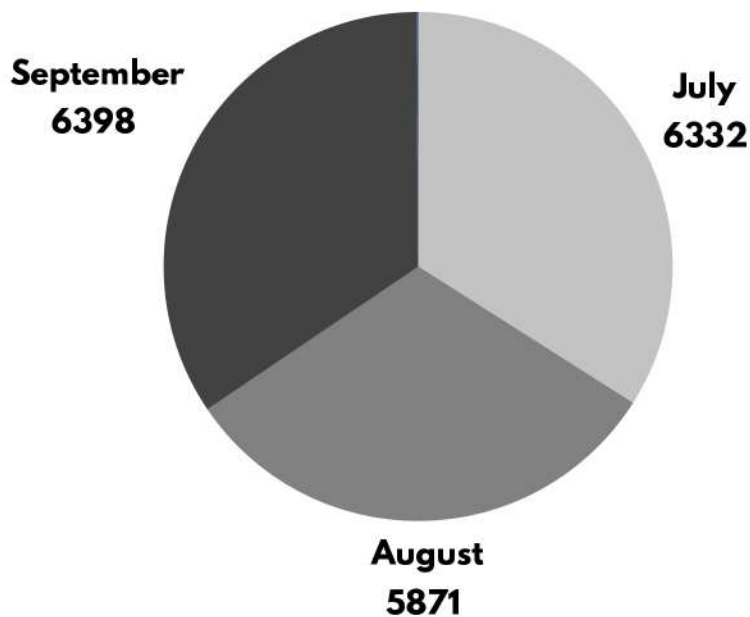
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HOSPITAL SERVICES AT A GALNCE (JULY - SEPTEMBER) BY UPUMS, SAIFAI, ETAWAH

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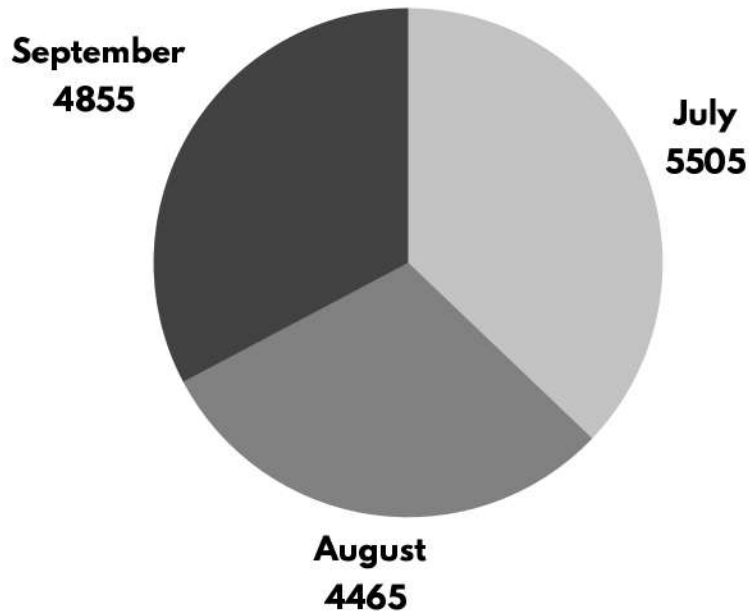


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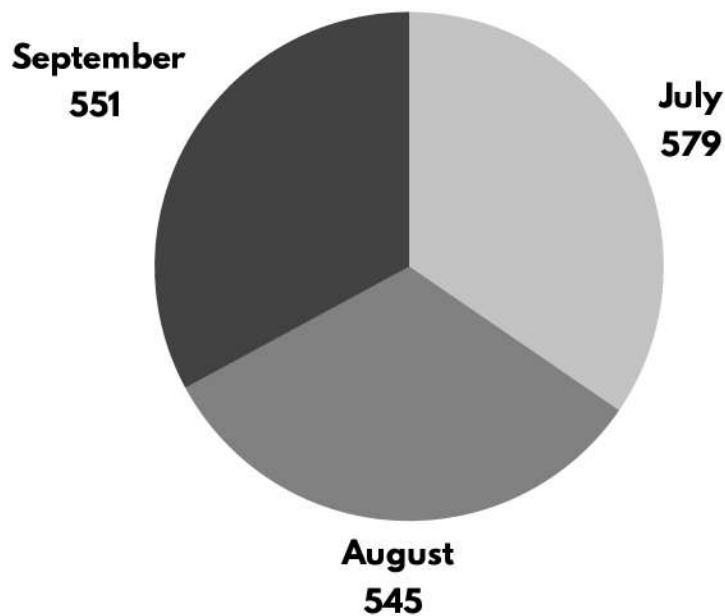


HOSPITAL SERVICES AT A GALNCE (JULY - SEPTEMBER) BY UPUMS, SAIFAI, ETAWAH

Surgeries



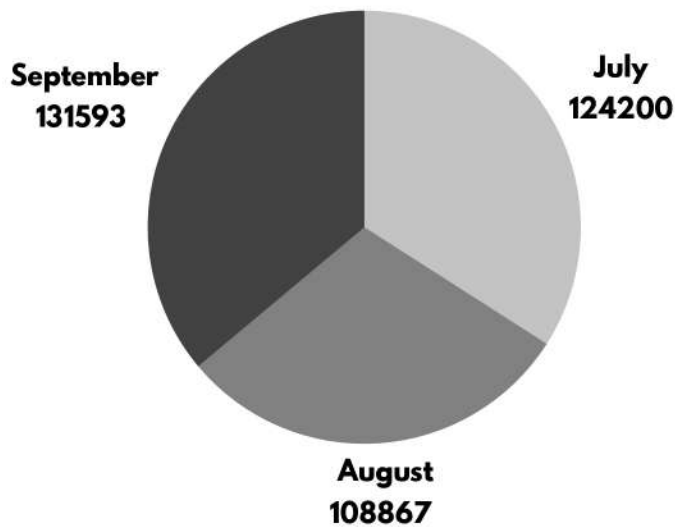
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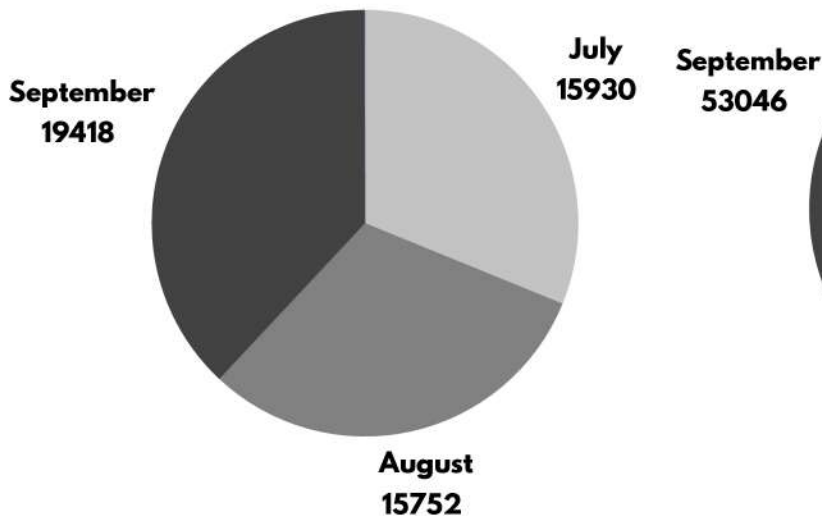
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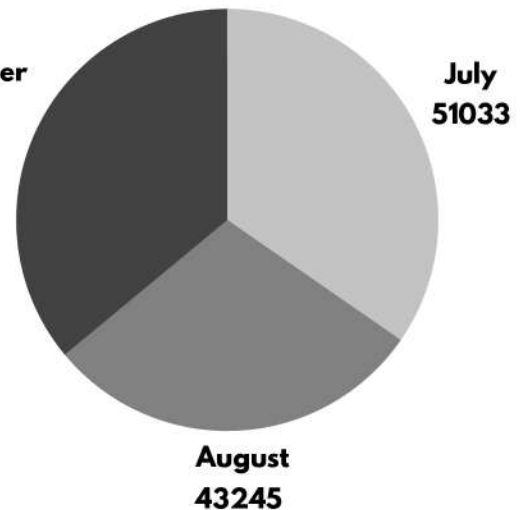
Biochemistry



Microbiology

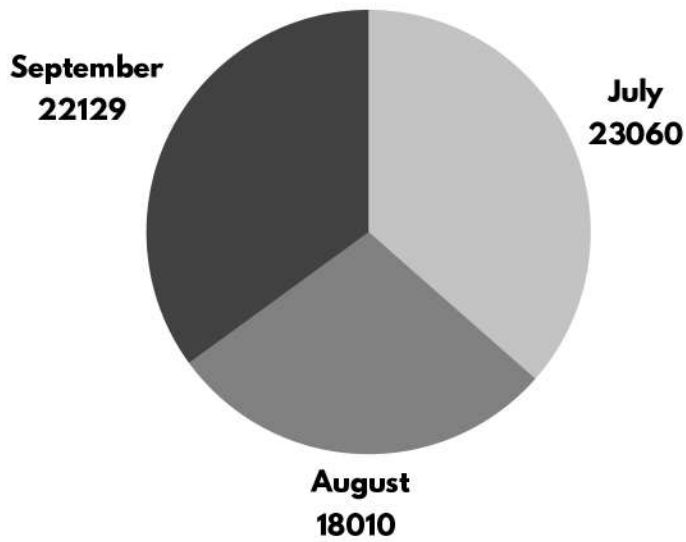


Pathology

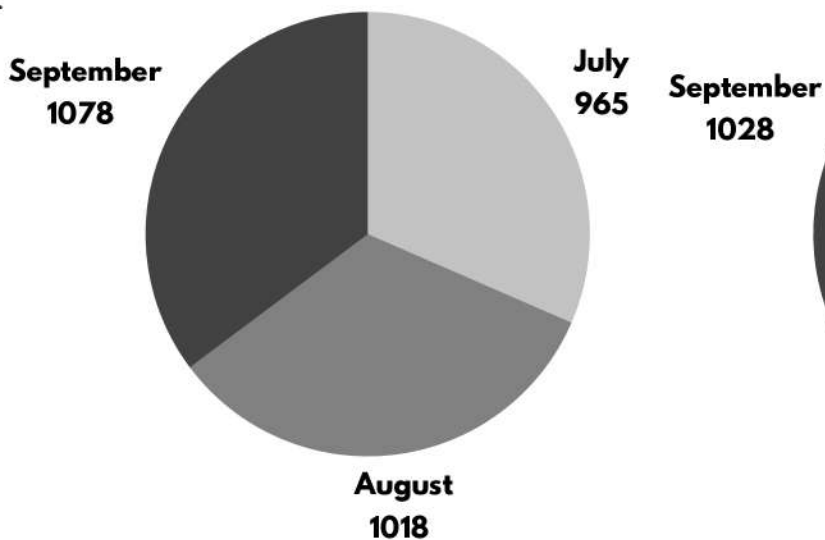


HOSPITAL SERVICES AT A GALNCE (JULY - SEPTEMBER) BY UPUMS, SAIFAI, ETAWAH

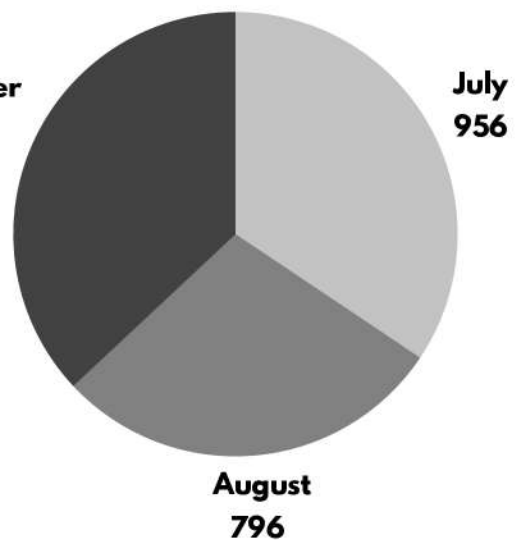
Radiology :



Blood Donation



Blood Issue





NEWSLETTER

JULY

2024



DOCTORS DAY CELEBRATION

01 JULY, 2024



National Doctors' Day is celebrated in India on July 1st to honor the birth and death anniversary of Dr. Bidhan Chandra Roy, a distinguished physician, freedom fighter, and second Chief Minister of West Bengal. Instituted in 1991, this day recognizes Dr. Roy's immense contributions to the medical field and his tireless efforts in public service and medical education.

National Doctors' Day in India serves to acknowledge the dedication and sacrifices of doctors who work relentlessly to improve the health and well-being of the community. It highlights their role in addressing healthcare challenges and their contributions during crises, such as the COVID-19 pandemic.

On this day, various events and activities are organized, including health camps, free medical check-ups, seminars, and award ceremonies to honor exemplary doctors. The day also aims to inspire future generations to pursue careers in medicine and continue the legacy of service and excellence exemplified by Dr. Bidhan Chandra Roy.



PLANTATION DRIVE

01 JULY, 2024

The Uttar Pradesh University of Medical Sciences, Saifai, Etawah, has launched a massive tree plantation campaign organized by the U.P.U.M.S Employees Association from July 1, 2024, to August 15, 2024. The campaign was inaugurated by the esteemed Vice Chancellor, Dr. Prabhat Kumar Singh.

Union President Sharad Yadav stated that such initiatives will continue to be organized by the union to keep the university campus green and pollution-free.



TANUVAS-FELASA

01 JULY, 2024

Dr. Amita Singh, Veterinary Officer & In-Charge of the Department of Animal Husbandry at UP University of Medical Sciences, participated in the TANUVAS-FELASA accredited "Certificate Course in Laboratory Animal Science - 2024" for veterinarians. Held at TANUVAS in Chennai, this course provided essential theoretical knowledge and hands-on training in laboratory animal science according to FELASA standards.

The curriculum covered topics such as biology, husbandry, disease management, safe practices in animal housing, and conducting animal experiments

(anesthesia, surgery, and analgesia for veterinarians). Unique to this program is its accreditation by FELASA, making it the only one of its kind outside Europe.



FAREWELL PARTY (VIGAM)

01 JULY, 2024



A farewell signifies the conclusion of one chapter and the start of another. The farewell party was organized by the ANM 2nd Year (2022) batch at the Faculty of Nursing, UPUMS, on July 1, 2024. The theme of the party was "VIGAM: Goodbye."

The event began with a warm welcome to Prof. Biji Biju, Dean of the Faculty of Nursing, along with all faculty members and the graduating students. After lighting the lamp, various cultural activities, including singing, dancing, poetry, and games, were performed by the ANM 2nd Year students in honor of the farewell students.

Miss Farewell was chosen through a series of games and opinion-based questions, with the evaluation conducted by the Dean. Ms. Mamta Yadav was crowned as Miss Farewell. The distribution of gifts was carried out by the Dean, Mr. Sembian N, Mrs. Prabhawati Singh, and Mr. Jitendra Singh Parmar.

MEDICAL CONFERENCE - CONNAISSANCE JIPMER

01 JULY, 2024

Mr Pranay Tiwari, Student of MBBS batch 2021, UPUMS, Saifai, received 3rd prize in 6th International UG Medical Students Conference "Connaissance" organized and hosted by JIPMER Puducherry. More than 1400 delegate students from over 200 medical colleges across India participated.

Pranay participated in "Inception: Research Proposal Presentation" under the guidance of the department of Psychiatry, UPUMS Saifai and presented a protocol for the research topic "Knowledge and Attitude of Medical Students of a Rural University in Uttar Pradesh towards Homosexuality: A cross sectional study".



BOOK LAUNCH: "THE JOURNEY OF PHYSIOLOGISTS - HISTORY BUILDS FUTURE"

03 JULY, 2024

The book "The Journey of Physiologists - History Builds Future," co-authored by Dr. Amit Kant Singh (Professor of Physiology, UPUMS, Saifai), was launched by Hon'ble Vice Chancellor Prof. (Dr.) Prabhat Kumar Singh on July 3, 2024, at UPUMS, Saifai. The book was initially released on June 27, 2024, at AIIMS, Gorakhpur, by Prof. (Dr.) Gopal Krushna Pal, Executive Director and CEO of AIIMS Gorakhpur.

Dr. Charushila Rukadikar (Assistant Professor of Physiology, AIIMS, Gorakhpur) joined the launch event online, highlighting that the book pays tribute to legendary physiologists and serves as a valuable resource for undergraduate and postgraduate students, as well as emerging researchers.

Dr. Amit Kant Singh discussed how the book explores the lives and contributions of eminent physiologists and scientists from diverse backgrounds. Prof. (Dr.) Prabhat Kumar Singh congratulated Dr. Amit Kant Singh and Dr. Rukadikar (online) on their achievement and wished them success in their future endeavors.



APPLICATION OF AI IN ORTHOPAEDICS

05 JULY, 2024



Artificial intelligence (AI) is a groundbreaking technology that significantly improves human well-being, particularly in enhancing surgical procedures, including orthopaedics. Dr. Ajay Kumar Rajput, Associate Professor in the Department of Orthopaedics at UPUMS Saifai, presented on the application of AI in orthopaedics during a guest lecture on Doctor's Day at Firozabad Medical College.

His talk provided valuable insights into how AI can enhance surgical performance and reduce associated risks. The session was well-received by participants, including MBBS students, faculty, orthopaedic surgeons, and other medical professionals. While the primary focus was on orthopaedics, the knowledge shared was applicable to various surgical fields.

Dr. Rajput is among the pioneers in integrating such technological advancements into orthopaedics, which may soon become standard practice.

TREE PLANTATION WEEK

05 JULY, 2024

The Community Medicine Department at Uttar Pradesh University of Medical Sciences (UPUMS) celebrated tree plantation week where Hon'ble Vice Chancellor Prof. Dr. Prabhat Kumar Singh planted a guava tree and encouraged everyone to plant trees collectively and individually during the monsoon season to contribute to environmental improvement. Prof. P.K. Jain, Head of the Community Medicine Department, highlighted that this week was aimed at raising awareness about forest conservation and protecting the environment.

A total of 500 shade and fruit trees were planted on the university campus, with MBBS students from the 2022 batch performing a street play under the theme "One Plant in the Name of Mother" to illustrate the importance of tree planting.



PLACEMENT DRIVE FOR OPTOMETRY STUDENTS

06 JULY, 2024

The Department of Optometry at FPS Saifai, Etawah, organized a campus interview for final year diploma students and B.Optom interns as part of the university's placement drive with Lenskart Company. 10 Diploma Optometry Students Batch 2021 has selected for the optometrist position, while 5 were recommended for further review within the next month.



This campus placement drive appears to be a success for both the Department of Optometry and the participating students. The department facilitated connections with a leading company in the field, and a significant number of students secured potential job opportunities.

SLOGAN WRITING COMPETITION

09 JULY, 2024



A slogan writing competition was held in Faculty of Pharmacy, UPUMS Saifai for a cough syrup COLDEX manufactured by ALMAS Biotech, Bharthana. A total of 49 responses were obtained from the B. Pharmacy students. Three slogans have been selected by the company for the purpose of marketing and a prize of Rs 1100/- was handed over to the three winners namely Rishabh Gupta, Anjali Singh and Ayush Singh.

PATIENT - DEVICE FOR EARLY DETECTION (SAM)

09 JULY, 2024

We are excited to announce that our team at Uttar Pradesh University of Medical Sciences has patented a groundbreaking device for the early detection and management of severe acute malnutrition (SAM) in children. Led by Prof. Dr. Ganesh Kumar Verma from the Department of Pediatrics, along with Dr. Swalpa Verma and Dr. Arpit Verma, this innovative technology provides a non-invasive, portable solution for assessing biochemical markers relevant to SAM. The SAM-BioScan combines advanced biosensor technology with AI-driven risk assessments, enabling immediate decision-making at the point of care. Its IoT connectivity allows for real-time data sharing and trend analysis,



enhancing patient management in both clinical and remote settings. This milestone not only reflects our commitment to fostering innovation and improving global health outcomes but also addresses critical limitations in traditional SAM diagnosis and management. The device has been praised by university leadership, highlighting its potential to save countless lives.

CME -RECURRENT PREGNANCY LOSS

09 JULY, 2024



The scientific CME was organized under the aegis of Obstetrics and gynecology society of Etawah(OGSE). Meeting was addressed by President of OGSE Prof Dr Kalpana Kumari mam and welcomed by Dr Mamta Singh. Scientific session was on Recurrent Pregnancy loss and its management and the speakers were Prof Dr Kalpana Kumari and Dr Mamta Singh. The Program was hosted Dr Pragati Divedi.

NUTRITION WEEK CELEBRATION

09 JULY, 2024



The Faculty of Nursing at UPUMS organized a 7-day Nutrition Week, themed "Fuel Your Body, Fuel Your Soul," as part of the B.Sc. Nursing second semester curriculum. On the fourth day, the Faculty hosted Honorable Vice Chancellor Prof. Dr. Prabhat Kumar Singh and Respected Registrar Dr. Chandra Veer Singh as distinguished guests. Students showcased various dishes along with diet plans tailored to specific patient conditions, emphasizing the importance of nutrition for early recovery and improved prognosis. In his speech, Vice Chancellor Dr. Prabhat Kumar Singh highlighted the significance of a nutritious diet and commended the nursing students and faculty for promoting healthy eating habits suitable for patients.

Registrar Dr. Chandra Veer Singh congratulated the Faculty of Nursing for organizing Nutrition Week, noting that such programs greatly benefit patient care and enhance knowledge about healthy diets for both patients and the general population. This initiative was conducted under the guidance of Dean Prof. Mrs. Biji Biju, with support from Nutrition Program Coordinators Mr. Arvind Singh, Mrs. Suneeta Gautam, and Mrs. Anchal, along with B.Sc. 2nd semester class coordinator Mr. Ankit.

PATIENT - AI-BASED EYEGLASSES

15 JULY, 2024



The Patent Office, Government of India, has granted a patent to Dr. Gaurav Dubey from the Faculty of Paramedical Medical Sciences at UPUMS, Saifai, Etawah, for the design patent on AI-based eyeglasses that determine retinal stress. Dr. Dubey received a certificate of registration for this innovative design. Honorable Vice Chancellor Prof. (Dr.) Prabhat Kumar Singh and Registrar Dr. C.V. Singh commended him for this outstanding achievement.

These AI-based smart glasses continuously monitor retinal health by analyzing eye strain and stress levels through real-time image processing and machine learning algorithms. By detecting early signs of retinal stress, the device provides timely alerts to users, potentially preventing serious eye conditions. Equipped with user-friendly interfaces, the smart glasses offer personalized recommendations for optimal eye care, making them an invaluable tool for individuals prone to eye fatigue.

CME: BRACHIAL PLEXUS INJURY

15 JULY, 2024

In celebration of World Plastic Surgery Day, the Department of Plastic Surgery organized a Continuing Medical Education (CME) program focused on "Brachial Plexus Injury: Current Concepts in Management and Reconstruction." The event was held under the guidance of Vice Chancellor Dr. P.K. Singh.

The program began with the lighting of diyas and was followed by insightful lectures from Dr. Ankur Bhatnagar, who shared his extensive knowledge on the latest management strategies and reconstruction techniques for Brachial Plexus injuries. The CME emphasized the importance of ongoing education and collaboration among healthcare professionals to enhance patient care.



POST EXPOSURE PROPHYLAXIS WORKSHOP

15 JULY, 2024



PEP workshop was organized at the Medical University to educate healthcare workers about the risks of hepatitis and the importance of post-exposure measures. Led by Dr. Sushil Yadav, the event featured the Honorable Vice Chancellor, who inaugurated a PEP booklet and praised Dr. Yadav's ongoing efforts in treating hepatitis patients.

Key topics included proper blood sampling techniques, the necessity

of PEP for specific healthcare workers, and immediate reporting protocols for exposure. The workshop also highlighted the different types of hepatitis viruses and their transmission modes.

Nursing staff emphasized the workshop's significance for their safety. The event saw considerable participation and was attended by senior faculty, aiming to enhance knowledge and practices related to hepatitis exposure among healthcare professionals.

PULMONARY REHABILITATION- SEMINAR

16 JULY, 2024



Saifai, Uttar Pradesh, India
XX6G+X9V, Saifai, Uttar Pradesh 205264, India
Lat 26.962732°
Long 78.976016°



The Department of Physiotherapy at UPUMS organized an online seminar on Pulmonary Rehabilitation, featuring Dr. Shivam Srivastava PT from the Department of Respiratory Medicine at KGMU, Lucknow. Approximately 100 students from the Department of Physiotherapy participated in the seminar, which aimed to enhance their understanding of pulmonary rehabilitation. The objectives included providing in-depth knowledge of pulmonary rehabilitation, identifying gaps in current protocols, and discussing recent advancements in the field. The session fostered valuable insights, encouraging students to critically evaluate existing practices and stay updated on innovative approaches to pulmonary care.

BASIC LIFE SUPPORT- TRAINING

18 JULY, 2024



The Department of Anaesthesiology at UPUMS conducted a Continuous Training Programme on Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) for postgraduate residents across all departments. Organized by Dr. Manoj Kumar, Dr. Urvashi Yadav, Dr. JBS Yadav, and Dr. Matendra Yadav, under the guidance of Dr. Usha Shukla, the program aimed to equip residents with essential life-saving skills.

Each session, accommodating 30 students, began with a pre-test and focused on fundamental techniques such as high-quality CPR, AED usage, and recognizing cardiac arrest on the first day. The second day covered advanced topics including ECG rhythms, airway management, ACLS algorithms, medication use, and team dynamics in emergencies, concluding with a post-test to assess proficiency. This comprehensive training ensures that all participants are well-prepared to manage cardiovascular emergencies effectively.

FREE MEDICAL HEALTH CAMP

26 JULY, 2024

The Community Medicine Department of UPUMS, Saifai, organized a free medical health camp in village Lachhwai as part of the Family Adoption Program, under the leadership of Prof. Dr. Pankaj Kumar Jain. The initiative aimed to deliver comprehensive healthcare services to the rural community, focusing on preventive care, basic health check-ups, health education, and medicine distribution, thereby eliminating the need for villagers to travel to distant healthcare facilities. Approximately 150-180 villagers attended the camp, receiving screenings for hypertension and diabetes, along with free medications. Antenatal cases were also addressed through routine health checks, including RBS, BP, and Hb assessments. The event was supported by faculty members, senior residents, junior residents, interns, and other staff, highlighting the collaborative effort to enhance local healthcare access



WORLD HEPATITIS DAY

28 JULY, 2024



CME was organized at Saifai Medical University in the Trauma Center lecture hall by the Departments of Microbiology and Medicine. The event was coordinated by Prof. Dr. D.P. Singh, Dr. Sushil Yadav, and chaired by Prof. Dr. Rajesh Verma. The seminar emphasized the importance of raising

awareness about viral hepatitis, promoting prevention, and encouraging testing and treatment. With alarming statistics, such as 40 million people in India suffering from chronic Hepatitis B and between 6 to 12 million from Hepatitis C, the speakers highlighted the urgent need for action against these diseases. Discussions covered treatment options, vaccination, and the risks associated with hepatitis during pregnancy. The event was attended by faculty members and junior doctors, underscoring the collaborative effort to combat this public health issue. Free consultations and medications for hepatitis patients are provided at the university twice a week.

WORLD ORS DAY

29 JULY, 2024



World ORS Day is celebrated in the Department of Pediatrics on July 29th to raise awareness about the importance and use of Oral Rehydration Solution (ORS) in treating diarrhea. This annual event is organized under the guidance of Pediatrics HOD, Prof. Dr. Rajesh Kumar Yadav. Esteemed faculty members, including Prof. Dr. I.K. Sharma, Dr. Dinesh Kumar, Dr. Durgesh Kumar, Dr. Ganesh Verma, Dr. Ramesh Chand, Dr. Muniba Alim, Dr. Shambhavi Misra, Dr. Nishant Sharma, and Dr. Dushyant Chaudhry, contribute their insights on topics such as the preparation of ORS, homemade ORS solutions, and zinc therapy. ORS packets and fruits are also distributed to the public to promote health and well-being.

INAUGURATION- ORAL MAXILLOFACIAL DEPARTMENT

31 JULY, 2024



The newly established Oral Maxillofacial Department at Uttar Pradesh University of Medical Sciences, Saifai, was inaugurated by Vice Chancellor Prof. Dr. Prabhat Kumar Singh. He emphasized that the department will provide essential oral maxillofacial surgical services, marking a significant achievement in dental care. Maxillofacial surgery addresses diseases, injuries, and defects of the face, jaw, and mouth, including conditions resulting from accidents or trauma.

Prof. Atul Kumar, Dean of the Dental Faculty, noted that such surgeries can be prohibitively expensive in private hospitals, but the new department will offer these services at a fraction of the cost, benefiting the community with improved healthcare options. The event was attended by various faculty members and medical staff, showcasing a commitment to enhancing dental health services for the public.





NEWSLETTER

AUGUST

2024



WORLD BREASTFEEDING WEEK 2024

01 August, 2024



The Department of Pediatrics at Uttar Pradesh University of Medical Sciences, Saifai, organized an inauguration and awareness program for the Lactation Management Unit (LMU) as part of World Breastfeeding Week 2024. The event was graced by the Honorable Vice Chancellor, Prof. Prabhat Kumar Singh, who inaugurated the program. Other distinguished guests included the Pro Vice Chancellor, Prof. Ramakant Yadav, Dean of the Medical Faculty, Prof. Aadesh Kumar, Medical Superintendent, Prof. Shailendra Pal Singh, and Heads of the Pediatrics and Obstetrics Departments, Prof. Rajesh Kumar Yadav and Prof. Kalpana Kumari, respectively.

Dr. Muneeba Aleem, Assistant Professor in the Pediatrics Department, welcomed the attendees, while Prof. Rajesh Kumar Yadav outlined the objectives and structure of the program. The Vice Chancellor congratulated the department for this significant initiative, wishing them continued success in serving the community. Following the formal welcome, the Vice Chancellor officially inaugurated the LMU, after which department staff provided insights into its functions and benefits. The event was successfully organized with the support of faculty members, residents, nursing staff, and MBBS students from the Pediatrics Department.

ORAL HYGIENE DAY

01 August, 2024



The Department of Periodontology at Uttar Pradesh University of Medical Sciences, Saifai, celebrated "Oral Hygiene Day." The Vice Chancellor highlighted that poor lifestyle choices, unhealthy eating, and smoking are major contributors to oral diseases. Free toothpaste samples were distributed to patients to promote oral health awareness. Dr. Rajesh Kumar Thakur, Head of the Department, emphasized the theme "A Happy Mouth is a Happy Body," educating attendees on proper oral hygiene. The event featured a seminar with talks from experts, including Prof. K.K. Gupta on gummy smiles.

The National Oral Hygiene Day celebration was organized by the Department of Emergency Medicine and Trauma at U.P.U.M.S. at Upper Primary School Ujhiyani. The event was inaugurated by Vice Chancellor Prof. Dr. Prabhat Kumar Singh, Pro Vice Chancellor Prof. Dr. Ramakant, Prof. Dr. Prashant Mishra (Head of Emergency Department), Dr. Vishwadeepak (Deputy M.S.), and Pradhan Pratindhi Karan Singh.

Dr. Rahul Mishra, Dr. Rajmangal Yadav, and Dr. Durvesh Yadav conducted detailed sessions on brushing techniques, oral hygiene measures, and dental check-ups for the school children. Dr. Vashitha Yadav and Dr. Atul Mishra (CMO) delivered a presentation on snake bites and dengue.



UPOA SPECIAL COURSE 2024

02 August, 2024



Dr. Sunil Kumar, Professor and Head of the Department of Orthopaedics at UPUMS, Saifai, delivered an expert presentation on knee arthroscopy at the UPOA Special Course 2024 in Agra. This conference is renowned for featuring eminent specialists and pioneers in the field of arthroscopy. In his presentation, Dr. Kumar shared advanced techniques and insights into knee arthroscopy, drawing from his extensive experience and research.

Following his presentation, Dr. Sunil Kumar was honored by dignitaries from the UP Orthopaedics Association (UPOA) and the Agra Orthopaedic Society (AOS) for his significant contributions to orthopaedics. The recognition underscored his dedication to advancing the field and his role in educating and inspiring peers and upcoming orthopaedic surgeons. His work continues to influence best practices and improve patient outcomes in knee arthroscopy. The acknowledgment by such prestigious bodies highlights the impact of Dr. Sunil Kumar's work and his standing as a leading figure in orthopaedics.

DEEP VEIN THROMBOSIS UPDATE

03 August, 2024



The Department of Physical Medicine and Rehabilitation (PMR) at Uttar Pradesh University of Medical Sciences, Saifai, hosted a scientific session titled "DVT Update". Dr. Varun Sisodia, Assistant Professor in Cardiothoracic and Vascular Surgery, presented on diagnosing and managing deep vein thrombosis (DVT) in bedridden and paraplegic patients. The session aimed to enhance multidisciplinary collaboration in patient care and promote

comprehensive strategies for improving DVT patient outcomes. Dr. Sisodia was honored for his contributions by Dr. Vinay Kanaujia, Head of PMR. The event was well-attended by faculty, residents, and interns, emphasizing the commitment to continuous education and interdisciplinary cooperation in DVT management.

WORLD BREASTFEEDING WEEK 2024

03 August, 2024



The Department of Community Medicine at Uttar Pradesh University of Medical Sciences, Saifai, organized several awareness activities aimed at promoting the importance of breastfeeding. Under the guidance of Dr. PK Jain, the first day featured an awareness event at the Urban Health Training Centre (UHTC), attended by 25 women, where Dr. Gagandeep emphasized the benefits of exclusive breastfeeding. The second day included a quiz competition for MBBS students and a health education session for ANM and ASHA workers on breastfeeding techniques. On the third day, activities at the Rural Health Training Centre (RHTC) involved discussions on good attachment signs, the significance of colostrum, and debunking myths about breastfeeding, complemented by a video presentation. Faculty members, residents, and interns actively participated in these initiatives, highlighting the collaborative effort to enhance breastfeeding awareness in the community.



World Breastfeeding Week was celebrated from August 1 to 7 in the Department of Obstetrics and Gynaecology at UPUMS, under the guidance of Prof. Dr. Kalpana Kumari. The week focused on promoting breastfeeding practices among women in the Antenatal OPD and Postnatal Wards, emphasizing the significance of breastfeeding as a vital gift for every newborn. Various programs were organized to raise awareness, including a Poster Presentation and Quiz Competition coordinated by Dr. Pragati Divedi and Dr. Nupur Mittal, featuring participation from MBBS students of the 2020 batch.

A Continuing Medical Education (CME) session was also held, attended by Honorable Vice Chancellor Dr. Prabhat Kumar Singh, Pro-Vice Chancellor Dr. Ramakant Yadav, and Dean Dr. Aadesh Kumar. The CME, welcomed by Dr. Kalpana Kumari, featured speakers Dr. Soniya Vishwakarma and Dr. Shambhavi Mishra, who shared insights on breastfeeding practices and special conditions. Nursing officers received training during this session as well. At the conclusion of the CME, prizes and certificates were awarded to the winners of the Poster Presentation (Arundita Agarwal, Asad Baig, and Ashutosh Singhal) and the Quiz Competition (Anshu Rani and Vikram Singh Tomar) by the Vice Chancellor, celebrating the students' achievements and reinforcing the importance of breastfeeding education.



ALL INDIA OTOLARYNGOLOGY CONFERENCE

03 August, 2024



Junior Resident (JR3) from the Department of Ear, Nose, and Throat (ENT) participated in the Midterm Haryana AOICON (All India Otolaryngology Conference) and presented an e-poster on the topic "Keratosus Obturans of the External Auditory Canal." The presentation was well-received, and the resident secured the First Position Award for their outstanding work. This achievement not only reflects the resident's dedication to advancing

their knowledge in the field of otolaryngology but also contributes to the recognition of the department's commitment to excellence in medical education and research. The award serves as a testament to the quality of training provided and the resident's ability to effectively communicate complex medical information to peers in a competitive setting.

BONE & JOINT WEEK

07 August, 2024

The Saifai Orthopaedic Association, in collaboration with the Department of Orthopaedics at UPUMS, Saifai, organized a series of events to commemorate "Bone & Joint Week" from August 1-7, 2024. The inauguration was attended by distinguished guests, including the Vice-Chancellor Dr. P.K. Singh and other prominent faculty members. HOD Dr. Sunil Kumar introduced the theme for this year, focusing on "Road Safety Measures." Notable speakers included Dr. Harish Kumar, who emphasized the importance of helmet and seat belt usage, and Dr. Pradeep Gupta, who discussed

maintaining bone and joint health. The event also featured a Basic Life Support (BLS) demonstration by Dr. Ajay Rajput. Faculty, senior medical officers, and approximately 150 participants, including medical students, nursing officers, and security personnel, engaged in this public awareness initiative. The program aimed to enhance awareness of road safety measures, contributing to the prevention of accidents and saving lives in the community.



RELEASE OF UPUMS E-NEWSLETTER (VOL-2, ISSUE-III)

08 August, 2024



The UPUMS celebrated the release of the second issue of the second volume of its e-newsletter on 8th August, 2024 by Hon'ble Vice Chancellor Prof (Dr) Prabhat Kumar Singh. He appreciated the effort of the editorial team and praised Co-editor Mr. Abhishek Kumar (Student of MBBS-2021 batch) for his attainment in designing this newsletter.

The ceremony began with a welcome address by the Chief Editor Dr Vinay Gupta, who emphasized the importance of effective communication within the academic community. The Dean Prof (Dr) Adesh Kumar praised the editorial team's hard work and dedication in compiling the newsletter, noting how it serves as a vital tool to disseminate important information and foster connections within the University.

Following the Dean's address, the Associate editor Dr Reena Sharma presented the highlights of the e-newsletter. The other editors Dr. Kamal Pant, N. Sembian and Co-editor Mr. Abhishek Kumar (Student of MBBS-2021 batch) covered a wide range of topics, reflecting the diverse interests and activities within the University. Updates on academic programs were the key component of the e-newsletter. The events includes workshops, seminars and celebrations of the specific days were highlighted to keep students and faculty informed and engaged.

The editorial team ensured that the content was both comprehensive and accessible, catering to the diverse needs of the university community. In addition the newsletter included special segment of hospital data (OPD, IPD, surgeries, investigations, blood donation and issued.

The release event concluded with a networking session, where attendees had the chance to mingle, discuss the content of the newsletter, and exchange ideas. The atmosphere was one of enthusiasm and camaraderie, reflecting the strong sense of community within the Medical University. Overall, the event was a resounding success, effectively highlighting the university's achievements and fostering a spirit of collaboration and engagement among its members.

BREAST FEEDING WEEK

08 August, 2024



The Department of Community Health Nursing at UPUMS organized a Breastfeeding Week program in Jahanabad village, Etawah, under the theme "Closing the Gap: Breastfeeding Support for All." Guided by Professor Biji Biju and Dr. Vikas Bhaskar, first-year ANM students conducted health education sessions using handmade charts and flashcards to educate lactating

mothers and village women on breastfeeding techniques and its importance. Participants actively engaged in discussions, asking questions about breastfeeding.

WORLD STRABISMUS DAY

10 August, 2024

The Department of Ophthalmology at UPUMS, Saifai, marked World Strabismus Day with a series of activities led by distinguished guests Dr. Kumudini Sharma and Dr. Swati Phuljhele. Under the guidance of Vice-Chancellor Prof. (Dr.) Prabhat Kumar Singh, a poster-making competition themed "Strabismus Awareness: Because Each Eye Deserves Focus" was held for MBBS students.



The event also featured a CME session on managing strabismus, with presentations by Dr. Reena Sharma, Dr. Kumudini Sharma, and Dr. Swati Phuljhele. The gathering was attended by various university dignitaries who commended the efforts of the organizing team. The event concluded with a vote of thanks by Dr. Ravi Ranjan, Head of the Department. The success of the event was attributed to the collaboration of residents, interns, and staff.

ADVANCED COURSE IN MEDICAL EDUCATION AT CMC LUDHIANA

10 August, 2024

Dr. Gagandeep Kaur, an Associate Professor in Community Medicine and a key member of the Medical Education Unit (MEU) at Uttar Pradesh University of Health Sciences, completed the Advanced Course in Medical Education at CMC Ludhiana on August 10, 2024. Notably, she is the first faculty member from the university to achieve this distinction.

Her accomplishment reflects her commitment to advancing medical education and her dedication to professional growth, as well as the academic development of her colleagues and students. Dr. Gagandeep Kaur's success sets a precedent for other faculty members, inspiring them to pursue similar opportunities to enhance their expertise in the field.



NATIONAL ANTI-RAGGING DAY

12 August, 2024

The Uttar Pradesh University of Medical Sciences (UPUMS) observed National Anti-Ragging Day in line with directives from the UGC and National Medical Council. The event aimed to raise awareness about the harmful effects of ragging and promote a safe campus environment.

The program featured a screening of a short film on ragging's consequences, followed by speeches from key dignitaries. Prof. Dr. Somendra Pal Singh, Chairperson of the Anti-Ragging Cell, highlighted the importance of preventing ragging, while Hon'ble Vice-Chancellor Prof. Dr. P. K. Singh reinforced the university's zero-tolerance policy. Pro Vice Chancellor Prof. Ramakant Yadav also shared insights on the day's significance.

The university will celebrate National Anti-Ragging Week from August 12-18, 2024, with planned activities including competitions, guest lectures, and an awareness rally. The event underscored the collective responsibility of the university community in fostering a respectful and inclusive academic environment. Contributions from Dr. Arpit Verma, Dr. Nisha Yadav, Dr. Rajmangal, and Dr. Ajai Gupta were acknowledged.



NIRF RANKING

14 August, 2024

UPUMS repeated its success by securing again a place in the NIRF ranking

It's a matter of pride and privilege that UPUMS repeated its success by securing again a place in the NIRF ranking. The University secures a position in 100-125 band with for its Pharmacy Faculty. This year the ranking was declared in a formal function by Hon'ble Minister of Education, Government of India Shri Dharmendra Pradhan Ji on 12th August 2024.

The Hon'ble Vice Chancellor and Chairperson of NIRF Cell, Prof (Dr) Prabhat Kumar Singh expressed his happiness and congratulated to NIRF team members Dr. Vinay Gupta, Dr. Sanjay Kannaujia, Dr. Vedant Kulshrestha, Dr Ankur Vaidya, Dr. Pramod Kumar and Ms. Anchal Gupta of UPUMS for their consistent effort.



The Pro-Vice Chancellor and Co-Chairperson Prof (Dr) Ramakant Yadav congratulated the University and Pharmacy Faculty for this achievement and praised the NIRF team for their hard work.

The Dean of the Faculty of Pharmacy, Prof (Dr) Kamla Pathak said that the NIRF Cell has been formed last year in the University under the guidance of the Hon'ble Vice Chancellor and this is undoubtedly a big achievement for the University. She also congratulated the entire team of NIRF Cell.

The Coordinator of NIRF Cell and Assistant Professor (Pharmacology) Dr. Vinay Gupta said that the Ministry of HRD, Govt. of India authorized NIRF in 2015 for ranking of institution and Universities at national level after evaluation on the parameters fixed for ranking in various categories. He said that the UPUMS will also participate in Medical, Pharmacy and Overall University categories for next year.

INDEPENDENCE DAY CELEBRATION

15 August, 2024



India's 78th Independence day was celebrated today on 15th August 2024 in UPUMS, Saifai. The event started with the welcome of Hon'ble Vice Chancellor Dr. Prabhat Kumar Singh, Pro-VC Dr. Ramakant Yadav, Finance Director Mr. Jagropan Ram Nishad, Registrar Dr. Chandraveer Singh, Dean (Medical) Dr. Adesh Kumar, Medical Superintendent Dr. S. P. Singh, Deans of Dentistry, Pharmacy, Nursing & Paramedical. This was followed by guard of honour to Hon'ble Vice Chancellor Dr. Prabhat Kumar Singh by Suraksha guards of Poorv Sainik Kalyan Nigam, Flag hoisting by Hon'ble VC sir and National anthem.

Hon'ble VC sir addressed all the employees and students of the University and highlighted achievements of the University specially inauguration of new CT scan, installation of CCTV camera at places in University campus with central command, and handing over of the building of Tourism department to UPUMS, Saifai. This was followed by distribution of sweets to all employees of the University.



BASIC ECHOCARDIOGRAPHY HANDS-ON WORKSHOP

22 August, 2024



The Departments of Cardiology Technology and Cardiology at UPUMS held a "Basic Echocardiography Hands-on Workshop" at the Echo Lab. Running from 9:00 AM to 5:00 PM, the workshop aimed to enhance participants' practical echocardiography skills, crucial for diagnosing and monitoring cardiac conditions. Dr. Manoj Kumar served as the Chief Guest, while faculty members presented on various topics, including echocardiography fundamentals and machine operation. Thirty students

participated, gaining valuable hands-on experience. The event was supported by staff members, ensuring its smooth execution.

CURRENT TRENDS IN MUSCULOSKELETAL PAIN MANAGEMENT

23 August, 2024

The Department of Physical Medicine and Rehabilitation (PMR) at UPUMS, Saifai, conducted a Continuing Medical Education (CME) session titled "Current Trends in Musculoskeletal Pain Management." This CME addressed common musculoskeletal pain conditions affecting the neck, back, shoulders, and knees.



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CERVICAL CANCER PREVENTION PROGRAM

24 August, 2024

Training program was organized to strengthen peripheral services related to cervical cancer prevention at UPUMS Saifai. Led by the Department of Obstetrics and Gynecology under the guidance of Prof. Dr. S.P. Singh and Prof. Dr. Kalpana Kumari, the program trained 75 healthcare professionals, including Community Health Officers and Nursing Officers, focusing on the importance of screening for precancerous lesions.

Participants learned about the burden of cervical cancer, screening methods, and the necessity of HPV vaccination for girls aged 9 to 26. Sessions were conducted by esteemed faculty members, and trainees received certificates upon completion. Emphasizing that cervical cancer is preventable, the program encouraged offering screening services to all women in outpatient departments (OPDs) to identify high-risk cases. Screening services for cervical carcinoma are provided daily at OPD no. 10 at UPUMS Saifai.



NEP 2020 AWARENESS PROGRAM

29 August, 2024

UPUMS organized an NEP 2020 Awareness Program to enhance understanding of the New Education Policy. The event featured an awareness rally led by key faculty members, followed by activities such as a poster exhibition, a photo booth, and a Nukkad Natak that highlighted the policy's significance. The formal program included presentations on NEP implementation and its impact on education, culminating in a keynote address by Vice-Chancellor Prof. (Dr.) Prabhat Kumar Singh. He emphasized the transformative potential of NEP 2020 in improving educational outcomes and enhancing the university's academic reputation. The event successfully engaged around 400 students and 50 faculty members in meaningful discussions about the policy.





EMERGENCY RESPONSE TRAINING

31 August, 2024



The Department of Emergency and Trauma Care Technology at UPUMS hosted a three-day awareness program focused on enhancing knowledge and skills in emergency and trauma care. The event featured keynote presentations by faculty members on advancements in medical technologies and practical workshops for hands-on emergency response training. Students also presented their research on topics such as pre-hospital care and psychological support for trauma victims. The program successfully equipped participants with valuable insights and practical skills essential for effective emergency care.

TRAINING- SHODHGANGA & PLAGIARISM ISSUES AT GUJARAT

31 August, 2024



UPUMS was prominently represented at the All India level during the Advanced Training Programme on "Shodhganga and Plagiarism Issues," organized by Inflibnet at the UGC Center in Gandhinagar, Gujarat. Faculty members Dr. Kamal Pant, Associate Professor (Optometry) and Coordinator of ShodhChakra and Shodhsindhu, and Dr. Vinay Kumar Gupta, Assistant Professor (Pharmacology) and Coordinator of ShodhGanga and ShodhShuddhi, participated in this initiative.

The workshop aimed to enhance participants' knowledge in creating and managing institutional repositories. It offered a blend of theoretical insights and hands-on experience, facilitating interaction among attendees from various higher education institutions across India. This exchange of ideas was crucial for developing effective policies to combat plagiarism in academia.

Training equipped the coordinators with essential skills to implement Inflibnet initiatives at UPUMS Saifai, particularly regarding Shodhganga and ShodhShuddhi, which are vital for PhD research and thesis work. The Vice Chancellor of UPUMS congratulated Dr. Pant and Dr. Gupta on their successful completion of the program and emphasized the importance of swiftly implementing these initiatives to enhance research standards and uphold ethical practices at the university.





NEWSLETTER

SEPTEMBER

2024



WORLD SUICIDE PREVENTION DAY

02 September, 2024



The World Suicide Prevention Day awareness program, held on 10th September 2024 at Uttar Pradesh University of Medical Sciences, Saifai, successfully engaged a wide range of participants, including students, faculty, and local residents. The event, organized by the Mental Health Nursing Department under the theme "Changing the Narrative on Suicide", aimed to foster a more compassionate and open approach to suicide prevention.

Key activities included expert talks from leading mental health professionals, who discussed the causes of suicide, the importance of early intervention, and how societal changes can help prevent suicide. Posters and exhibits highlighted warning signs, prevention strategies, and mental health resources, while confidential counseling sessions provided support for individuals seeking guidance.

The program achieved its objectives of raising awareness, educating on mental health, encouraging open discussions, effectively reducing the stigma around suicide. Participants shared that the event had a profound impact on their understanding of mental health and suicide prevention, leaving them better equipped to support others and foster a more supportive environment for those at risk.



NATIONAL VIRAL HEPATITIS PROGRAM

03 September, 2024

A handbook to raise awareness about hepatitis, commonly known as jaundice, was launched under the National Viral Hepatitis Program. Authored by Dr. Sushil Yadav from Saifai Model Treatment Center, it will be available for free in OPD Room 20 for doctors and staff. The handbook covers all hepatitis virus types (A, B, C, D, E), dietary precautions, and symptoms such as fever, weakness, and jaundice. Hepatitis B spreads primarily from mother to child and through contact with infected fluids. Chronic infections can lead to severe complications like cirrhosis and liver cancer.



BLOOD DONATION AWARENESS CAMPAIGN

03 September, 2024



A Blood Donation Awareness Campaign was held for students at the UPUMS Nursing College under the guidance of Vice Chancellor Prof. Dr. Prabhat Kumar Singh. Medical Superintendent Prof. Dr. S.P. Singh organized a special program to educate students about the importance of blood donation.

Dr. Aditya Shivhare, Head of the Transfusion Medicine Department, explained the benefits of blood donation and addressed common misconceptions. Dr. Ram Prakash Tiwari advised students to maintain a balanced diet, stay hydrated, and rest after donating blood. Technical officers Abrar Ahmad and Rakesh Kumar Meena also emphasized that blood donation is beneficial for health, as it rejuvenates blood and helps cleanse iron in the body, reducing the risk of heart disease.

TEACHERS DAY CELEBRATION 2024

05 September, 2024



Teacher's Day was celebrated with great enthusiasm and respect at Uttar Pradesh University of Medical Sciences (UPUMS), Saifai. The event, held on September 5th, honored the invaluable contributions of teachers and mentors in shaping the future of students and the institution. Students and faculty members gathered in the auditorium to express their gratitude towards their professors, acknowledging their dedication to both academic excellence and personal growth.



The celebration commenced with a formal welcome, followed by a series of cultural performances organized by students. There were heartfelt speeches, poetry recitations, and musical performances, all aimed at showcasing the deep admiration and respect students hold for their teachers. A special video montage was played, highlighting the journey of many esteemed faculty members at UPUMS and their role in the academic and personal development of students.



The annual celebration of teacher's day held in Faculty of Pharmacy, Nursing and paramedical sciences on September 5th 2024. The students of various batches actively celebrated the day in which they gave their beautiful participations in many activities like speech, poem recitation etc.

The programme was started by the lamp lighting and cake cutting ceremony by the dean and faculty members of department. The faculty members shared their experience with students and blessed them. The dean motivated the students towards studies as well as other curricular activities.



WORKSHOP- MOLECULAR BIOLOGY TECHNIQUES

06 September, 2024

The Uttar Pradesh University of Medical Sciences hosted a two-day workshop on "Molecular Biology Techniques" from September 6-7, organized by the Multi-Disciplinary Research Unit (MRU). Honorable Vice Chancellor Professor Dr. Prabhat Kumar Singh inaugurated the event and three new laboratories: Drug Discovery Lab, Molecular Biology Lab, and Cytogenetics Lab.



Dr. Sushil Kumar, MRU Nodal Officer, noted the participation of medical faculty members, who engaged in discussions on traditional and real-time PCR, primer designing, and genetic material isolation. Resource person Professor Dr. Amit Singh provided valuable insights on molecular biology techniques.

TRAINING ON HANDLING OF LABORATORY ANIMALS

07 September, 2024

One week training programme for handling of laboratory animals (rats and mice) was organised by the Veterinary Officer, Dr. Amita Singh in the OT cum experimental room of Animal House of UP University of Medical Sciences, Saifai. This training programme was organised after taking consent of Institutional Animal Ethics Committee (IAEC) of UPUMS, Saifai and after IAEC approval of animal experiments in departments of Pharmacology & Microbiology.

These PG students learned about different methods of handling of rats and mice, their housing, environment, feeding, and the sites for drug administration by different routes.



ELECTION AWARENESS DRIVE

07 September, 2024



The University Electoral Literacy Club successfully conducted an Election Awareness Drive, at the Paramedical Campus. Led by Dr. Chandraveer Singh and supervised by Dean of Paramedical Sciences Dr. J.P. Mathuria, the initiative aimed to enhance electoral participation among students by educating them about their rights and responsibilities.

Key activities included rallies featuring informative speeches and discussions on voting's significance, along with a poster presentation on voter rights, electoral processes, and ethical voting. The event successfully raised awareness, encouraged student registration, and provided valuable information on the electoral process.



VOTER AWARENESS PROGRAM

10 September, 2024

Faculty of Nursing organised a program on Voter awareness campaign under guidance of Dean Prof. Biji Biju . On this occasion various program organize by Faculty of cultural committee Mrs. Babita Massey, Mrs. Kirti Singh, Ms. Pawan Preet Kaur. Mrs. Kirti Singh presented Voter awareness by power point presentation among faculty and students for promotion of Ethical voting events and functions of Election Commission for control of smooth election.



RADIATION SAFETY IN HOSPITAL PRACTICES

12 September, 2024

The value-added course "Radiation Safety in Hospital Practices" was conducted in the Department of Radiation Oncology. Dr. Kailash Kumar Mittal and Dr. Atul Mishra led the course, which focused on the basics of radiological physics, radiation hazards encountered in day-to-day radiological procedures, and the importance of radiation safety and

regulatory requirements in hospital practices. Key components included an understanding of radiological physics as applied to common hospital equipment and the need for safety procedures and protective devices.



WORLD PHYSIOTHERAPY DAY

12 September, 2024

Uttar Pradesh University of Medical Sciences (UPUMS), Saifai celebrated Physiotherapy Day with great enthusiasm, emphasizing the vital role of physiotherapy in healthcare. The event featured a formal inauguration by the Vice-Chancellor, who highlighted the increasing demand for physiotherapy. Experts delivered lectures on advancements in treating musculoskeletal conditions and sports injuries. Students



participated in interactive demonstrations and workshops on manual therapy, electrotherapy, and exercise therapy. The community benefited from special camps offering free consultations and advice on posture and well-being. The day concluded with cultural performances, celebrating the contributions of healthcare professionals and fostering pride among participants.

"ICACON 2024" CONFERENCE- KGMU

12 September, 2024

The Department of Operation Theatre Technology at UPUMS participated in the "ICACON 2024" conference held at the Kalam Convention Centre, KGMU, Lucknow. This event marked the 5th International and 15th National conference of the Indian College of Anaesthesiologists, organized by the Department of Anaesthesiology and Critical Care at KGMU. The conference included scientific sessions, case presentations, and hands-on workshops, with a focus on enhancing knowledge in areas such as anesthesia, pain management, airway management, and trauma.



Key contributors from UPUMS included Sh. Mahendra Singh, Mohammad Alam, and Sh. Manish Kumar Verma, who actively engaged as delegates. Notably, students Arpit Kumar and Sonali Pandey from the OT Batch 2021 also attended, enriching their educational experience in the field.

RECENT ADVANCES IN BURN MANAGEMENT

12 September, 2024



UPUMS hosted a CME program on "Recent Advances in Burn Management" for faculty and resident doctors. The program focused on key topics such as early assessment and resuscitation, novel wound care techniques, surgical interventions, infection control, and the importance of rehabilitation and psychological support.

Notable speakers included Dr. Atul Saxena, Dr. Tanjum Kamboj, and Dr. Farhan, who shared insights on advanced wound care and fluid resuscitation. The event aimed to enhance healthcare professionals' knowledge and skills in burn management, ultimately improving patient outcomes. Future plans include regular CME sessions and collaboration with experts to develop burn care guidelines.

RECENT ADVANCES IN HEAD & NECK CANCER

13 September, 2024



The Department of Radiation Oncology at UPUMS hosted a scientific session on "Recent Advances in Head & Neck Cancer" at Club Saifai. Led by Dr. Sharad Singh from Kalyan Singh Super Speciality Cancer Institute, the session featured presentations on cutting-edge research and treatment advancements. Key faculty members, including Dr. Kailash Kumar Mittal, Dr. Atul Mishra, Dr. Prabha Verma, Dr. Siddharth Kumar, and Dr. Arun Kumar Yadav, contributed to the discussions. The event, attended by Medical Superintendent Dr. S.P. Singh and other department faculty, served as a valuable platform for knowledge-sharing and collaboration among medical professionals in the field.

CME- ALLERGIC RHINITIS

13 September, 2024

The Department of Otorhinolaryngology at Uttar Pradesh University of Medical Sciences held a CME program on "Allergic Rhinitis," led by Prof. Dr. Jitendra Pratap Singh Chauhan. He discussed how changing weather increases the risk of allergic rhinitis caused by airborne allergens. Emphasizing the role of diet and lifestyle, he highlighted symptoms like sneezing and nasal congestion, which are often mistaken for a cold. Dr. Chauhan urged attendees to seek medical advice if symptoms persist, as neglect could lead to conditions like asthma. Various faculty members were present at the event.



MEDICAL EDUCATION WORKSHOP

13 September, 2024



The Basic Course in Medical Education Workshop was held at UPUMS, Saifai. It was a comprehensive event aimed at enhancing the teaching skills of medical educators. The workshop was inaugurated by Dr. P.K. Singh (Hon'ble Vice Chancellor), with Dr. Dhananjay Kumar (MCI Observer), Dr. Adesh Kumar (Dean), Dr. S.P. Singh (Medical Superintendent), and Dr. C.V. Singh (Registrar) also present on the dais.

Dr. Ravi Ranjan, the MEU Coordinator, led a session on Teaching Learning Methods, focusing on diverse and interactive strategies. Dr. Gagan Deep Kaur presented on Self-Directed Learning, emphasizing techniques to promote independent learning among students. She, along with Dr. Monika, conducted a hands-on session that demonstrated practical applications of Teaching-Learning Methods and Assessment Techniques, allowing participants to actively engage and apply their new skills.



Dr. Dhiraj delivered a session on Group Dynamics, providing insights into effective group interactions and teamwork. Dr. Nityanand, Dr. Sanjeev, Dr. Urvashi, Dr. Amit, and Dr. M A Khan, Dr. Adil Rahman, Dr. Nupur, Dr. Jay Brijest Yadav discussed the Goals of the Indian Medical Graduate, aligning teaching strategies with national competencies. Dr. Soniya focused on Assessment, offering guidance on designing and utilizing various assessment tools.

Additionally, Dr. Reena Sharma and Dr. Durgesh demonstrated methods for Skill Teaching in Clinical Settings and introduced the AETCOM module. The workshop was highly appreciated by all faculty members in attendance.

4TH PHARMACOVIGILANCE WEEK

17 September, 2024



The Adverse Drug Reaction Monitoring Center of Uttar Pradesh University of Medical Sciences inaugurated the "Fourth Pharmacovigilance Week" in the university auditorium. The event was inaugurated by Vice-Chancellor Prof. (Dr.) Prabhat Kumar Singh, along with key university officials, including Pro Vice-Chancellor Prof. (Dr.) Ramakant Yadav and Dean of Medicine Prof. (Dr.) Aadesh Kumar. The theme for this year was "Building ADR Reporting Culture for Patient Safety." Dr. Asha Pathak, the event coordinator, welcomed attendees and emphasized the importance of pharmacovigilance.

Prof. Prabhat kumar Singh urged all healthcare professionals to actively report adverse drug reactions (ADRs) without fear, highlighting that it would improve patient safety and healthcare quality. The program also included student-led street plays for awareness, training sessions for nursing staff, and a documentary on ADR reporting. The event concluded with thanks from Prof. Alok Dixit, Head of the Pharmacology Department.



INAUGURATION OF AUTOPSY BLOCK

17 September, 2024



The modern Autopsy Block of the Forensic Medicine & Toxicology Department at UP University of Medical Sciences, Saifai, was inaugurated by Vice Chancellor Dr. Prabhat Kumar Singh. The ceremony was attended by key officials, including Pro-Vice Chancellor Dr. Ramakant Yadav and Medical Superintendent Dr. S.P. Singh. This state-of-the-art facility aims to streamline post-mortem procedures locally, enhancing medical student training and enabling the initiation of PG courses in Forensic Medicine. It will facilitate multi-disciplinary research and provide essential training for police and judicial officers. The Autopsy Block, unique in Uttar Pradesh, promises to improve the quality of post-mortem reports, aiding law enforcement and judicial processes, and paves the way for future organ donation initiatives.



SIGNIFICANT MARK IN RESEARCH

17 September, 2024

Uttar Pradesh University of Medical Sciences, Saifai, has made a significant mark in research with two faculty members from the Faculty of Pharmacy, Prof. Kamla Pathak and Dr. Ankur Vaidya, being included in the World Top 2% Scientist list released by Stanford University in August 2024. This prestigious list recognizes top-cited scientists based on various metrics, including citations and h-index.

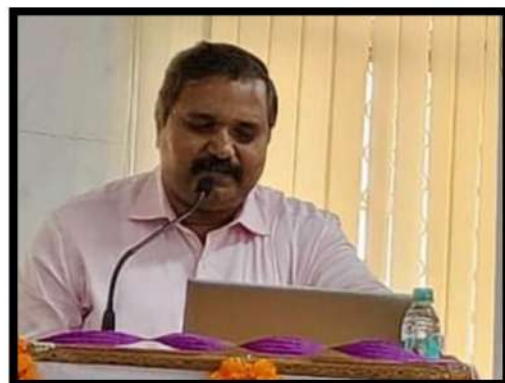


Prof. Pathak, listed for the fifth consecutive time, has published 332 research papers, focusing on targeted drug delivery systems, while Dr. Vaidya, newly enlisted, has published 70 papers, primarily in cancer and drug discovery. Their contributions have significantly impacted the NIRF rankings for the Faculty of Pharmacy at UPUMS. The Vice Chancellor, Prof. Prabhat Kumar Singh, and other officials congratulated both researchers for their exemplary achievements.

WORKSHOP- RESEARCH PROPOSALS

20 September, 2024

A two-day workshop focused on developing high-quality research proposals was inaugurated at Uttar Pradesh University of Medical Sciences, Saifai, on September 23, 2024, under the aegis of the Ministry of Health and Family Welfare, Government of India, and the Multidisciplinary Research Unit (MRU). The Vice Chancellor, Prof. Prabhat Kumar Singh, emphasized the workshop's



goal of strengthening the capacity of medical faculty to prepare research proposals and address challenges in securing funding. Key speakers included Prof. S.N. Dwivedi from ICHR and Prof. Ashwini Kumar Mishra from AIIMS Delhi, who shared insights on project proposal development and the research grant application process. Dr. Sujil Kumar Shukla, MRU nodal officer, highlighted the unit's aim to conduct cutting-edge research in health sciences, particularly focusing on non-communicable diseases.



workshop saw participation from 36 physicians from various institutions across Uttar Pradesh, providing them with opportunities to learn about quality research proposal preparation and funding avenues available in India.

MOU WITH HELSINKI CLINICAL SOLUTIONS

24 September, 2024

Uttar Pradesh University of Medical Sciences, Saifai, signed an MoU with Helsinki Clinical Solutions Private Limited on September 24, 2024. Vice Chancellor Prof. Prabhat Kumar Singh highlighted that this collaboration will enhance medical research and support the development of clinical trials for health improvements. Dr. Kailash Mittal emphasized the role of clinical trials in discovering new



treatments, while Dr. Kamal Pant noted their importance in assessing treatment safety and effectiveness. The partnership aims to promote clinical trials and secure financial grants for research, aligning with the Uttar Pradesh government's focus on advancing clinical studies.

NEP DEBATE COMPETITION

25 September, 2024

A lively debate focused on the National Education Policy (NEP) was held on September 25, 2024 at the university, featuring participants from the Faculty of Nursing, Faculty of Pharmacy, and Faculty of Paramedical Sciences. The event was organized by NEP SAARTHIs, Ms. Kirti Patel and Mr. Piyush, under the guidance of NEP Coordinator Mr. Sandeep Arya, Assistant Professor. The aim of the debate was to explore key themes related to the NEP.

The debate highlighted various themes including Implementation Strategies in HEIs, Digital Education, Multilingualism, Multidisciplinary Courses, Research Internationalization, and Vocational Education. Students presented their views both in favor of and against these themes, fostering a robust discussion.



BOLLYWOOD DAY CELEBRATION

25 September, 2024



Bollywood Day was celebrated by the Faculty of Nursing at Uttar Pradesh University of Medical Sciences, in honor of Bollywood characters. Organized under the guidance of Dean Prof. Biji Biju, the event featured Chief Guests Dr. Prabhat Kumar Singh and Prof. Dr. Chandraveer Singh, along with faculty members. Students participated enthusiastically, dressing as popular characters and engaging in a ramp walk, acting performances, and competitions in dance and singing. Judges included Ms. Soni Verma and Mr. Kuldeep Singh, who awarded prizes for various categories. The event was a tremendous success, fostering creativity and excitement among students as they brought their favorite Bollywood characters to life.



WORLD CONTRACEPTION DAY

26 September, 2024



World Contraception Day was organised and led by Dr. Kalpana Kumari, with the theme “A choice for all. Freedom to plan, power to choose.” The event featured a Poster Presentation Competition for the MBBS Batch of 2022 and a Slogan Competition for the MBBS Batch of 2023, judged by Dr. Pragati Divedi and Dr. Soniya Vishwakarma. Counseling sessions for women were conducted in both the OPD and wards by a team of doctors, providing contraceptive options tailored to individual preferences. Emphasis was placed on the importance of accessible contraception in promoting reproductive health, reducing adolescent births, preventing maternal deaths, and advancing gender equality, ensuring every couple can effectively plan their families.

WORLD RABIES DAY

28 September, 2024



Department of Microbiology celebrated World Rabies Day, under guidance of Dr. Rajesh Kumar Verma, Prof & Head. The theme for this year was "Breaking Rabies Boundaries", which was chosen to highlight the need for progress and moving beyond the status quo. To raise awareness Dr. Deepak Kumar, Assistant Professor, Deptt. Of Microbiology delivered a very informative lecture on Rabies wound management, Role of vaccine and immunoglobulins.

TABLET DISTRIBUTION CEREMONY AT UPUMS

28 September, 2024

Uttar Pradesh University of Medical Sciences (UPUMS) hosted a tablet distribution ceremony under the Swami Vivekananda Youth Empowerment Scheme. The event was graced by Jayveer Singh, the Minister of Tourism and Culture, who distributed tablets to medical students, bringing smiles to their faces. In his address, Singh emphasized the importance of digital empowerment in enhancing medical practices and services. He encouraged students to contribute to a healthier India and praised the government's efforts in establishing a strong digital framework. Vice Chancellor Prof. Dr. Prabhat Kumar Singh highlighted the initiative as a significant step towards connecting youth with vital information and enhancing their medical education through digital means.



INTERNATIONAL SAFE ABORTION DAY

28 September, 2024

The Department of Obstetrics and Gynaecological Nursing at UPUMS organized an awareness campaign for International Safe Abortion Day at C.H.C Basrehar, Etawah. Under the guidance of Professor Biji Biju, GNM 3rd Year students conducted a street play, poster displays, and health education sessions to promote safe access to abortion services and women's reproductive rights.



Dr. Vikas Sachan, the Medical Officer in Charge, emphasized the importance of the MTP Act and contraceptive methods. The event engaged 48 students and community members, fostering discussions on safe abortion practices. Certificates were awarded to students for their contributions, with Ms. Ishu Yadav winning first place for her chart. The campaign successfully raised awareness and concluded with refreshments for all participants.

WORLD HEART DAY

28 September, 2024



The Department of Cardiology Technology at UPUMS, Saifai, celebrated World Heart Day on September 28, 2024, with a vibrant rally aimed at raising awareness about heart health. Students from multiple programs participated in a poster presentation competition, showcasing their creativity and knowledge.

The winners were Sandali Shakya (first), Saumya (second), and Ujala and Rishi (third). The event was supported by faculty members, including Dr. Jitendra Prasad Mathuria, the Dean, and Dr. Jyotsana Singh, Head of the Department. The celebration highlighted the commitment of students and faculty to promoting heart health and making a positive impact in the community.

IAS ONE ARTHROSCOPY CONFERENCE

29 September, 2024

Faculty and residents from the Department of Orthopaedics at UPUMS, Saifai, participated in the IAS ONE Arthroscopy Conference held in Agra, organized by the Agra Orthopaedics Society. The conference served as a platform for sharing knowledge and advancements in the field of arthroscopy and knee joint treatment.

Prof. (Dr.) Sunil Kumar delivered an insightful talk on the clinical examination of the knee joint and imaging studies, enhancing the understanding of these critical diagnostic tools. He also chaired a session, contributing to the academic discourse of the event.



Prof. (Dr.) Ankit Mittal similarly chaired a session, facilitating discussions among peers and experts. Dr. Ajay Kumar Rajput, Associate Professor, moderated a quiz session focused on ACL (anterior cruciate ligament) reconstruction, engaging participants in an interactive learning experience.

Other faculty members, including Dr. Pradeep Kumar Gupta (Associate Professor), Dr. Prashant Pratap Singh (Assistant Professor), and Dr. Varun (Junior Resident), actively participated in the conference. They gained valuable insights into newer techniques and advancements in managing knee ligament injuries and meniscus repair.

The conference not only enriched the participants' knowledge but also fostered collaboration and networking among professionals in the orthopaedic field. Such academic gatherings play a crucial role in enhancing the quality of medical education and practice, ultimately benefiting patient care.

FMPC CONFERENCE- AIIMS RISHIKESH

29 September, 2024



The FMPC 2024 conference, brought together leading professionals in family medicine, including Prof. Dr. Sushil Kumar Shukla, Dr. Gagan Deep Kaur, Dr. Vinay Gupta, Dr. Sugandhi Sharma, and Prof. Dr. Amit Singh. Their contributions highlighted the importance of collaboration and knowledge sharing.

Prof. Sushil Kumar Shukla discussed the evolving role of family physicians in chronic disease management, advocating for patient-centered care.

Dr. Gagan Deep Kaur focused on early childhood interventions in pediatric care, engaging attendees in meaningful discussions. Dr. Vinay Gupta emphasized mental health integration in family practice, encouraging physicians to address psychological issues. Dr. Sugandhi Sharma championed medical education and mentorship, inspiring attendees to invest in training the next generation. Prof. Singh addressed current challenges and opportunities in family medicine, linking research to practical applications.

The conference featured judges for oral and poster sessions who provided valuable feedback, maintaining high research standards. Additionally, a quiz for postgraduate students fostered camaraderie and applied learning in a fun setting.



‘जीवन के लिए सड़क सुरक्षा नियमों का पालन जरूरी’

कार्यक्रम

सैफर्ड, संवाददाता। इंडियन ऑर्थोपेडिक्स एसोसिएशन व यूरोपीय ऑर्थोपेडिक्स एसोसिएशन के आह्वान पर यूरोपीय एसोसिएशन के अध्यक्ष एवं सैफर्ड ऑर्थोपेडिक एसोसिएशन विश्वविद्यालय के ट्रामा सेंटर के सेमिनार हॉल में बोन एण्ड ज्वाइंट डे कार्यक्रम आयोजित किया गया। शुरुआत विश्वविद्यालय के कुलपति प्रो. डा. पीके सिंह, डा. आरएस यादव अध्यक्ष, सैफर्ड ऑर्थोपेडिक एसोसिएशन एवं हड्डी रोग विभागाध्यक्ष प्रो. सुनील कुमार के द्वारा दीप प्रज्वलन कार्यक्रम में विश्वविद्यालय के

- आर्थोपेडिक विभागों ने मनाया बोन एण्ड ज्वाइंट सप्ताह, रसेल विचार सड़क हदसों से बचने के उपायों पर भी किया गया मंचन

छात्रों को सड़क सुरक्षा एवं हड्डियों के स्वास्थ्य के प्रति जागरूक किया गया। कुलपति प्रो. डा. प्रभात कुमार सिंह ने आयोजित जागरूकता कार्यक्रम की सराहना के साथ भविष्य में ऐसे कार्यक्रमों के आयोजन की आवश्यकता पर जोर दिया। डा. आरएस यादव ने बताया कि सैफर्ड ऑर्थोपेडिक एसोसिएशन

जन-जागरूकता कार्यक्रम आयोजित करता है। इस वर्ष, 2024 की थीम सड़क सुरक्षा के उपायों के प्रति जागरूक करना है। सकलजायस्य डा. आदेश कुमार ने सड़क पर वाहन चलाने हुए सावधानियों पर जोर दिया। विभागाध्यक्ष प्रो. सुनील कुमार के द्वारा बढ़ती हुई सड़क दुर्घटनाओं एवं इससे होने वाले नुकसान की ओर ध्यान आकर्षित किया गया। उन्होंने इसमें बचने के उपायों पर भी प्रकाश डाला। डा. हरिेश कुमार ने वाहन चलाने समय हेल्मेट एवं सीट बेल्ट की उपयोगिता के बारे में बताया। डा. प्रदीप कुमार गुप्ता ने हड्डी एवं जोड़ों के प्रति जागरूक



ट्रामा सेंटर के सेमिनार हॉल में कुलपति का स्वागत करते डाक्टर। राजगुप्त, संश्लोक डा. डीके दुबे, प्रति कुलसचिव गिल, डा. दिनेश कुमार कुलपति डा. रमकान्त यादव

ब्लड प्रेशर को रखें नियंत्रित, कभी भी नहीं होगी न्यूरों की समस्या

जानें, ड्राइव : आज की इस भाग्यहीन भी जिंदगी में हर कोई ड्राइव करना है कि नकारना कि ड्राइव से ध्यान नहीं रख पाता है। लोगों के लिए मानसिक तनाव भी एक बड़ी समस्या बनी हुई है। कई बार तनाव ड्राइव तनाव सेते है कि उनका चरम प्रहार भी बढ़ जाता है और ब्लड प्रेशर बढ़ने से न्यूरों संबंधी परेशानी होने लगती है। ध्यान रखें कि न्यूरों का चेहरा तिरछा होता है और पैरालिसिस जैसे लक्षण दिखाई देते हैं तो तिरछा चिकित्सक से सलाह लेकर तुरंत इलाज शुरू करवाएं। यह बात ड्राइवर को दैनिक जागरण कार्यक्रम में आयोजित हेलेो ड्राइवर कार्यक्रम के तहत डॉ. अश्विनी कुमार के नेतृत्व में आयोजित किया कि न्यूरोलॉजी



कार्यक्रम के दौरान डॉ. अश्वनी कुमार का न्यूरोलॉजी विभाग के जूनियर डॉक्टर और न्यूरों फिजियोलॉजिस्ट डॉ. अजय शर्मा ने डॉ. अश्वनी कुमार द्वारा पूरे गा. सवाल का जवाब देते हुए

- एक री की नस पूरा नहीं है और वह बढ़ती है। खतरा कि, भ्रूणक
- जो नसे पूरा नहीं है उनसे बुरा का संकेत होता है, एक बार ओपेरी में अकार टिकाई। नसे के एक ओर और अन्य ओर करने के एक टुकड़ा चुन किना जगह। डिवाइने टैटो से संकेत कि जो किना टुकड़ा और पल्पल के चुन रहे।
- भी छेनी के रिस में बढ़ रहा है। जब करी। रसिड कला कला
- एक बार ओपेरी में अकार टिकाई। टुकड़े का बुरा जगहों जैव होने और रिस रिपोर्ट के आधार पर अगर नसे में कोई समस्या होने तो टुकड़ा चुन किना जगह।
- रिस के एक टुकड़े के रिस उकार उकार है। बुरा टुकड़े में परेशान है। रिस किना, अकारक
- रिस के अंदर संकुचन सिस्टम होता है, उसके अंतर्गुण होने पर भी इस तरह की समस्या हो सकती है।

- कमर और कंधों में अकतन रहते है। बार नसे में परेशान है। अकारक टुकड़ा, कंधे
- कई बार नसे में होने वाले संचयन के कारण टुकड़ा जोर को लकने होने लगते है। टुकड़े को ही टुकड़े को हटाने से भी न परेशान हो सकते है। अकारक के रिस फेस को बनाने से करी।
- भी छेनी की उम्र 70 वर्ष है, उकारे रिस की कंधे करी नस उकार है। कंधे रिस को कंधे नहीं कर रही, जब रिस को कंधे कंधे में ही पड़कर रिस भ्रूणक
- इस समस्या का इलाज टुकड़े को कर पाएंगे तो रिसिडिक्स के आधार पर कंधे होते है। एक बार ओपेरी में अकार टिकाई चुन करी करी।
- एक टुकड़ा चुन किना जगह।

अब उपकरण बताएगा बच्चों में कुपोषण की गंभीर स्थिति

संवाद न्यूज एजेंसी सैफर्ड। उत्तर प्रदेश आधुनिक विश्वविद्यालय के डॉक्टरों को टीम में गंभीर कुपोषण वाले बच्चों का पता लगाने के लिए उपकरण का निर्माण किया है।



आधुनिक विश्व विद्यालय की नई डिवाइस। एनए

डॉक्टरों ने बताया कि डिवाइस में तथ्या संकेत विश्लेषण के लिए एक गैर-इन्वैसिव सेंसर पॉइजल, जैव रसायनिक एनालिसिस के लिए एक न्यूट्रिन और लैक्टिन के लिए एक डिवाइस उपलब्ध है। कुलपति प्रो. डॉ. प्रभात कुमार सिंह ने डॉक्टरों को टीम को निर्दिष्ट करवाते कि किना बच्चों की परेशानी को सलाह भी मिलेगी। डॉ. रमकान्त, संकुचन प्रो. डॉ. आदेश, विश्वविद्यालय के डॉ. अश्वनी कुमार ने डॉ. अश्वनी कुमार के नेतृत्व में आयोजित किया है।

एक्सप्रेस-व पर स्लापर बस हुई दुर्घटनाग्रस्त, 139 घायल सफई भती

बहराइच से दिल्ली जा रही बस के दुर्घटनाग्रस्त होते ही मची चीख पुकार



मनाया जाएगा विश्व प्लास्टिक सर्जरी दिवस

मेडिकल कॉलेज में बालक का माइक्रोटिया के साथ कान का हुआ पुनर्निर्माण

लगभग तीन से चार हजार रुपए ही ने बताया कि कान के पुनर्निर्माण के लिए मरीज की परसली उम्र प्रोफेसर डॉ. अतुल सखसना ने बताया का प्रयोग किया जाता है। कि माइक्रोटिया एक जन्मजात विकृति है। माइक्रोटिया से पीड़ित अधिकांश बच्चों के कान को फिर से बनाने के लिए अंततः सर्जरी की आवश्यकता होती है। माइक्रोटिया पुनर्निर्माण दो चरणबद्ध ऑपरेशन किए जाते हैं, जिसमें पहले कान को फिर से बनाया जाता है और बाद में कान को रिस के किनारे से अलग करके त्वचा का ग्राफ्ट लगाने की आवश्यकता होती है। उन्होंने बताया कि इस तरह की सर्जरी भारत में बहुत ही सीमित केंद्रों में की जाती है क्योंकि इसमें रोगी के कान के समान कान बनाने के लिए कौशल और अभ्यास की आवश्यकता होती है। लगभग हर महीने दो से तीन बच्चों की सर्जरी की जा रही है। प्लास्टिक सर्जन डॉ. तंजुम कंबोज ने बताया कि कान के पुनर्निर्माण जलने का उपचार चोहरे व अंगों विकार और सोइविकरण की जाती है। एचएच विश्वविद्यालय यह सुविधाएं मिल रही हैं जन्मजात विकृत अंगों सर्जरी अथ संस्थान में है। जिसके लिए माननीय डॉ. प्रभात कुमार सिंह ने सराहना भी की है।



सर्जरी प्लास्टिक सर्जरी 15 जुलाई को मनाया मय के साथ प्लास्टिक सर्जरी का कोर्समिडिक सर्जरी के पुनर्निर्माण जलने का उपचार चोहरे व अंगों विकार और सोइविकरण की जाती है। एचएच विश्वविद्यालय यह सुविधाएं मिल रही हैं जन्मजात विकृत अंगों सर्जरी अथ संस्थान में है। जिसके लिए माननीय डॉ. प्रभात कुमार सिंह ने सराहना भी की है।

ने बताया कि कान के पुनर्निर्माण के लिए मरीज की परसली उम्र का प्रयोग किया जाता है। माइक्रोटिया एक जन्मजात विकृति है। माइक्रोटिया से पीड़ित अधिकांश बच्चों के कान को फिर से बनाने के लिए अंततः सर्जरी की आवश्यकता होती है। माइक्रोटिया पुनर्निर्माण दो चरणबद्ध ऑपरेशन किए जाते हैं, जिसमें पहले कान को फिर से बनाया जाता है और बाद में कान को रिस के किनारे से अलग करके त्वचा का ग्राफ्ट लगाने की आवश्यकता होती है। उन्होंने बताया कि इस तरह की सर्जरी भारत में बहुत ही सीमित केंद्रों में की जाती है क्योंकि इसमें रोगी के कान के समान कान बनाने के लिए कौशल और अभ्यास की आवश्यकता होती है। लगभग हर महीने दो से तीन बच्चों की सर्जरी की जा रही है। प्लास्टिक सर्जन डॉ. तंजुम कंबोज ने बताया कि कान के पुनर्निर्माण जलने का उपचार चोहरे व अंगों विकार और सोइविकरण की जाती है। एचएच विश्वविद्यालय यह सुविधाएं मिल रही हैं जन्मजात विकृत अंगों सर्जरी अथ संस्थान में है। जिसके लिए माननीय डॉ. प्रभात कुमार सिंह ने सराहना भी की है।

यूपीयूएमएस के नर्सिंग संकाय ने मनाया पोषण सप्ताह

जागरण

❖ पोषण सप्ताह (2-9 जुलाई) में विभिन्न गतिविधियों द्वारा लोगों को किया गया जागरूक



(दैनिक आज की पहचान व्यूटो)

इटवा (सैफई)। यूपीयूएमएस ककल्टी ऑफ नर्सिंग संकाय ने 2-9 जुलाई को हर वर्ष की भांति इस वर्ष भी पोषण सप्ताह मनाया इस वर्ष का थीमर फ्यूल योर बाडी फ्यूल योर हॉलर था जिसके अंतर्गत नर्सिंग छात्र अपनी कम्युनिटी पोस्टिंग के दौरान गांव में हर वर्ग के लोगों को पोषण से जोड़ी जानकारियां साझा की साथ ही हर वर्ग को अलु के लोगों को बेहतर पोषण के लाभ के बारे में अवगत कराया नर्सिंग छात्रों ने छात्राओं ने ग्रामीण लोगों को उम्र, लिंग व शारीरिक संरचना अनुसार पोषक तत्वों की आवश्यकता अनुसार पोषक

पदार्थों का किस प्रकार भोजन में समावेश किया जाए इस प्रकार महत्वपूर्ण जानकारियां पोस्टर व चित्रों के माध्यम से दीं। नर्सिंग संकाय श्रीमती बीजू बीजू ने पोषण सप्ताह मनाने के प्रमुख उद्देश्य के बारे में बताया की लोगों की जागरूकता बेहतर स्वास्थ्य के लिए बड़े साथ ही लोग दैनिक आहार तालिका के अनुसार संतुलित भोजन ले सकें जिससे लोगों का शारीरिक और मानसिक विकास बेहतर हो सके।

पोषण सप्ताह कार्यक्रम समन्वयक अरविंद सिंह ने बताया कि पोषण सप्ताह कार्यक्रम में नर्सिंग छात्र-छात्राओं ने रोगियों की बीमारी की स्थिति के अनुसार संबंधित आहार योजनाओं (थैरेपिक डाइट) के साथ-साथ विभिन्न व्यंजनों को तैयार किया व व्यंजनों को माननीय कुलपति प्रो.डॉ.प्रभात कुमार सिंह व रजिस्ट्रार डॉ. चंद्रवीर ने व्यंजनों का जायका लिया और बच्चों के प्रयासों की सराहना की और कहा कि इस तरह

के कार्यक्रम न केवल रोगियों के लिए बल्कि आम जनता के लिए भी रोम देखभाल और अच्छे आहार के लिए ज्ञान के आधार को बढ़ाने के लिए बहुत उपयोगी हो सकते हैं।

कार्यक्रम कुछ सफल बनाने के लिए श्रीमती सुनीता गौतम श्रीमती आंचल और नर्सिंग द्वितीय सेमेस्टर समन्वयक श्री अंकित राज श्रीधरलका का महत्वपूर्ण योगदान रहा। कार्यक्रम में नर्सिंग फैकल्टी व नर्सिंग छात्र-छात्राएं उपस्थित रहे।

नर्सिंग संकाय ने मनाया पोषण सप्ताह, ग्रामीणों को किया जागरूक

संवाद सहयोगी, जागरण • सैफई : उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय के फैकल्टी आफ नर्सिंग संकाय ने 2 से 9 जुलाई को हर वर्ष की भांति इस वर्ष भी पोषण सप्ताह मनाया। इस वर्ष की थीमर फ्यूल योर बाडी फ्यूल योर साल रखी गई थी। जिसके अंतर्गत नर्सिंग छात्र अपनी कम्युनिटी पोस्टिंग के दौरान गांव में हर वर्ग के लोगों के बीच पहुंची और पोषण से जोड़ी जानकारियां साझा की। नर्सिंग छात्र-छात्राओं ने ग्रामीणों को उम्र, लिंग व

पौधे लगाएं, पर्यावरण बेहतर बनाएं : कुलपति

नार्स, इटवा : एक से सात जुलाई तक मनाए जा रहे 'पौधरोपण सप्ताह' के अंतिम दिन उग्र आयुर्विज्ञान विश्वविद्यालय सैफई में कम्युनिटी मेडिसिन विभाग की ओर से आयोजित कार्यक्रम में कुलपति प्रो. प्रभात कुमार सिंह ने पौधरोपण किया। उन्होंने कृषि, मानसून के समय सभी लोग सामूहिक और व्यक्तिगत तौर पर पौधे अवश्य लगाएं और पर्यावरण को बेहतर बनाने में अपना योगदान दें।



पौधरोपण करते आयुर्विज्ञान विश्वविद्यालय के कुलपति डॉ. प्रभात कुमार सिंह • स्वतः

कम्युनिटी मेडिसिन विभागाध्यक्ष प्रो. पीके जैन ने बताया कि वन संरक्षण के प्रति जागरूकता फैलाने के लिए पौधरोपण को बचाने के लिए एक से सात जुलाई तक विशेष सप्ताह का आयोजन किया गया। बताया कि पेड़ मनुष्यों को आक्सीजन देते हैं। आयुर्विज्ञान विश्वविद्यालय परिसर में

पौधरोपण करते आयुर्विज्ञान विश्वविद्यालय के कुलपति डॉ. प्रभात कुमार सिंह • स्वतः

पौधरोपण करते आयुर्विज्ञान विश्वविद्यालय के कुलपति डॉ. प्रभात कुमार सिंह • स्वतः

सिंह, वन द्रोण तवीश अहम वंदना दीक्षित, सुजन दीक्षित, एक शुक्ला, पर्यावरण छात्र संसद संयोजक संजय सक्सेना, डीपी नमामि गंगे, संजीव चौलान आ मौजूद रहे। समाजवादी छात्रसभा पदाधिकारियों ने केदारेश्वर मंदिर सभा कार्यालय नगला प्राण पंचायतली चरात घर में पौधरोपण किया। सभा जिलाध्यक्ष प्रदीप शास्त्री सर्वेश शास्त्री, जिलाध्यक्ष छात्रसंघ रवि यादव, जिलाध्यक्ष लोदी वालिनी किरान यादव आदि मौजूद रहे।

बकेवर में रविवार को सामाजिक दानिकी लक्ष्मण की ओर आयोजित पौधरोपण और गोष्ठी मुख्य अतिथि प्रथम संगसन सचिव विकास कुमार ने वन क्षेत्र प्रघटनों के साथ पौधों का रोपण कि

हेलो डाक्टर

नाक, कान, गला रोग विशेषज्ञ डॉ. जितेंद्र प्रताप सिंह चौहान देंगे सलाह

इटवा : दैनिक जागरण के हेलो



डाक्टर कार्यक्रम के तहत उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई के ईएनटी विभाग के नाक, कान व गला रोग विशेषज्ञ प्रो. डॉ. जितेंद्र प्रताप सिंह चौहान कुबवार को पाठकों

रिक संरचना अनुसार पोषक की आवश्यकता अनुसार भोज्य को का किस प्रकार भोजन में विशेष किया जाए, इसके संबंध में विभिन्न जानकारियां पोस्टर व चित्रों के माध्यम से दीं। नर्सिंग संकाय बीजू ने पोषण सप्ताह मनाने के प्रमुख उद्देश्य के बारे में बताया की लोगों की जागरूकता बेहतर स्वास्थ्य के लिए साथ ही लोग दैनिक आहार तालिका के अनुसार संतुलित भोजन ले सकें। पोषण सप्ताह कार्यक्रम समन्वयक अरविंद सिंह ने बताया कि पोषण सप्ताह कार्यक्रम में नर्सिंग छात्राओं ने रोगियों की बीमारी की स्थिति के अनुसार संबंधित आहार योजनाओं (थैरेपिक डाइट) के साथ विभिन्न व्यंजनों को तैयार

मानसून के मौसम में सभी लोग सामूहिक और व्यक्तिगत तौर पर पेड़ अवश्य लगाएं: कुलपति

❖ यूपीयूएमएस में चिन्हित स्थानों पर पौधों को रोपित कर मनाया गया वृक्षारोपण सप्ताह

बहाज अली निहाल



इटवा, सैफई। पूरे प्रदेश में एक से सात जुलाई तक वृक्षारोपण सप्ताह मनाया गया इसी क्रम में शनिवार को उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई में कम्युनिटी मेडिसिन विभाग के तत्वाधान में वृक्षारोपण सप्ताह समापन कार्यक्रम में कुलपति प्रोफेसर

कि वन संरक्षण के प्रति जागरूकता फैलाने के लिए और पर्यावरण को बचाने के लिए एक से सात जुलाई तक इस विशेष सप्ताह को मनाया गया जिसमें विश्वविद्यालय द्वारा चिन्हित अलग-अलग स्थान पर पौधों को

और सामाजिक जिम्मेदारी समझते हुए जरूर वृक्षारोपण करना चाहिए। उन्होंने बताया कि विश्वविद्यालय परिसर में 500 छायादार और फलदार वृक्ष लगाए गए और एक पौधा मां के नाम-थीम पर मेडिकल कॉलेज के

जाबाद हादसे में घायल सैफई में भर्ती, जिलाधिकारी ने जाना हाल

जिलाधिकारी ने जाना हाल



मेडिकल कॉलेज में घायलों का हाल लेने डीएम अक्वीला राय। संवाद

एक्सप्रेस-वे पर जाबाद हादसे के बाद घायलों को मेडिकल कॉलेज भेजने का ही मेडिकल कंसल्टेंट हो गया। रात और दिन ड्यूटी में बुलाकर स्थिति लगाया। दोपहर में राय, एडीएम शिवास्त्व ने भी जाबाद हादसे के घायल लोगों को मेडिकल कॉलेज में भर्ती कराया गया है। इसमें एक

पौष्टिक आहार के मद्देनजर वि

इटवा, संवाददाता। उत्तर प्रदेश आर्युविज्ञान विश्वविद्यालय सैफई में आहार विज्ञान विभाग ने राष्ट्रीय पोषण माह के उत्सव के साथ आईपीएनए चैटर इटावा की पहली वर्षगांठ को धूमधाम से मनाया गया। प्रदेश में लखनऊ, बनारस, मेरठ, प्रयागराज आईपीएनए में चैटर शुरू हो चुके हैं जो पोषण के प्रति सामुदायिक जागरूकता के लिए काम कर रहे हैं उन्हीं में से इटावा चैटर एक है।

कार्यक्रम का शुभारंभ कुलपति प्रोफेसर डॉ प्रभात कुमार सिंह ने किया।

उन्होंने कहा कि राष्ट्रीय पोषण सप्ताह 2024 को थीमसभी के लिए पौष्टिक आहार है जो जीवन चरणों में लोगों को पोषण संबंधी आवश्यकताओं को पूरा करने वाले आहार को प्रोत्साहित करने पर केंद्रित है। प्रति कुलपति प्रो. डॉ रमाकांत ने कहा कि आईपीएनए इटावा चैटर के तत्वावधान में हुए वार्षिक पोषण जागरूकता कार्यक्रमों



पोषण जागरूकता कार्यक्रम के प्रतिभागियों को सर्टिफिकेट देते कुलपति

को जागरूक किया गया जो सराहनीय पहल है। मुख्य वक्ता जवाहरलाल इंस्टीट्यूट ऑफ पीजी मेडिकल एजुकेशन एंड रिसर्च पांडिचेरी के विभागाध्यक्ष सर्जिकल गैस्ट्रोलांजी प्रो. डॉ विजय पोटकत ने मेडिकल न्यूट्रिशन थेरेपी इन हॉस्पिटल सेटिंग के संदर्भ में अपने व्याख्यान में महत्वपूर्ण बिंदुओं को साझा किया। आहार विज्ञान विभाग मेरठ विभागाध्यक्ष प्रो. अंशु मेहरा ने डाइबेसिटी

ओबेसिटी डायबिटी महत्वपूर्ण जानकारि प्रेसिडेंट आईपीए पाल सिंह ने आई कार्यक्रम की रिपोर्ट विशेषज्ञ अलका रानी की व राजकीय बां लिए आईपीएनए के पैड मशीन भी कुल

यूपीयूएमएस में मनाया गया विश्व आत्महत्या रोकथाम दिवस

चेना कार्यालय इटावा (सैफई)। यूपीयूएमएस में विश्व आत्महत्या रोकथाम दिवस पर मंगलवार को एक संगेष्ठी का आयोजन हुआ जिसमें इस वर्ष की थीम आत्महत्या की रोक को बदलना है जिसमें बातचीत शुरू करना है इस पर मंचन हुआ। संगेष्ठी की अध्यक्षता करते हुए कुलपति प्रो. डॉ प्रभात कुमार सिंह ने कहा कि अस्मर



विभागाध्यक्ष डॉ अरुण कुमार मिश्र ने छात्र-छात्राओं को अवसरदा, तलाक़ कला कि कुलपति द्वारा दिए गए संवा... से प्रभात के लिए एक विद्या परिया



आईएसओ प्रमाणन दिखाते कुलपति डॉ प्रभात कुमार सिंह।

गुणवत्ता प्रबंधन प्रणाली के लिए आईएसओ पर खुशी

सैफई, संवाददाता। उत्तर प्रदेश आर्युविज्ञान विवि सैफई को गुणवत्ता प्रबंधन प्रणाली मानक के लिए आईएसओ मिलने पर कुलपति डॉ प्रभात कुमार सिंह ने हर्ष व्यक्त करते हुए डॉ. कमल पंत, डॉ. रूपक अग्रवाल डायरेक्टर ऑफ सेंट्रल लेब डॉ. अजय कुमार गुप्ता, डॉ. संजय खनीजिया व चरित्र प्रशासनिक अधिकारी उमाशंकर को बधाई दी है।

यूपीयूएमएस नैक क्राइटेरिया-4 हेड व ऑटोमेट्री विभाग एसोसिएट प्रोफेसर डॉ. कमल पंत ने बताया कि अंतरराष्ट्रीय स्तर पर बेहतर संगठित स्वास्थ्य संस्थानों को यह प्रमाणन दिया जाता है। उन्होंने बताया कि विश्वविद्यालय के राष्ट्रीय मूल्यांकन व प्रत्यायन परिषद (नैक) के मापदंड के लिए भी गुणवत्ता प्रबंधन प्रणाली मानक आईएसओ प्रमाणन आवश्यक होता है जिसके लिए हमारी पूरी टीम पिछले तीन माह से निरंतर प्रयासरत थी जिसके परिणामस्वरूप हमें सफलता मिली। उपलब्धि के लिए नैक कमेटी अध्यक्ष प्रति कुलपति डॉ. रमाकांत यादव, नैक कमेटी उपाध्यक्ष व फार्मसी संकायाध्यक्ष डॉ कमला पाठक ने भी पूरी टीम के प्रयासों को सराहना की।

बिना चिकित्सीय सलाह के न करें किसी भी दवा का सेवन, हो सकता दु

आज, इटावा। आज के इस दौर में हर कोई किसी न किसी बीमारी से परेशान है और खासतौर से सेवन कर रहा है। कई बार खासतौर से बुखार भी तेजी से होने लगने के संकेत होते हैं। इनके बाद डॉक्टरों के सलाह के बिना ही दवा लेने की प्रवृत्ति हो जाती है। इससे न केवल बीमारी तेजी से फैलती है बल्कि बीमारी को दूर रखने की प्रवृत्ति भी बढ़ जाती है। इसीलिए डॉक्टरों से सलाह लेना ही सही रास्ता है।



उत्तर प्रदेश आर्युविज्ञान विश्वविद्यालय सैफई में आयोजित कार्यक्रम में डॉ. अंशु मेहरा ने कहा कि बिना चिकित्सीय सलाह के दवा लेना खतरनाक है। डॉ. अंशु मेहरा ने कहा कि बिना चिकित्सीय सलाह के दवा लेना खतरनाक है।

डॉ. अंशु मेहरा ने कहा कि बिना चिकित्सीय सलाह के दवा लेना खतरनाक है। डॉ. अंशु मेहरा ने कहा कि बिना चिकित्सीय सलाह के दवा लेना खतरनाक है।

बदलते मौसम में एलर्जिक राइनाइटिस का खतरा : डॉ. जितेंद्र



स्टार एक्सप्रेस संवाददाता सैफई, इटावा। उत्तर प्रदेश आर्युविज्ञान विश्वविद्यालय के नाक कान गला विभाग में कंट्रीन्यूअस मेडिकल एजुकेशन (सीएमई) का आयोजन किया गया जिसमें

इसीलिए खानपान लाइफस्टाइल और साफसफाई का ध्यान न रखने से यह एलर्जी बढ़ती है जो शरीर के इम्यून सिस्टम को प्रभावित करती है। एलर्जिक राइनाइटिस क्या है एलर्जिक राइनाइटिस क्या है एलर्जिक राइनाइटिस क्या है

और इसी की वजह से एलर्जी होती है। एलर्जिक राइनाइटिस समस्या बुखार छींक आना नाक होना गले में खर्रास जैसी समस्या होती है और लोग कैसे से सामान्य सटी समझकर नजर आकरते हैं इसीलिए इस तरह के

यूपीयूएमएस को मिला गुणवत्ता प्रणाली मानक आईएसओ प्रमाण

राष्ट्र पटल संवाद सैफई (इटावा)। उत्तर प्रदेश विज्ञान विश्वविद्यालय सैफई को गुणवत्ता प्रबंधन प्रणाली मानक के लिए आईएसओ (ISO) 9001:2015 प्रमाणन पर माननीय कुलपति प्रोफेसर डॉ प्रभात कुमार सिंह ने हर्ष व्यक्त करते हुए डॉ. कमल पंत, डॉ. रूपक अग्रवाल डायरेक्टर ऑफ सेंट्रल लेब, डॉ. अजय कुमार गुप्ता, डॉ. संजय खनीजिया व चरित्र प्रशासनिक अधिकारी उमाशंकर को बधाई दी।



यूपीयूएमएस नैक क्राइटेरिया-4 हेड ऑटोमेट्री विभाग एसोसिएट प्रोफेसर डॉ. कमल पंत ने बताया कि अंतरराष्ट्रीय स्तर पर बेहतर संगठित स्वास्थ्य संस्थानों को यह प्रमाणन दिया जाता है। संस्थान प्रभावी चिकित्सीय देखभाल, जैव प्रशासनिक शिक्षा और अनुसंधान को बढ़ावा देने के लिए नैक कमेटी अध्यक्ष प्रो. डॉ. रमाकांत यादव, नैक कमेटी उपाध्यक्ष व फार्मसी संकायाध्यक्ष डॉ कमला पाठक ने भी पूरी टीम के प्रयासों को सराहना की और

CREATIVITY CORNER

POETRY

THE SILENT PATH

We work in shadows, where eyes don't turn,
A place from which all life must learn.
Each soul has come through this sacred gate,
Yet silence lingers, as if it's too great.

They long for its beauty, yet hide from its name,
The source of creation (the womb), yet burdened with shame.
I feel the weight of the pain unspoken,
The hearts that are torn, the dreams left broken.

For those who carry it (the womb), the gift and the ache,
A body that blooms, or a heart that breaks.
And for those denied this gift (fertility) they bear,
The greater the sorrow, the heavier the care.

As a healer, I walk this quiet path,
Witness to joy, and witness to wrath.
In whispers, I'll speak of the things left unsaid,
For the pain and the hope that women have bled.

Dr. Vaibhav Kanti
Professor,
Department of Obstetrics and Gynecology.



STUDENTS CORNER



Painting name - Incarnated soul

Medium - Japanese white gel ink on cartridge sheet

Lethal talons, a fatal beak, and a war cry echo in this striking painting, epitomizing daily courage and struggle. The artwork, rich in doodle-like carvings, captures a multitude of emotions, with cynical eyes that mesmerize viewers. Inspired by a hawk soaring in the sky, it portrays an endless fight for survival. When an artist's vision comes to life, the result is a piece that speaks volumes—each image a poem or short story in its own right, conveying deep narratives without a single word.



ABHISHEK KUMAR
MBBS batch (2021)

STUDENTS CORNER

POETRY

KYA HI KARTI HAI NURSES

Bus chaddare waddare hi toh
Badalti hai
toh jawab ye hai
Bas chaddare nahi
sahi wagit pe sahi khayal
Rakh kar logo ki gewan
Rikha ka haal
Badalti hai Nurses

kyuki wo aayenge wagt
Pe aus dawaa dengi
agar aap hass ke baat
karenge to wo apko
dil se dua dengi

Ratta hota hai har patient
Ka haal unhe zubani itno ki
baatein sunti hai bhool ke apni
khud ki kahani



apne bhi jo befike ho
Paate hai na aspatal mei us
befikre ka kaaran
hoti hai Nurses

Ratta hota hai har patient
Ka haal unhe zubani itno ki
baatein sunti hai bhool ke apni
khud ki kahani

You nurses sirf chaddare nahi
logo ki gevan rekha ka haal
badalti hai ..

JAI KISHAN YADAV
BSC NURSING batch (2022)

STUDENTS CORNER

POETRY

BUBBLE OF NOTE

The song I came to sing
remains unsung to this day.
I have spent my days in stringing
and in unstringing my instrument.
The time has not come true,
the words have not been rightly set;
only there is the agony
of wishing in my heart
I have not seen her face,
nor have I listened to her voice;
only I have heard her gentle footsteps
from the class before my bench
But the lamp has not been lit
and I cannot ask her into my class;
I live in the hope of meeting with her;
but this meeting is not yet.

SATVAM KUMAR
BSC NURSING batch (2022)



STUDENTS CORNER


POETRY

UPUMS यादों का गीत

ये मेरा दिल, ये मेरी जान
ये मेरा प्यारा, UPUMS
सदा आबाद रहेगा, ये जिन्दाबाद रहेगा !!
न तेरे जैसा कोई शान, ये एप्रन ही मेरी पहचान
हमेशा याद रखूंगा-सदा मैं सम्मान करूंगा !!
न तेरे जैसा कोई शान, ये स्टेथोस्कोप मेरा सम्मान
हमेशा याद रखूंगा- सदा मैं सम्मान करूंगा!!
न भूलूंगा तेरा एहसान, मैं सच कहता हूं, मेडिकल परिवार
सदा मैं याद रखूंगा- हमेशा याद रखूंगा !!
जो फैकल्टी हमको पढ़ाती है, सारे सब्जेक्ट का ज्ञान कराती हैं!
उन्हें मैं याद रखूंगा- सदा सम्मान करूंगा !!
पोस्टिंग में हॉस्पिटल जब जाते हैं, सीनियर्स हमे मेडिकल रिपोर्ट पढ़ना सिखाते हैं!
उन्हें मैं याद रखूंगा - हमेशा याद रखूंगा !!
जब कॉलेज में कोई फंक्शन होता है, तो वी.सी. सर वहां पर आते हैं!
न भूलूंगा मैं आपका प्यार, हमेशा याद रखूंगा - सदा मैं याद रखूंगा !!
जो फैकल्टी हमको अच्छा डॉक्टर बनाती है, जीवन में खुशियां लाती है!!
उन्हें मैं याद रखूंगा, सदा सम्मान करूंगा !!

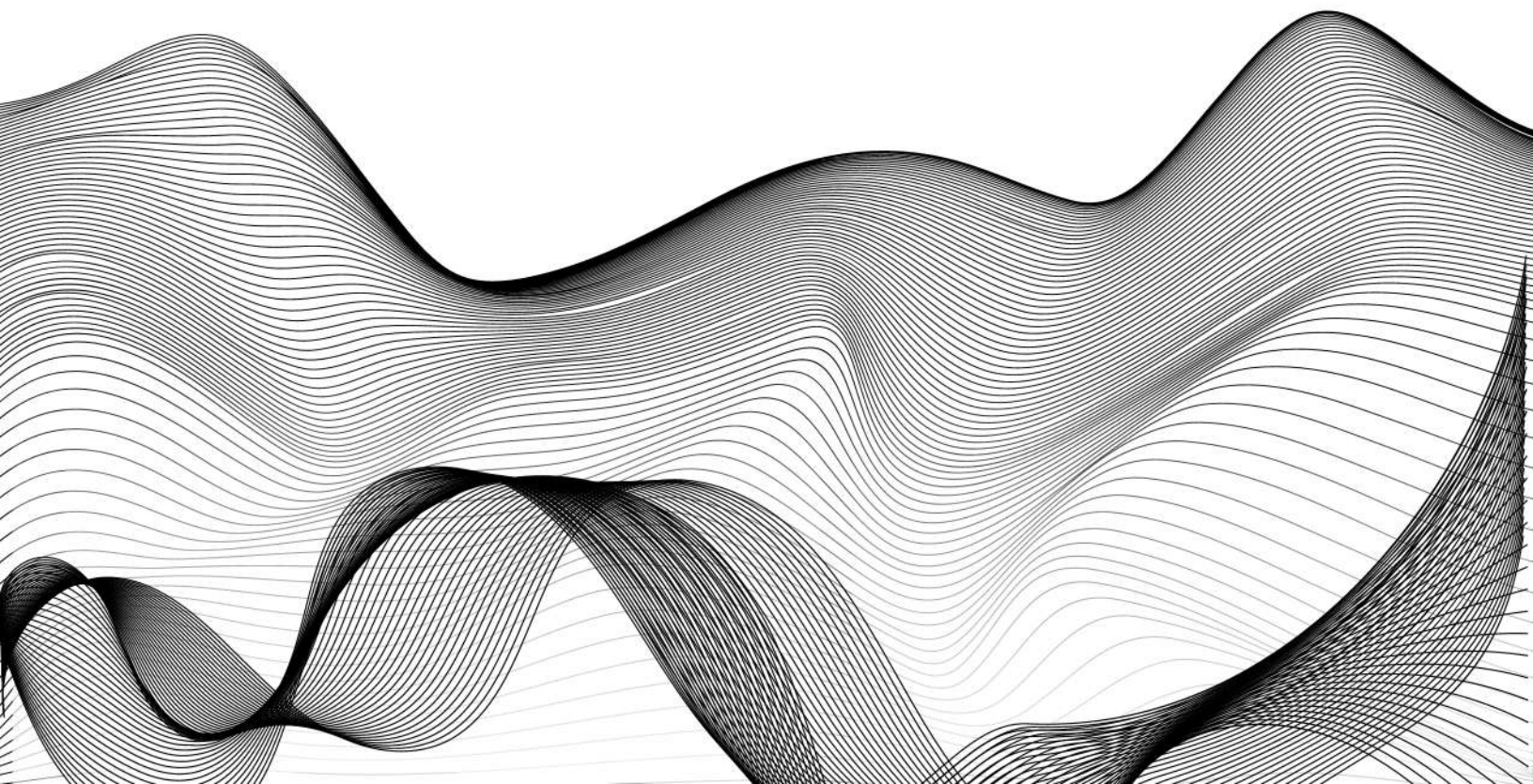
SHIVAKANT PAL
Bachelor of physiotherapy Batch- 2022





**"WHEREVER THE ART OF
MEDICINE IS LOVED,
THERE IS ALSO A LOVE OF HUMANITY."**

— HIPPOCRATES



UNIVERSITY OF MEDICAL SCIENCES
BRARADESH

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