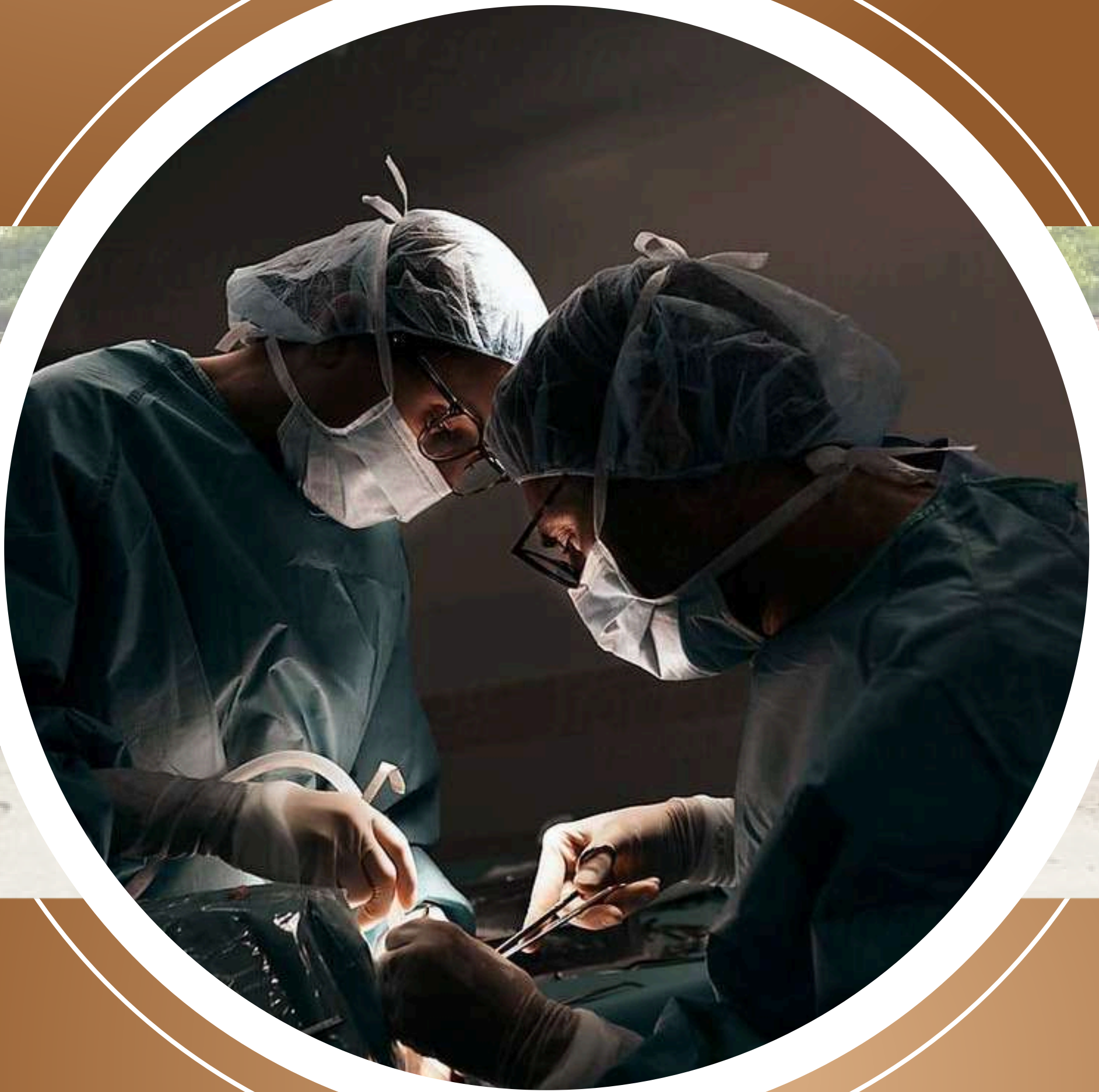


YEAR 2024

UPUMS

**Uttar Pradesh University of Medical Sciences,
Saifai, Etawah**

**APRIL-JUNE
Volume 2
Issue 2**



Faculty of Medicine
Faculty of Nursing
Faculty of Paramedical Sciences
Faculty of Pharmacy
Faculty of Dental Sciences



Newsletter- 2024

(APRIL-JUNE)



UPUMS

Uttar Pradesh University of Medical Sciences
Saifai, Etawah

Preface

Dear Readers,

Welcome to the latest edition of our UPUMS newsletter! It's with great pleasure that we bring you the highlights and achievements from the second quarter of 2024.

This period has been dynamic and filled with significant milestones. Guided by the leadership of Vice Chancellor Prof. (Dr.) Prabhat Kumar Singh, UPUMS has continued its upward trajectory of growth and excellence.

In this issue, we are thrilled to showcase the academic triumphs, innovative training programs, and impactful community initiatives that define UPUMS's commitment to shaping future healthcare leaders.

As we forge ahead, we extend our gratitude to the entire UPUMS family – faculty, staff, students, and partners – for your unwavering dedication and contributions. Together, we continue to push boundaries and set new standards in medical education and healthcare.

Thank you for your continued support and enthusiasm. Stay tuned for more updates as we embark on this journey of excellence together.

Warm regards,

EDITORIAL TEAM

**UTTAR PRADESH
UNIVERSITY OF MEDICAL SCIENCES**

OUR HON'BLE CHANCELLOR



**Shri Yogi Adityanath Ji
Hon'ble Chief Minister
Uttar Pradesh**

FROM VICE CHANCELLOR'S DESK

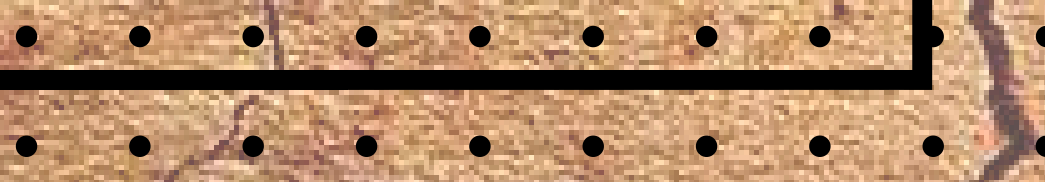


Dear Esteemed Readers,

I am honored to address you again as we reflect on the remarkable achievements and strides made by Uttar Pradesh University of Medical Sciences. This period has been marked by significant advancements across our institution, showcasing our unwavering commitment to excellence in medical education, research, and healthcare delivery.

Our research endeavors have yielded impactful discoveries that promise to revolutionize healthcare practices and improve patient outcomes. From pioneering treatments to cutting-edge technologies, our efforts continue to shape the future of medicine both regionally and globally.

As we look forward, let us harness this momentum to further elevate UPUMS's standing as a beacon of excellence in healthcare and medical education.



The stories and achievements featured in this newsletter exemplify our collective dedication to pushing the boundaries of knowledge and innovation.

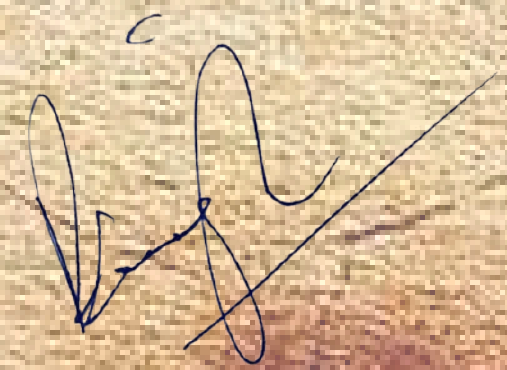
To our dedicated students, I commend you for your hard work and passion in pursuing your academic goals. Your curiosity and commitment to learning are the foundation of our university's success. Whether you are conducting groundbreaking research, participating in clinical rotations, or engaging in community service, your efforts are shaping the future of healthcare. Your journey at UPUMS is not just about acquiring knowledge but also about becoming compassionate and skilled healthcare professionals who will make a difference in countless lives.

Your outreach initiatives have deepened our engagement with society, ensuring that our knowledge and resources contribute meaningfully to the well-being of our local communities. Through collaborative partnerships and outreach programs, we have extended our impact beyond the confines of our campus, fostering a culture of service and compassion.

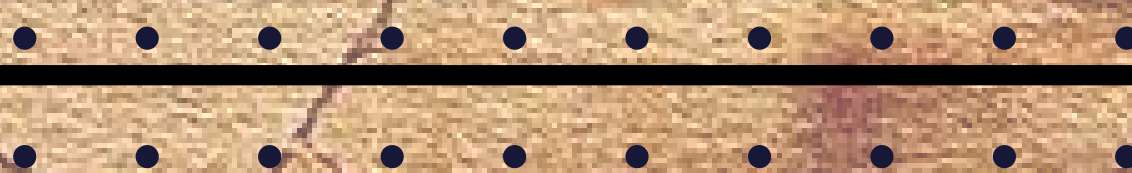
I invite you to delve into this edition of our newsletter, which celebrates the dedication, achievements, and contributions of our vibrant UPUMS community. Your relentless pursuit of excellence continues to inspire us all, and together, we will continue to make a profound impact on the healthcare landscape.

Your unwavering support and commitment to UPUMS's mission are deeply appreciated. Let us continue to strive for excellence and forge ahead with determination and optimism as we shape the future of healthcare and education at UPUMS. Your contributions are invaluable to our shared journey towards excellence.

Warm regards,



Prof. (Dr) Prabhat Kumar Singh
Vice Chancellor UPUMS



EDITORIAL

Dear Readers,

Welcome into the newest release of the E-Newsletter from Uttar Pradesh University of Medical Sciences (UPUMS). As we navigate through a time characterized by swift advancements and unparalleled obstacles in the realm of medical sciences, this newsletter shines as a source of information, motivation, and originality for our lively university community.

At the forefront of medical education and research stands our university, dedicated to excellence in all pursuits. This edition of the E-Newsletter serves as a tribute to the relentless effort and devotion of our faculty, students, and staff, who persistently endeavor to push the limits of knowledge and practical application.

Within these pages, we are thrilled to unveil some extraordinary accomplishments and ventures that have unfolded at UPUMS. Ranging from cutting-edge research endeavors set to transform healthcare to student-driven projects promoting community involvement and professional advancement. As ever, we take pride in amplifying the voices of our students, the very heart and essence of our university. Their stories, accomplishments, and viewpoints offer a distinctive and lively peek into life at UPUMS.

A prominent highlight of this issue is our focus on recent partnerships with esteemed medical institutions worldwide. These collaborations not only enrich our academic and research capacities but also furnish our students and faculty with priceless chances for intercultural exchange and professional growth.

In conclusion, we extend our deepest appreciation to all those who have contributed to this E-Newsletter edition. Your zeal and commitment are what render UPUMS a hub of excellence and ingenuity. May you discover in this edition both enlightenment and motivation. Let us progress unitedly, propelling advancements in medical education, research, and healthcare, all while upholding our unwavering dedication to our fundamental values of compassion, integrity, and excellence.

Regards,

EDITORIAL TEAM

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Mr. Abhishek Kumar
Co-Editor, MBBS Student Batch 2021



ABOUT UTTAR PRADESH UNIVERSITY OF MEDICAL SCIENCES

Uttar Pradesh University of Medical Sciences, Saifai was established in the year 2016 by the Government of Uttar Pradesh after reconstituting the Uttar Pradesh Rural Institute of Medical Sciences and Research, Saifai, which was established in the year 2005. The University was established by an Act no.15 of 2016 of the state legislature of Uttar Pradesh as a State University vide notification no. 742(2) / LXXIX-V-1-16-1(ka)-7-2015 dated 17.05.2016 in accordance with the Uttar Pradesh Extraordinary Gazette, 17 May, 2016; the University (Uttar Pradesh University of Medical Sciences) shall be constituted of five faculties namely, Medicine, Dental, Paramedical Sciences, Nursing and Pharmacy. The University is listed in UGC as State University under section 2(f) and section 3 of the UGC Act, 1956.

Shri Yogi Adityanath Ji (Hon'ble Chief Minister of UP) is Hon'ble Chancellor and Prof. (Dr.) Prabhat Kumar Singh is Hon'ble Vice Chancellor of this University.

Apart from the M.Ch. program, University also offers postgraduate programs M.D. and M.S. (106 seats) under the faculty of Medicine, M.D.S. in Periodontology (03 seats) under the faculty of Dental Sciences, M.P.T. (12 seats), M. Optometry (06 seats), MSc MLT (06 seats), MRIT (06 seats) under the faculty of Paramedical Sciences. Post Graduate programs of M. Pharm (24 seats) under the faculty of Pharmacy, M.Sc. Nursing (15 seats) under the faculty of Nursing has been approved from the Government and shall be started soon.

In Undergraduate Programs, University offers M.B.B.S. (200 seats) along with 60 seats in each of the disciplines of Physiotherapy, Medical Laboratory Technology, Optometry, Radiological Imaging Technology. University also offers various diploma programs in the Paramedical Sciences and Nursing faculty affiliated with the Uttar Pradesh State Medical Faculty. Hostel facility is provided to all of the students.

The University has state of art infrastructure with 1050 bedded tertiary care hospital including 150 bedded Emergency, Trauma and Burn Centre. Shri Yogi Adityanath Ji (Hon'ble Chief Minister of UP) Hon'ble Chancellor has recently inaugurated new project of 528 bedded super speciality hospital while 300 bedded Maternal and Child Health Care hospital is an upcoming project.

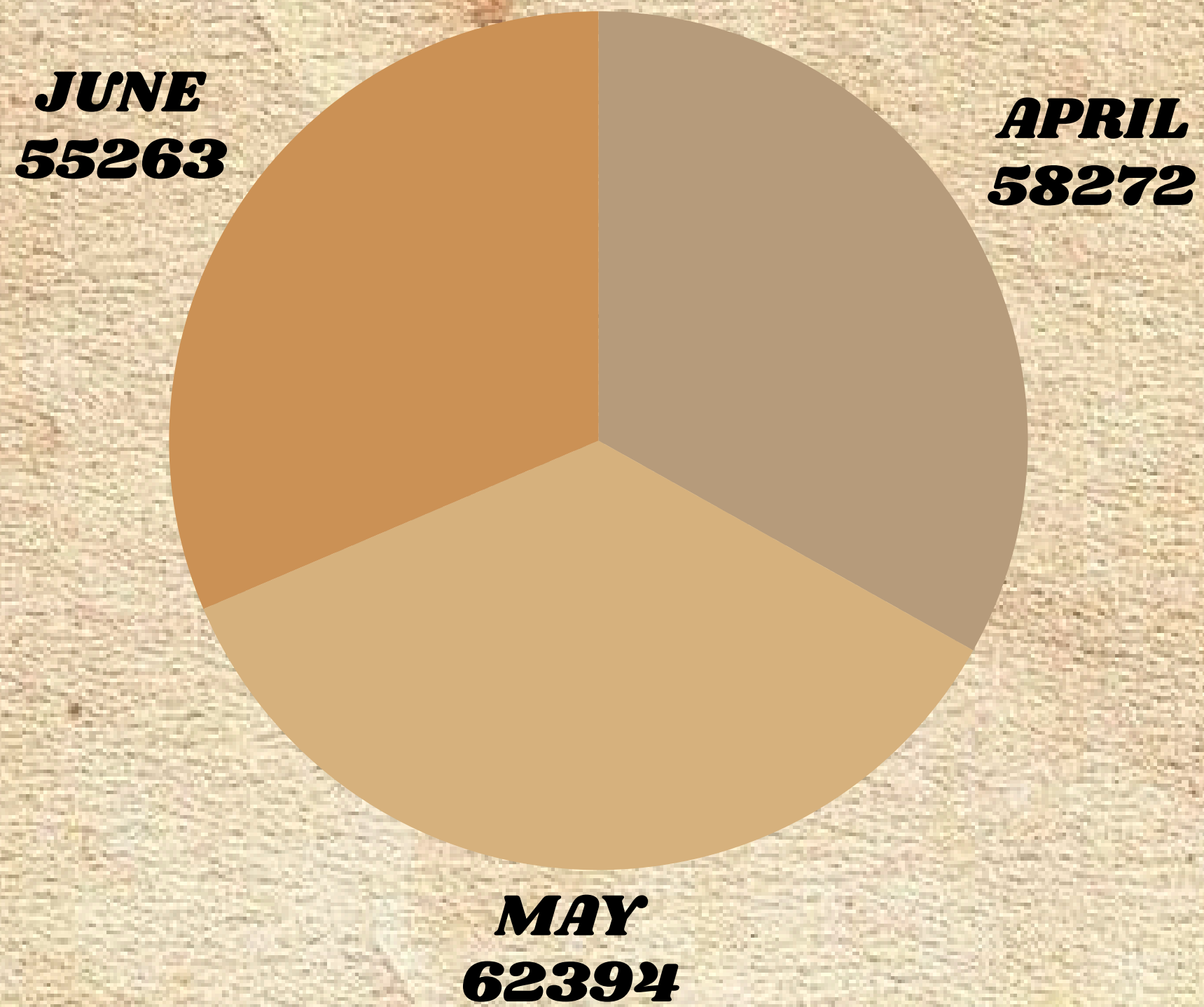
THE DETAILS OF THE PROGRAM OFFERED BY UPUMS

DETAILS OF THE PROGRAMS OFFERED BY UPUMS

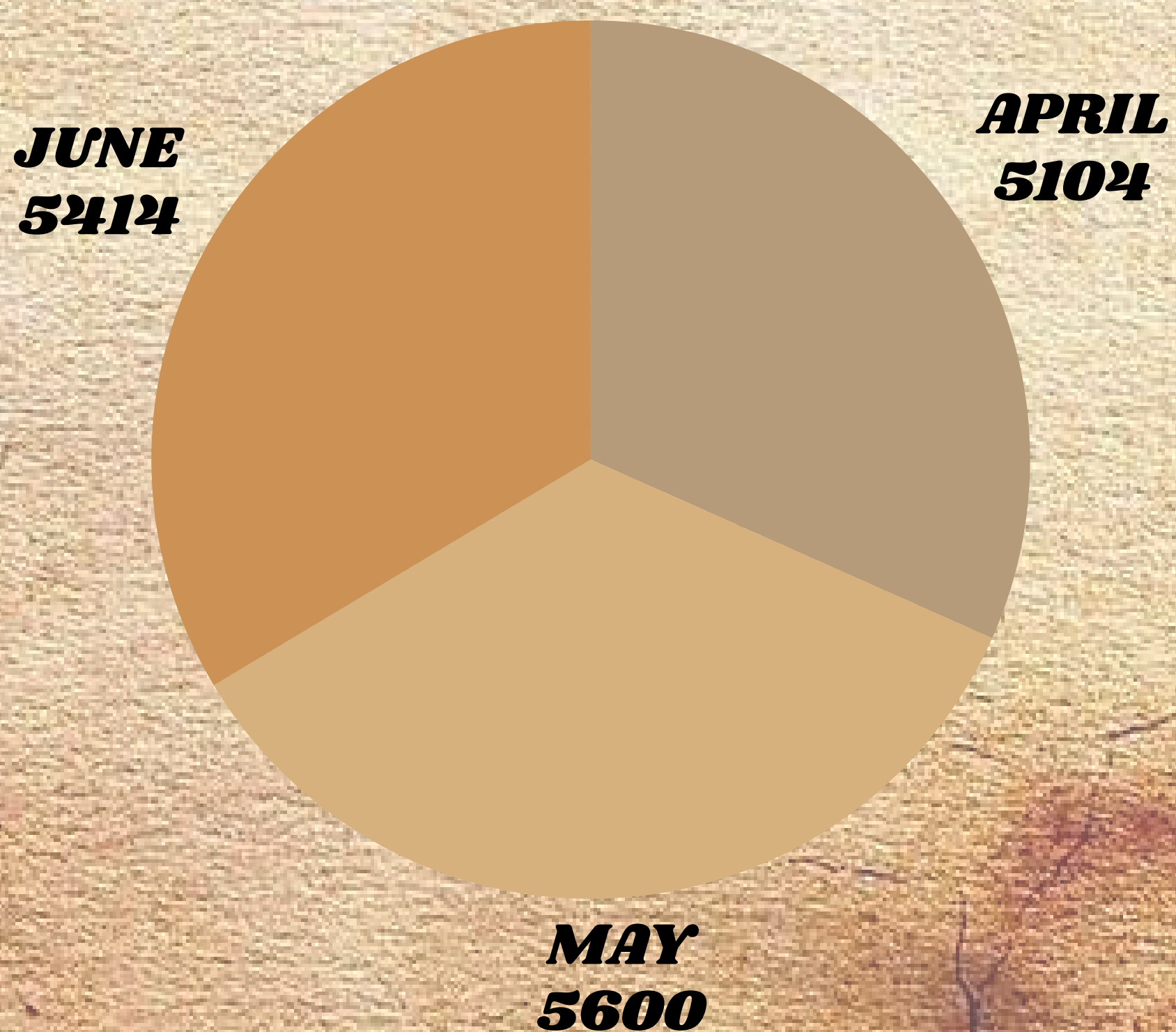
SN	Name of the Program	Department	Seat	Duration
FACULTY OF MEDICINE				
01	M.Ch.	Neurosurgery	01	03 years
02	MD/MS	Broad Speciality	106	03 years
03	M.B.B.S.	Faculty of Medicine	200	4.5 years + 01 year
FACULTY OF DENTAL SCIENCES				
01	M.D.S.	Periodontology	03	03 years
FACULTY OF NURSING				
01	B.Sc. (Nursing)	Nursing	60	04 years
02	G.N.M.	Nursing	60	03 years
03	A.N.M.	Nursing	50	02 years
FACULTY OF PARAMEDICAL SCIENCES				
01	M.P.T. (Neurology)	Physiotherapy	06	02 years
02	M.P.T. (Orthopaedics)		06	02 years
03	B.P.T.		60	4 years + 06 month
04	D.P.T.		20	02 years
05	M.Sc. (Optometry)	Optometry	06	02 years
06	B.Sc. (Optometry)		60	03 years + 01 year
07	D. Optom		20	02 years
08	M.M.L.T. (medical microbiology)	Medical Lab Technology	06	02 years
09	B.M.L.T.		60	3 years + 06 month
10	M.Sc. (Radio Imaging Techniques)	Radiological Imaging Technology	06	02 years
11	B.R.I.T.		60	3 years + 06 month
12	Diploma in C.T. (Scan) DCT-Scan		20	02 years
13	Diploma in MRI (DMRI)		15	02 years
14	Diploma in OT Technician (DOT)	Diploma Programs	30	02 years
15	Diploma in Emergency & Trauma Care Technician (DETCT)		30	02 years
16	Diploma in Dialysis Technician (DDT)		20	02 years
17	Diploma in Cardiology Technician (DCT)		20	02 years
18	Diploma in Blood Transfusion Technician (DBT)		15	02 years
FACULTY OF PHARMACY				
01	B. Pharm.	Pharmacy	60	04 Years
Total Seats = 1000				

**HOSPITAL SERVICES AT A GLANCE
(APRIL- JUNE)
BY UPUMS, SAIFAI, ETAWAH**

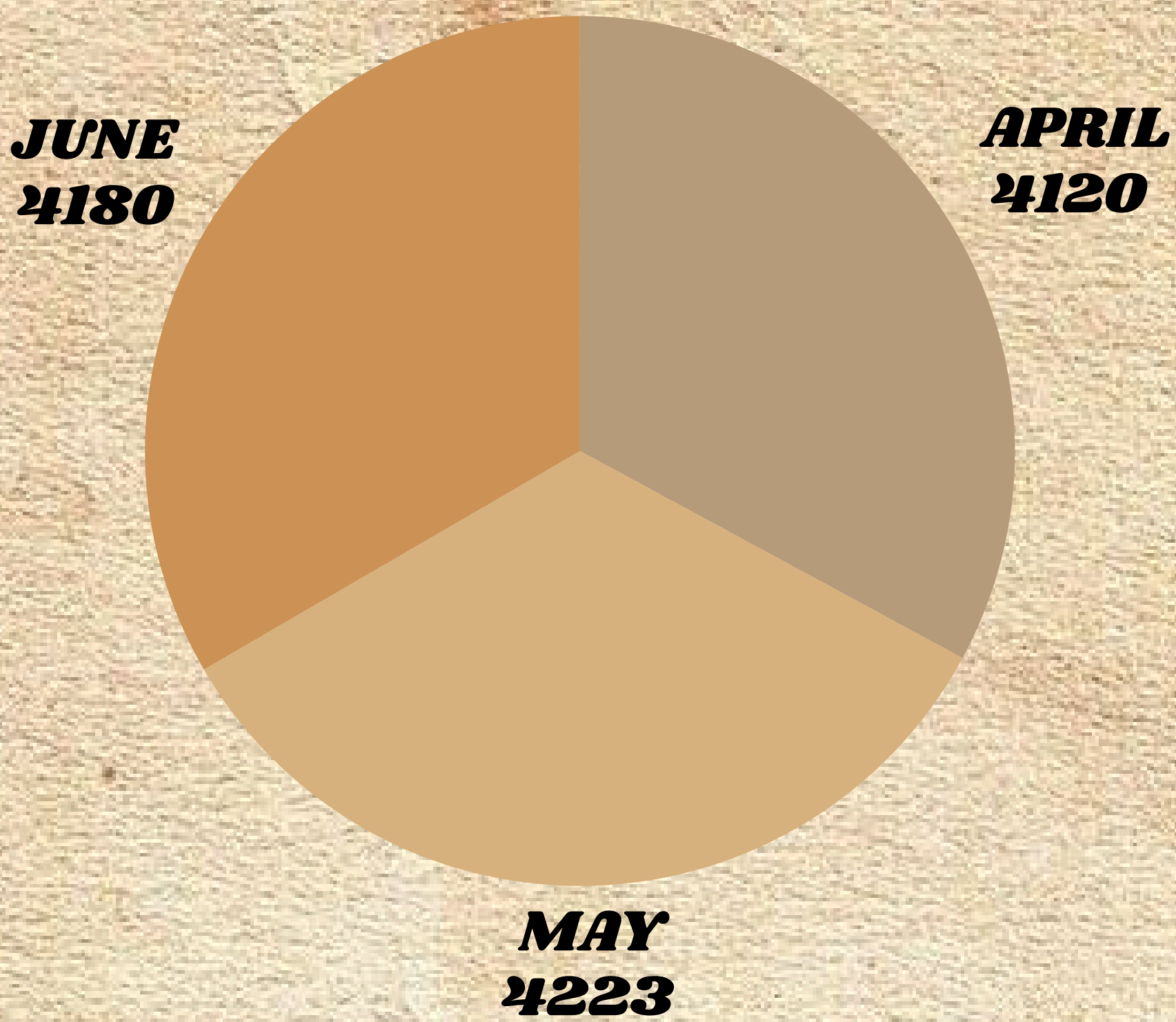
Out Patients Department



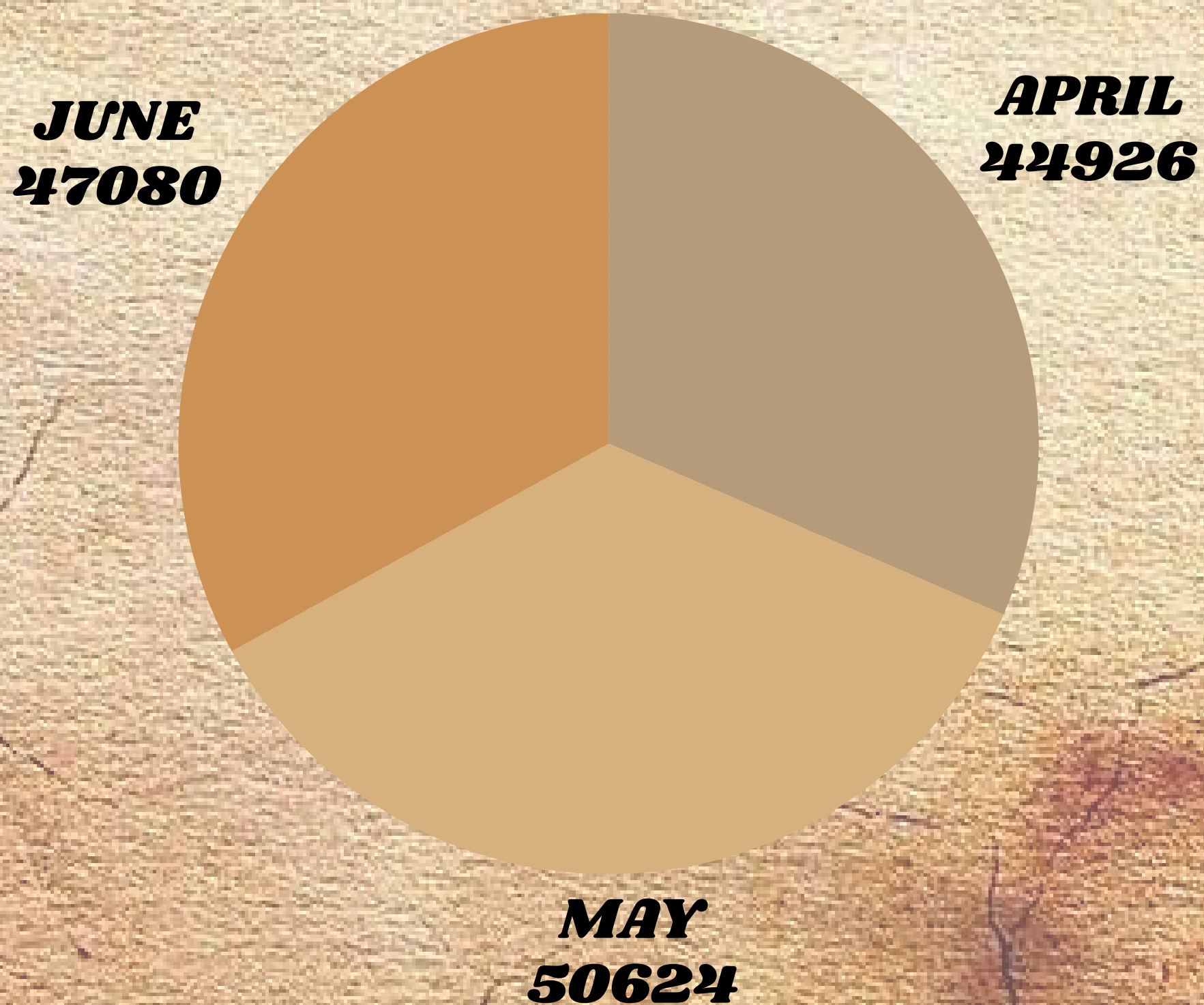
Admission



**HOSPITAL SERVICES AT A GALNCE
(APRIL- JUNE)
BY UPUMS, SAIFAI, ETAWAH
SURGERIES**

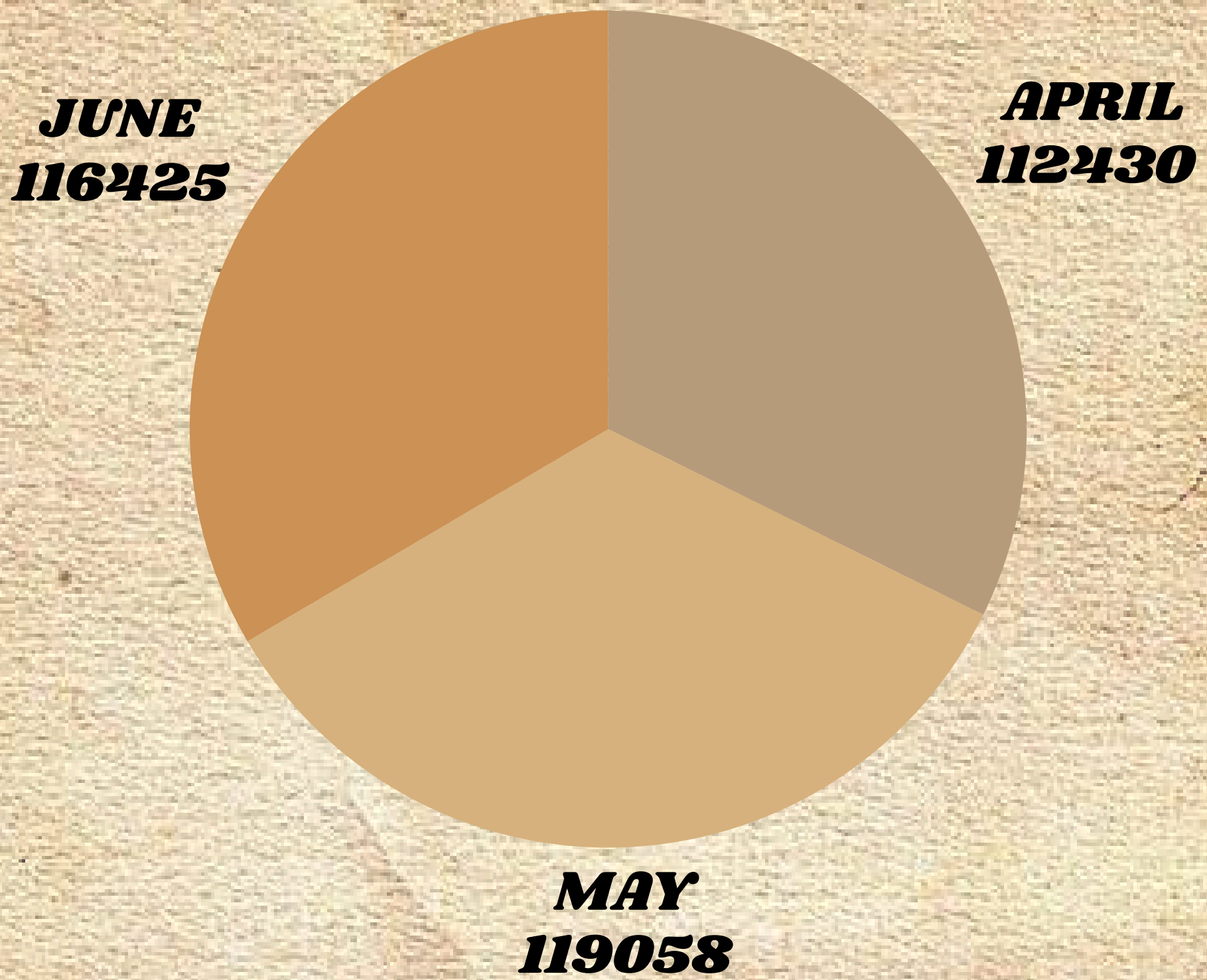


**INVESTIGATION
(Pathology)**

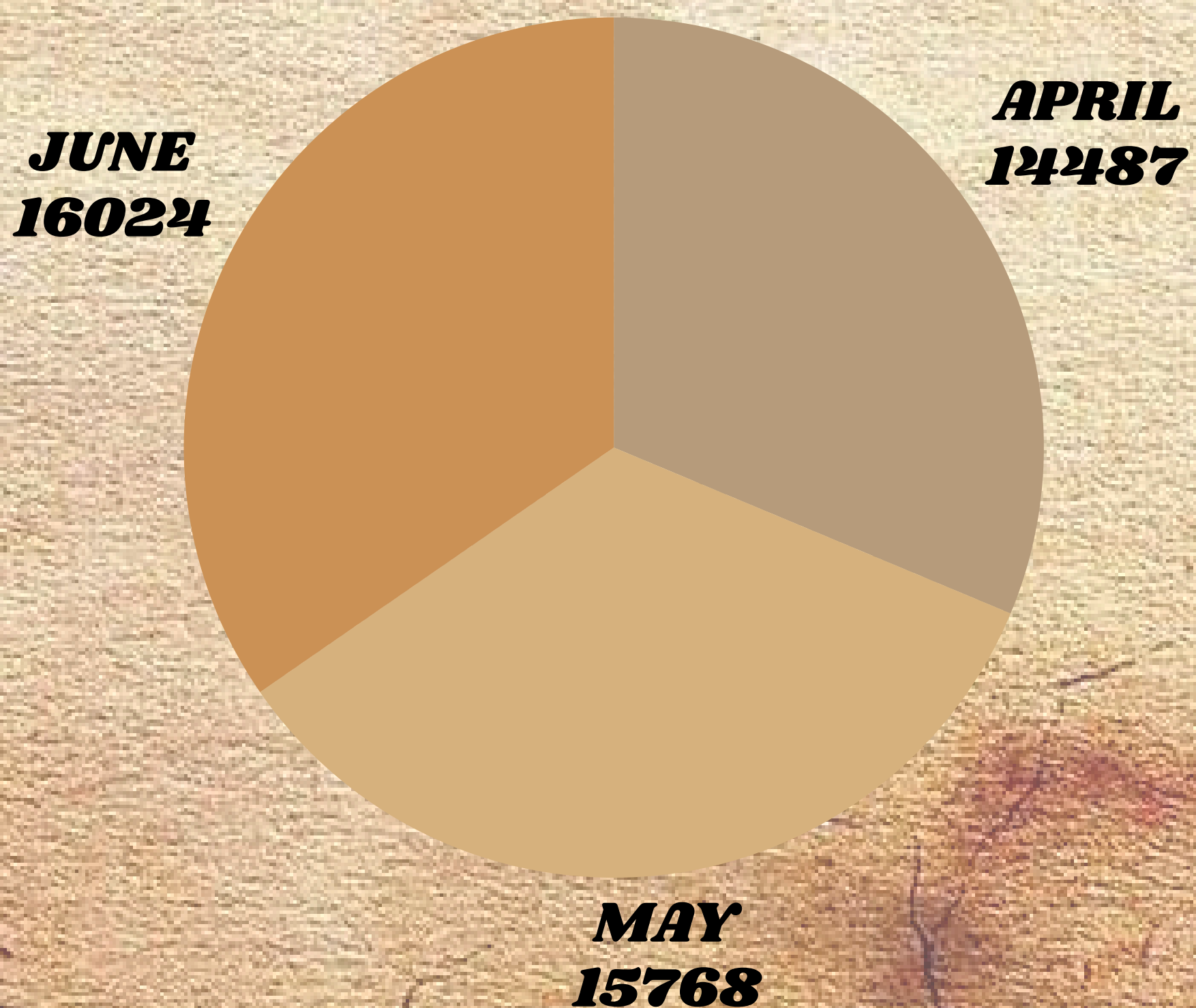


**HOSPITAL SERVICES AT A GALNCE
(APRIL- JUNE)
BY UPUMS, SAIFAI, ETAWAH**

**INVESTIGATION
(BIOCHEMISTRY)**

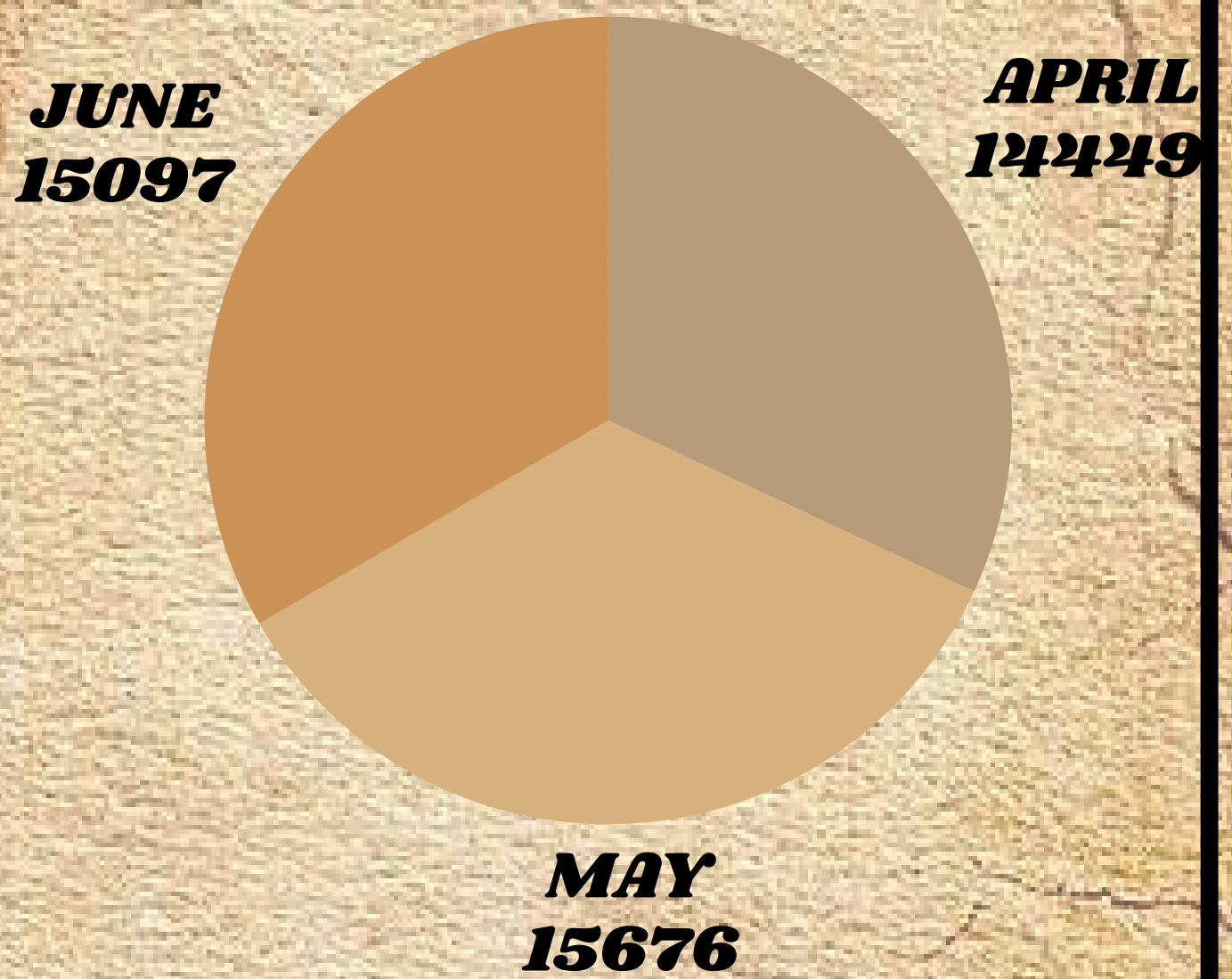


(MICROBIOLOGY)

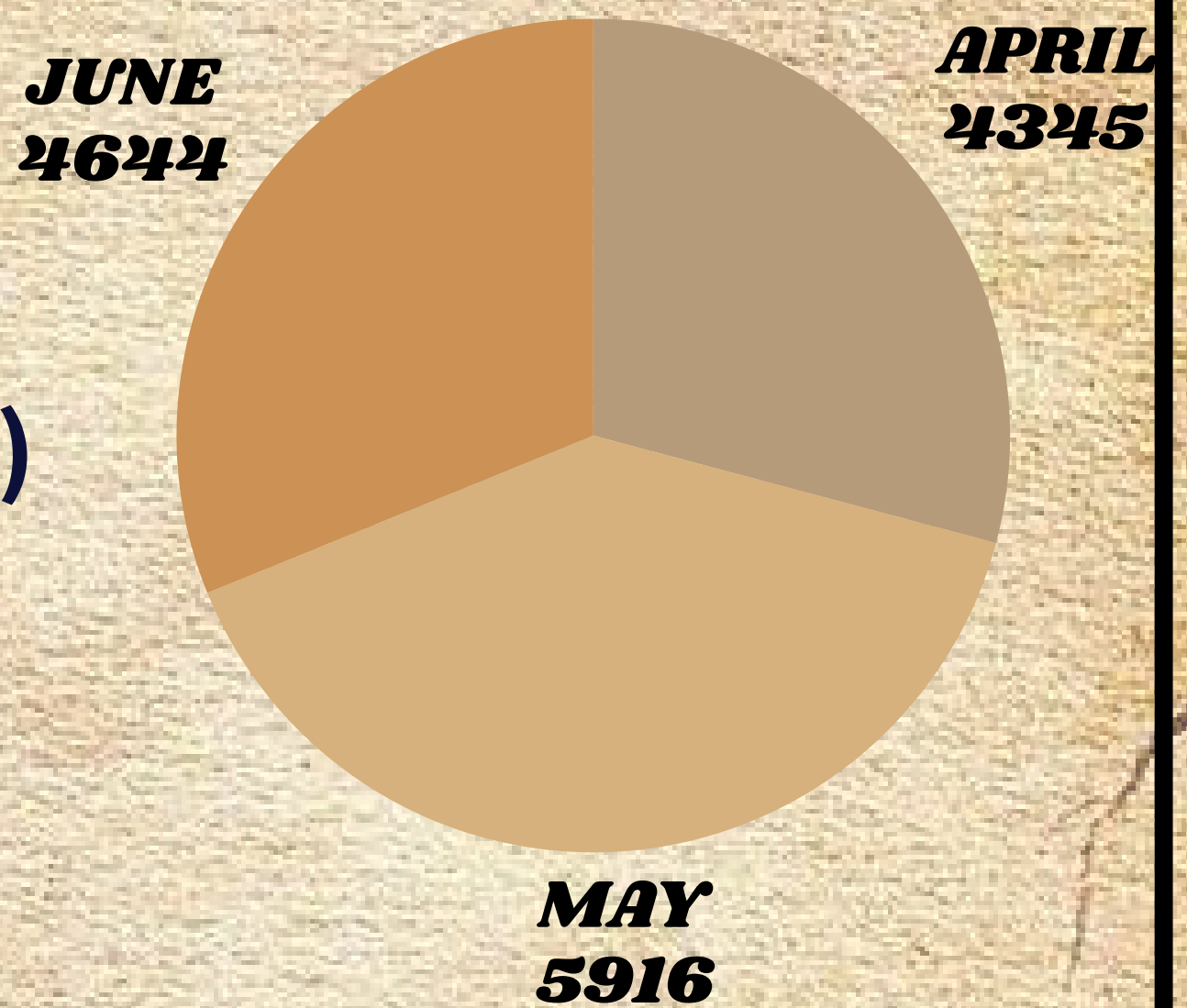


**HOSPITAL SERVICES AT A GLANCE
(APRIL- JUNE)
BY UPUMS, SAIFAI, ETAWAH
RADIOLOGY**

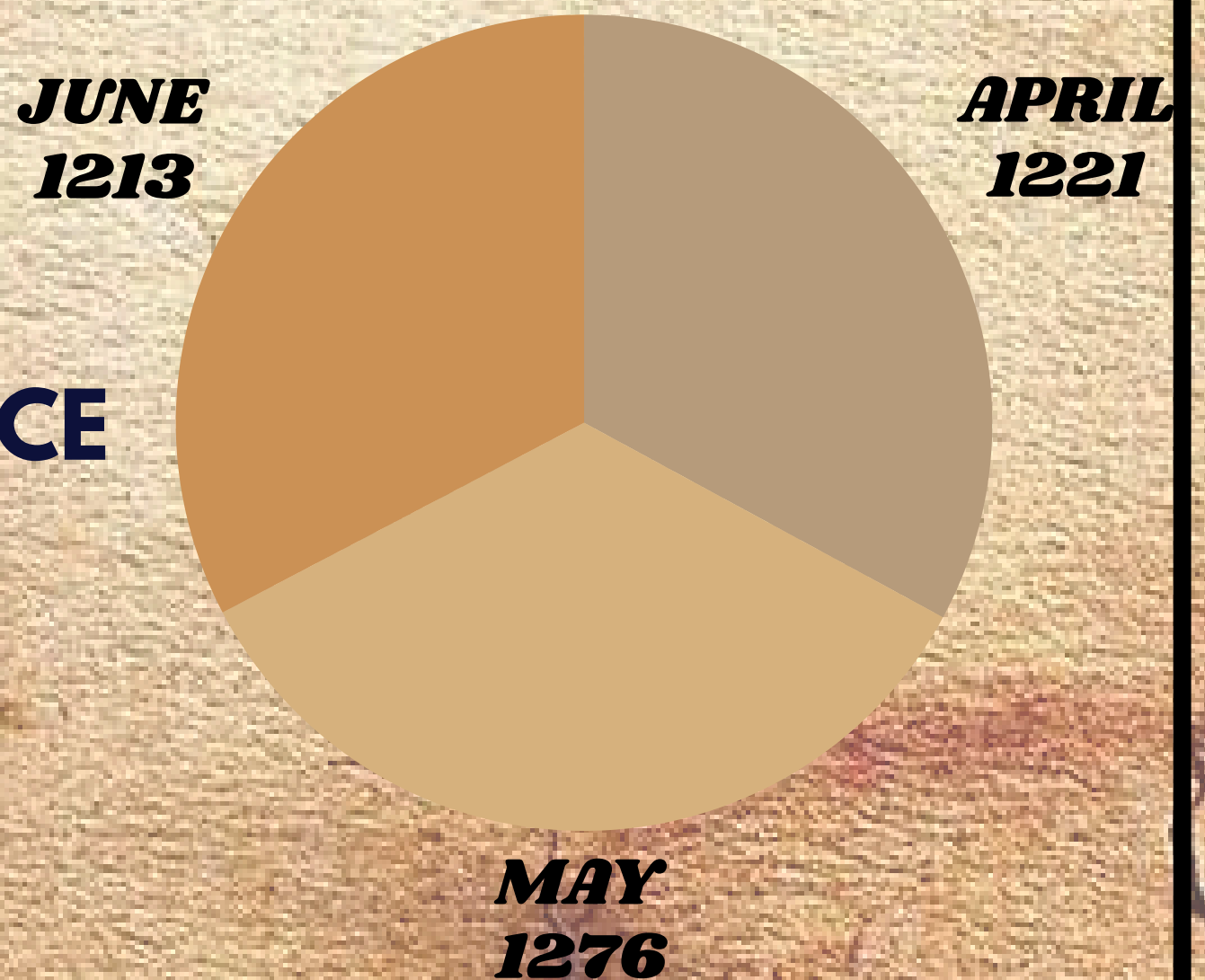
(X RAY PLAIN)



(ULTRASONOGRAPHY)

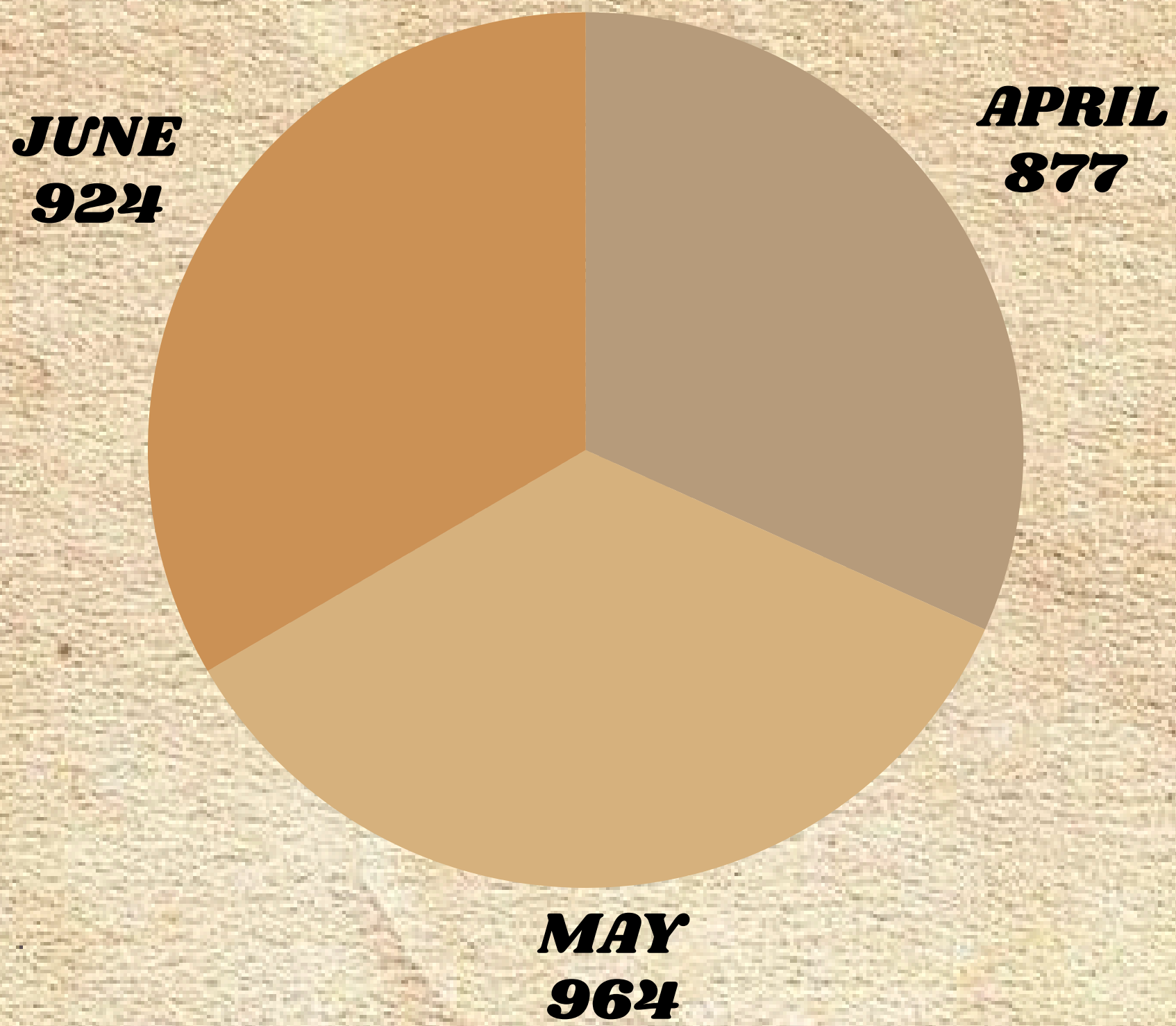


**(MAGNETIC RESONANCE
IMAGING)**

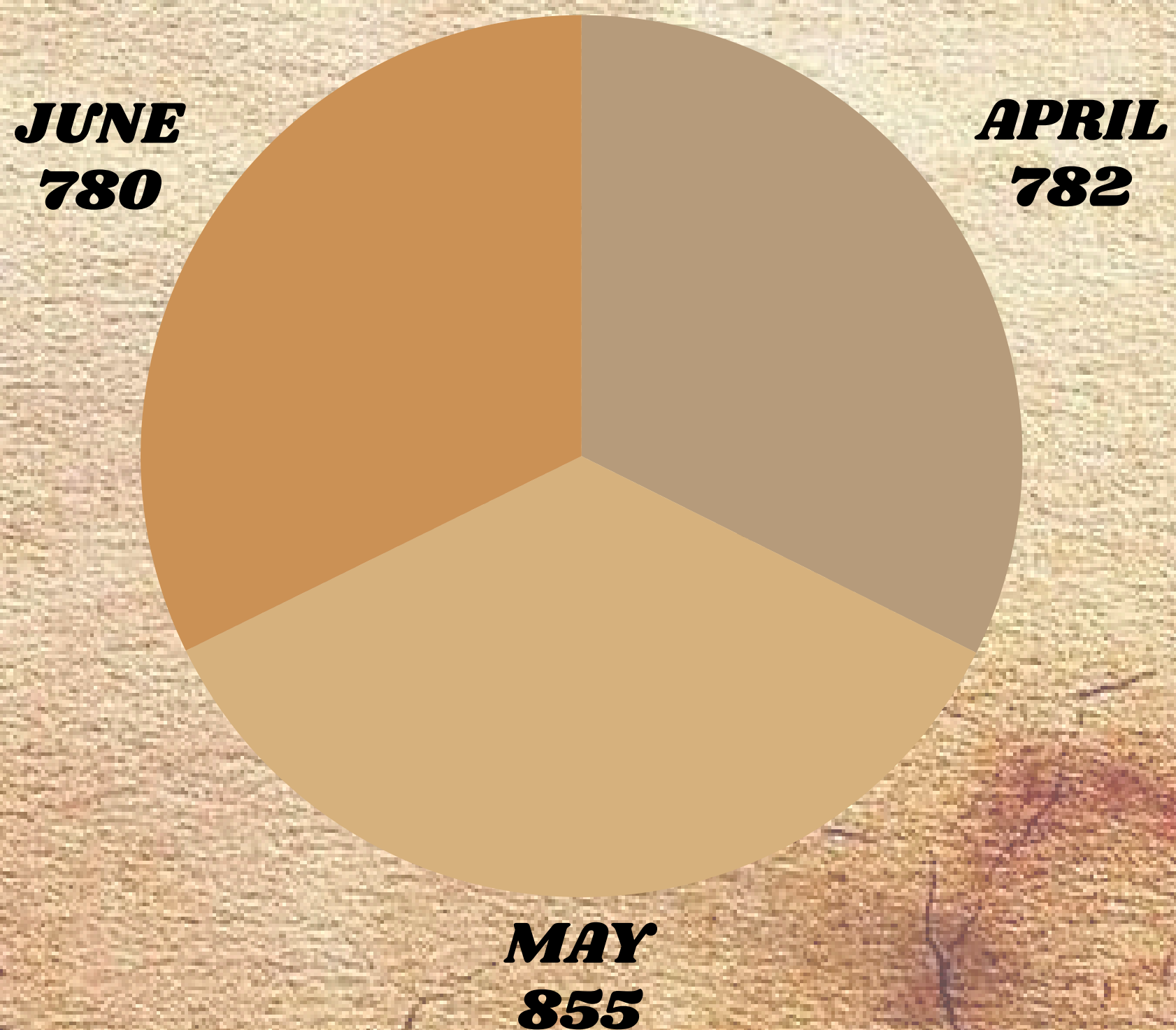


**HOSPITAL SERVICES AT A GLANCE
(APRIL- JUNE)
BY UPUMS, SAIFAI, ETAWAH**

BLOOD DONATION



BLOOD ISSUE





अभिलेख 2024



Release of Book titled "Microsurgery and Minimal Invasive Procedures"

3 APRIL, 2024



A book titled "Microsurgery and Minimal Invasive Procedures in Dentistry" is written by Prof. Dr. Bipin Kumar Yadav and Prof. Dr. Rajesh Kumar Thakur, Department of Periodontology, Faculty of Dental Sciences, UPUMS, Saifai, Etawah. The book is focused on minimal invasive surgical procedures in dental and periodontal surgeries. This book is useful for post graduate students of different specialities of Dentistry.

Teaching - Learning Processes

4 APRIL, 2024

The goal of training was to establish a sustainable system driven quality improvement mechanism in preservice nursing education to produce the capable nurses who can perform what they are expected to perform and to become a hub for quality nursing education in the country/world.



Second session was conducted on Mission Niramaya by Dr. Vikas Bhaskar (Nodal officer, Mentorship program). Third session was conducted on Nursing Ecosystem and curriculum planning according to need and competency of profession which was conducted by Mr. Krishan Kant Tyagi (Section incharge, Mentorship Program) and Mr. Vikas Bhaskar. Fourth session was conducted on effective environment for teaching learning process in class, lab and clinical area by Mr. Kuldeep Singh(Nodal officer, Mentorship Program). Fifth session was conducted on effective use of audio-visual aids in classroom and clinical area by Mrs. Babita messay(Section incharge – mentorship program).

State Deaf and Dumb Orphanage, Mentally Retarded and Destitute Home Educational Tour

4 APRIL, 2024



The students of B.Sc. Nursing 4th year of the Faculty of Nursing, organized an educational tour under guidance of Professor Biji Biju, Dean Faculty of Nursing, the aegis of Mr. Devendra Singh (Demonstrator) and Mr. Pankaj Kumar Singhal (Demonstrator) to the Government Deaf and Dumb School in Agra and the orphanage run by Missionaries Charity, Mentally challenged and Nirashrit Grah Agra. In the tour, the students studied the educational problems of the students of the deaf and dumb school, teaching methods and educational techniques used for them. The students learned how the children here study, understand what people say, how training is given for this,

there was an opportunity to know all these things there. We tried and also visited the orphanage run by Missionaries Charity, which provides home, medical care, nutrition, rehabilitation of children with special needs, vocational training and education for lost/abandoned children.

VAC- Bioethics & Medical Law

4 APRIL, 2024

Department of Forensic Medicine & Toxicology, UPUMS, Saifai organized Value Added Course on 'Bioethics & Medical Law' from 02.04.2024 & 03.04.2024 for medical students. Total 31 medical students (MBBS students, Interns & PG students) registered for this Value Added Course. During this course following lectures & exercises were taking by faculty members of Department of Forensic Medicine & Toxicology led by HOD Dr. Puspendra Singh, Basic Information about Bioethics & Medical Law, Rights,



Privileges & Duties of a Registered Medical Practitioner, Rights and Duties of a Patient & Euthanasia, Professional Misconduct & their consequences Medical Negligence & its legal implications, Consent & its importance in Medical Profession, Legal & Ethical Aspects of Human & Animal Experimentation, Medical & Legal Aspects of Organ Donation & Transplantation, Legal Procedures in India & Recording of evidence in the Court of Law- Legal Procedures in India & Recording of evidence in the Court of Law, Medical & Legal Duties of a Doctor in a Suspected case of Poisoning-

Jaw Reconstruction - A Big Success

5 APRIL, 2024

For the first time in UPUMS Saifai, a complex surgery was performed on a 45-year-old patient (Mr. Pramod), who was suffering from jaw cancer for a long time, and his jaw was reconstructed through plastic surgery. This kind of complex surgery was done for the first time. Under the guidance of Honorable Vice Chancellor Prof. Dr. Prabhat Kumar Singh, two doctors from Patna AIIMS were contacted and along with the doctors of UPUMS Saifai this surgery was performed.

For this complex surgery, a team of Dr. Atul Saxena, Head of the Department of Plastic Surgery, Dr. Gaurav Jain from the Faculty of Dentistry, Dr. Manoj Yadav, Dr. Atit, Dr. Purva, from Anaesthesia department along with specialist doctors from AIIMS Patna Dr. Bina Kumari and Dr. Ansar-ul-Haq and the patient was successfully operated in the month of February (2024).

Dr. Atul said that the patient was suffering from jaw cancer and his jaw cancer was operated by the Oncology Department. After this, a part of the jaw was removed and a complex operation was done by plastic surgery to reconstruct the patient's jaw. In this operation, the bone and skin of the leg were removed and put in the jaw and the operation was done in this way by connecting fine blood vessels to the neck canals.



Groundbreaking Milestone in Laryngeal Cancer

7 APRIL, 2024

UPUMS Saifai achieves a groundbreaking milestone in laryngeal cancer treatment with a nine-hour surgery led by a team of ENT Specialists Dr. Sanjeev Yadav, Dr. Jitendra Chauhan, Dr. Neha Agrawal, Dr. Sarita Singh under guidance of HOD professor Abhay Kumar. From anesthesia team: Dr. Amit Kumar, Dr. Jay Prakash managed the case. The patient, suffering from advanced-stage cancer, underwent total laryngectomy, Rt Elective neck dissection, Total thyroidectomy, Partial pharyngectomy and neopharynx reconstruction, ensuring complete removal of cancer. This success underscores the institution's commitment to advanced care and surgical expertise.



“Walkathon” for “Basic Life Support Awareness”

7 APRIL, 2024

The Department of Anaesthesia of Uttar Pradesh University of Medical Sciences, Saifai, organized a “Walkathon” for “Basic Life Support Awareness” on 7th April 2024.

The event commenced with slogans and banners arranged in the vicinity of the trauma center where it caught the attention of common people. Dr. Vikram Singh Rathore Associate Professor in the Department of Anaesthesia spoke about the importance of knowing Basic life support for the General Public. The walkathon started with a green flagship by respected Vice Chancellor Dr. Prabhat Kumar Singh. It started from the Trauma center to the administration block, and finally, it ended at the OPD Complex main gate. During the Walkathon, Slogans for CPR awareness were called loudly to make general people aware of the importance of it.



Medanta Echo in Cardiology Today & Tomorrow

7 APRIL, 2024

Participation in conferences "Medanta Echo n Cardiology Today and Tomorrow" offers valuable opportunities for professionals in the Department of Cardiology Technology Faculty of Paramedical Sciences. The recent conference was held in Gurugram from 06-07 April 2024, delivered into the theme of "Unraveling the Complex Clinical Cardiovascular Conundrum." Scientific sessions covered a wide array of critical topics in cardiology, including hypertension, acute myocardial infarction, echocardiography, heart failure management, artificial intelligence applications, and lipid management.



Under the patronage of Dr. Naresh Trehan, the conference was organized. Attendees had the opportunity to earn 08 accreditation points from the Haryana Medical Council, indicative of the educational value provided by the conference.

Notable contribution by Dr. Jyotsana Singh, Sh. Manoj Kumar Bharti, and Sh. Dheeraj Kumar played active role as delegates, likely enriching the discussions with their insights and expertise.

Three Days Training on Ethical Issues and Use of Plagiarism in Research

12 APRIL, 2024



Dr. Vinay Gupta (Assistant Professor, Pharmacology) and Dr. Kamal Pant (Associate Professor, Optometry) received a three-day training on "Ethical Issues and the Use of Plagiarism Detection Tools in Research," organized by INFLIBNET, Gandhinagar, concluded successfully, bringing together researchers and academicians from various institutions of India. The event, held from 08 April 2024 to 10 April 2024, focused on enhancing awareness and understanding of research ethics and the effective use of plagiarism detection tools.

Hands-on workshops were provided to the participants with practical experience using various plagiarism detection tools, equipping them with the skills to identify and address potential issues in their work. Interactive discussions and group activities fostered a collaborative learning environment, encouraging participants to share experiences and strategies for ethical research conduct.

The Vice chancellor appreciated the effort of the Dr. Vinay Gupta and Dr. Kamal Pant for attending the training and representing the University on National Level.

" Virtual Walkathon Challenge "

12 APRIL, 2024



" Virtual Walkathon Challenge " was organised under the chairmanship of Prof. (Dr.) Somendra Pal Singh, President- IAPEN INDIA ETAWAH for promoting fitness and wellness in health. Among the Organizing team, the Organizing Secretary, Dr. Anuj Kumar and the Secretary- IAPEN INDIA Etawah Ms. Alka conducted the whole event. The target was to complete 10000 steps daily, and the challenge was open to everyone.

A total of 45 candidates participated in the event. Among the top three winners were Mrs. Sangeeta Singh, Dr. Uneza Husain and Dr. Amita Singh. Besides, among the senior citizen category Prof. (Dr.) Kamla Pathak and Shri. Balbir Singh (former Finance Officer, UPUMS) participation was commendable.

Release of e Newsletter Vol-2, Issue-1

13 APRIL, 2024



Our medical University celebrated the launch of our new e-Newsletter at a special release event attended by faculty, students, and staff. The e-Newsletter aims to enhance communication within our community by providing updates on research, events, and achievements. The event featured a presentation highlighting the e-Newsletter's user-friendly design and diverse content, including medical advancements, health tips, and student stories. Attendees expressed enthusiasm about the initiative's potential to keep everyone informed and connected. This new communication tool underscores our dedication to fostering a well-informed and engaged university community.

The Vice chancellor appreciated the effort of the Editorial committee, Dr. Vinay Gupta (Chief Editor), Dr. Reena Sharma (Associate Editor), Dr. Kamal Pant (Editor), Mr N. Sambian (Editor), Dr. Padmini Shukla (Editor) and Mr Abhishek Kumar, Student of MBBS batch 2021 (Co-Editor).

VAC - Human Rights and Gender Equality

13 APRIL, 2024



The Value Added Course on Human Rights and Gender Equality was conducted at the Faculty of Nursing by Ms. Sony Verma, Assistant Professor. The course aimed to foster a transformative process by providing knowledge, techniques, and tools to develop skills and change attitudes and behaviors regarding gender equality. Training served as a means to effect individual and collective transformation towards gender equality, raising awareness, and encouraging learning, knowledge-building, and skills development.

Lectures were delivered via both offline and online modes (Google Meet/Classroom). Upon completion of the 16-hour course, certificates were awarded to students with attendance exceeding 75%. Feedback gathered on the final day indicated satisfaction among all students with the course.

133rd Birth Anniversary of Dr. B. R. Ambedkar ji

14 APRIL, 2024

On the occasion of 133rd birth anniversary of Dr. B. R. Ambedkar ji, a blood donation camp and a tribute ceremony were organized on 14th April, 2024 by the Sports and Cultural Committee, UPUMS and the students of MBBS batch 2022 at Uttar Pradesh University of Medical Sciences, Saifai, Etawah.



A total of 51 volunteers donated their blood for a noble cause among whom were resident doctors, medical students, and staff members of the university. The blood donation camp was supported by the department of Blood Bank and Transfusion Medicine: Dr. Aditya Shivhare (Head), Dr. Jyotikala, Dr. Hitendra Mohan, and Dr. Shweta Chaudhary.



Afterwards the chief guest and other dignitaries were welcomed by students of MBBS batch 2022 in the auditorium. The tribute ceremony commenced with lamp lighting and Buddha Vandana. On this occasion, Prof. Dr. Adesh Kumar (Dean, faculty of Medicine) expressed his sincere reverence towards Dr. B. R. Ambedkar ji through his opening speech. Hon'ble Vice Chancellor Prof. Dr. Prabhat Kumar Singh sir underlined that commemorating this day is important for all of us in order to be grateful towards the people who gave India its new identity. Felicitation of the chief guest was done by organizing faculty members Prof. Dr. Sunil Kumar, Dr. Raj Mangal Yadav, Dr. Soniya Vishwakarma, Dr. Nisha Yadav and Dr. Mamta Rani through a shawl as a symbol of respect and a Buddha idol as a symbol of memory.



A talk - Cybercrime and Women Safety

18 APRIL, 2024



Department of Optometry organized one day program for slow, good and advance learners a talk on “A Talk on current scenario of cybercrime and women safety” This talk was conducted by Mr. Ashutosh Kumar “ACP” (Assistant Commissioner of Police) Kanpur Nagar. This talk was beneficial for the slow, good and advance learner’s students. All the optometry PG, UG & diploma students were participated in the program. During the program all the faculty members were present. ACP Ashutosh Kumar addressed the student about women safety and cybercrime. As per the report the use of computer technology to access personal information, harass, and exploit women through online platforms, causing mental and emotional distress. 98% of cybercrimes are carried out against women. Shri Kumar also focuses to avoid exchanging old mobile phones with new ones as data within it can be misused to harass the phone owner or others and commit other crimes including phishing

DISASTER MANAGEMENT: Quiz Competition

18 APRIL, 2024



An interdepartmental quiz competition was organized by Dr Shuchi Nigam and Dr Matendra Singh Yadav under the guidance of Head of Department Dr Usha Shukla. The quiz comprised of multiple rounds covering crucial aspects of Disaster Management.

A total of 9 teams of resident doctors from different departments as well as from MBBS students participated in the event. An elimination round based on MCQ questionnaire was conducted to select top 4 teams. There were further 3 rounds for these 4 teams. Winners of the event were Dr Amrendra (orthopaedics) and Dr Gaya Deen (orthopaedics), first runner up Dr Mitra Bhushan (intern) and Bhumika Yadav (MBBS, batch 2021), second runner up were Dr Kapil Kumar and Dr Ayush Kumar Pandey.

“Preparing of Video Lecture Content” : Training

19 APRIL, 2024



Faculty of paramedical has organized one day training session “Preparing Video Lecturer Content” for the faculty members of Paramedical sciences. The training session was conducted by Mr. Sembian N NAAC Criteria Head II at council hall Faculty of paramedical sciences. The main objective of the this session to trained the faculty members for Preparing Video Lecturer Content in teaching learning system & videos can also give students clarity about the course structure and expectations provide a way for learners to see and hear information more dynamically and engagingly than traditional text-based materials. Total 20 Faculty members were trained for how to prepare the video content.

CME- Nasal Bleeding (Epistaxis) - Alumni Lecture

19 APRIL, 2024

In continuation of CME programme of Emergency Medicine & Trauma Deptt Guest lecture on topic Epistaxis (Nasal Bleeding) was taken by Dr. Pramod Yadav (Alumni of UPUMS, Saifai) Associate Professor at Govt. Medical College, Azamgarh,UP.

In this lecture he told that Epistaxis can be due to local and systemic causes. Local causes includes any injury due to nose pick , high attitude environment or crustation. Systemic causes includes hypertension, viral illness(viral rhinitis) etc. He also told that during management of a patient with epitaxis, first patient should be consoled that every thing will be all right then proper treatment should be initiated. As told by Dr.Pramod in management of Epistaxis, nasal packing can be done. He told that nasal packing is of two types anterior and posterior nasal packing. Nasal packing can be done with the gauze piece by the help of forceps. In some emergency cases foleys catheter can be inserted in the nose and inflated there to stop nasal bleeding.



Medical Education Workshop-BCME

19 APRIL, 2024



The MEU (Medical Education Unit) workshop conducted under the esteemed guidance of Honorable Vice Chancellor Dr. Prabhat Kumar Singh at UPUMS Saifai marks a significant milestone in the realm of medical education. This workshop was observed by Dr. Shipra Tripathi (NMC Observer from the Regional Centre). It was led by a distinguished team of resource faculty, including Dr. Adesh Kumar (Dean), Dr. Ravi Ranjan (MEU Co-ordinator), Dr. N. N. Shrivastava, Dr. Dhiraj Sirivastava, Dr. Sanjeev Kumar Singh, Dr. Urvashi Yadav, Dr. Soniya Vishwakarma, Dr. Durgesh Kumar, Dr. Gagan Deep Kaur, Dr. Reena Sharma, Dr. Monika Srivastava, Dr. Adil Rahman, Dr. M. A. Khan, Dr. Jay Brijesh Singh Yadav, Dr. SPS Gill, Dr. Vijay Kumar Verma, Dr. Amit Singh and a cadre of seasoned educators.

Throughout the three-day program, participants were immersed in a dynamic blend of lectures, interactive sessions, and hands-on workshops, all tailored to equip them with the tools and techniques needed to excel in the modern educational landscape. From leveraging digital technologies for enhanced learning experiences to honing communication skills essential for effective patient interaction, every aspect of medical education was scrutinized through a lens of innovation and excellence.

One of the hallmarks of the workshop was its emphasis on experiential learning. Participants were encouraged to step out of their comfort zones and engage in simulated teaching scenarios, where they could apply newfound strategies in a safe and supportive environment. These simulations not only reinforced theoretical concepts but also instilled confidence and adaptability—an essential attribute for educators navigating the complexities of medical training.

Moreover, the workshop served as a platform for networking and collaboration, fostering a sense of camaraderie and community among participants. By empowering educators with the tools and knowledge needed to excel in the modern educational landscape, it paved the way for a new generation of healthcare professionals who are not only technically proficient but also compassionate, communicative, and committed to lifelong learning. As participants returned to their respective departments, they carried with them the torch of innovation, ready to inspire and empower the next generation of medical professionals.



UPCOG2024 UP State Conference

20 APRIL, 2024

UPCOG 2024 UP State Conference was organised in Bareilly in which Department of Obstetrics and Gynaecology of UPUMS Saifai has participated, Prof Dr Kalpana Kumari was invited as a faculty Judge for paper presentation and panelist in Panel for Hypertensive Disorders of Pregnancy(HDP). Dr. Shalini Singh was also invited in the same panel as panelist. Highlight of the conference was High Risk Pregnancy. Also the Junior residents from Dr. Monica Yadav, Dr. Rifqua Quadir, Dr. Pallavi participated in quiz and poster competition.



Earth Day Celebration

22 APRIL, 2024

Faculty of Nursing celebrated cultural programme on Earth Day under guidance of Dean Professor Biji Biju. On this occasion various cultural programme organized by students in community and in faculty of Nursing. Students participated with great joy in Essay, Rangoli, Speech competition and best of waste



Exhibition. Guest and judges were invited from various other departments of university. Dr Padmini Shukla Asst.professor Mrs Mamta Katiyar DNS and Mrs Bandhu Devi DNS consented the invitation.

All ANM, GNM and BSc Nursing students participated in various programme of their choice. Students presented their thoughts by various programme regarding EARTH DAY and how to save our earth by using various measures for preventing pollution. Judges evaluated all programmes and announced the winners.

National Conference - PARACON 2024

24 APRIL, 2024

On 24 April 2024, the National Conference on Allied Health Care was organized successfully at Uttar Pradesh Medical University Saifai Etawah, Uttar Pradesh, India. The Chief Guest of this conference was Professor Dr Prabhat Kumar Singh, Honourable Vice Chancellor, Uttar Pradesh Medical University Saifai, Special Guest were Professor Dr Rajendra Prasad, Former Director RIMS & R Saifai, Professor Dr Ramakant Yadav, Professor Dr Aadesh Kumar, Professor Dr SP Singh, Professor Dr Chandraveer Singh and Dr Jitendra Prasad Mathuria,



Dr. Arun Kumar Rajput, Padmavati Dehuri, State President, Women's Council, RSP Odisha, more than 10 colleges/universities have participated in this conference. All the Faculty member of Paramedical Sciences and hundreds of participants have participated and benefited in the field of education through the keynote speakers in Scientific Research Allied Health Care. Dr. Vijay Kishore Chakraborty, Organizing Secretary has said that it took about a year to organize this conference, we hope that this conference will prove beneficial for all allied health. It will happen and the students of Allied will get to learn a lot in the field of education. The National Conference Paracon 2024 has been successfully organized in collaboration with Uttar Pradesh Medical University Saifai and Rashtriya Samaj Seva Parishad, Indian Society of Radiographer Technology.



Book Release- "Principles of Exercise Therapy"

25 APRIL, 2024



We are delighted to announce the release of our latest book series, "Principles of Exercise Therapy," published under the esteemed CBS Publisher & Distributors Pvt Ltd. It is with great privilege that we acknowledge the gracious blessings bestowed upon us by our Honourable Vice Chancellor, which significantly enriches this endeavour.

This book offers comprehensive coverage of recent advancements in exercise therapies, presented in an easily understandable format tailored for both students and professionals.

This series follows our other popular books like "Clinical Assessment Skills for Physiotherapists," "Principles of Electrotherapy," and "Physiotherapy in Neurological Conditions," which have been best-sellers on Amazon. Our books are now reaching even more readers around the globe with translations available in multiple international languages. This book is a team effort by Dr. Gowri Shankar Potturi (Head of Department), Dr. Neha Dubey, Mr. K.B Ranjeet Singh Chaudhary, and Mrs. Anjali Agarwal, whose collective expertise and dedication have been pivotal in shaping these books.

Dr. Anamika Singh - Mrs VogueStar India 2024

26 APRIL, 2024

In an evening of glamour and glitter, Dr. Anamika Singh, from Uttar Pradesh's Etawah, a Professor, a Doctor and a Sleep expert by profession at Uttar Pradesh University of Medical Sciences, Saifai, Etawah, has made waves in the world of beauty pageants by clinching the prestigious 'Mrs VogueStar India 2024 (Etawah) (G-2)' title in Jaipur on 13 April 2024.

Representing Etawah with grace and confidence, Dr. Anamika Singh captivated the judges and audience with her charm, poise, and intelligence. Her remarkable journey from the homemaker at home, a medical teacher in classroom and a doctor in hospital to the runway reflects her versatility and determination to excel in diverse fields.

Hon'ble Vice Chancellor, UPUMS, Saifai- Prof. (Dr.) Prabhat Kumar Singh congratulated and felicitated Prof. (Dr.) Anamika Singh for the achievement and conveyed his best wishes for the future. Dr. Anamika told that VogueStar is a fraternity of women that organizes national-level beauty pageants in India. As a platform, it offers an inclusive space for women where they can create unique identities for themselves without compromising on their individualities.



CME- Hypertensive Disorders of Pregnancy

26 APRIL, 2024

The Department of obstetrics and gynaecology under event no UPUMS 2024E-112 has organized a CME and Panel discussion under guidance of Head of the Department Prof Dr Kalpana Kumari. For the CME there was a guest lecture given by Dr Sapna Singh Head of the Department Obstetrics and gynecology Kannauj Medical College, who gave her talk on Sudden Fetal Death.



There was a panel discussion on Hypertensive disorders of pregnancy which was moderated by Dr Pragati Divedi and Dr Soniya Vishwakarma and the Chairpersons were Prof Dr Kalpana Kumari, Prof Dr Urvashi Singh and Prof Dr Sapna Singh. The panelists were Dr Nupur Mittal, Dr Shalini Singh, Dr Anuradha, Dr Akanksha Sharma and Dr Namita Doharey. The scientific event was attended by all the residents. This was intended to impart the knowledge about one of the most common preventable cause of maternal mortality and morbidity that is Hypertensive disorders of pregnancy.

'Medical Certification of Cause of Death' : Training

29 APRIL, 2024

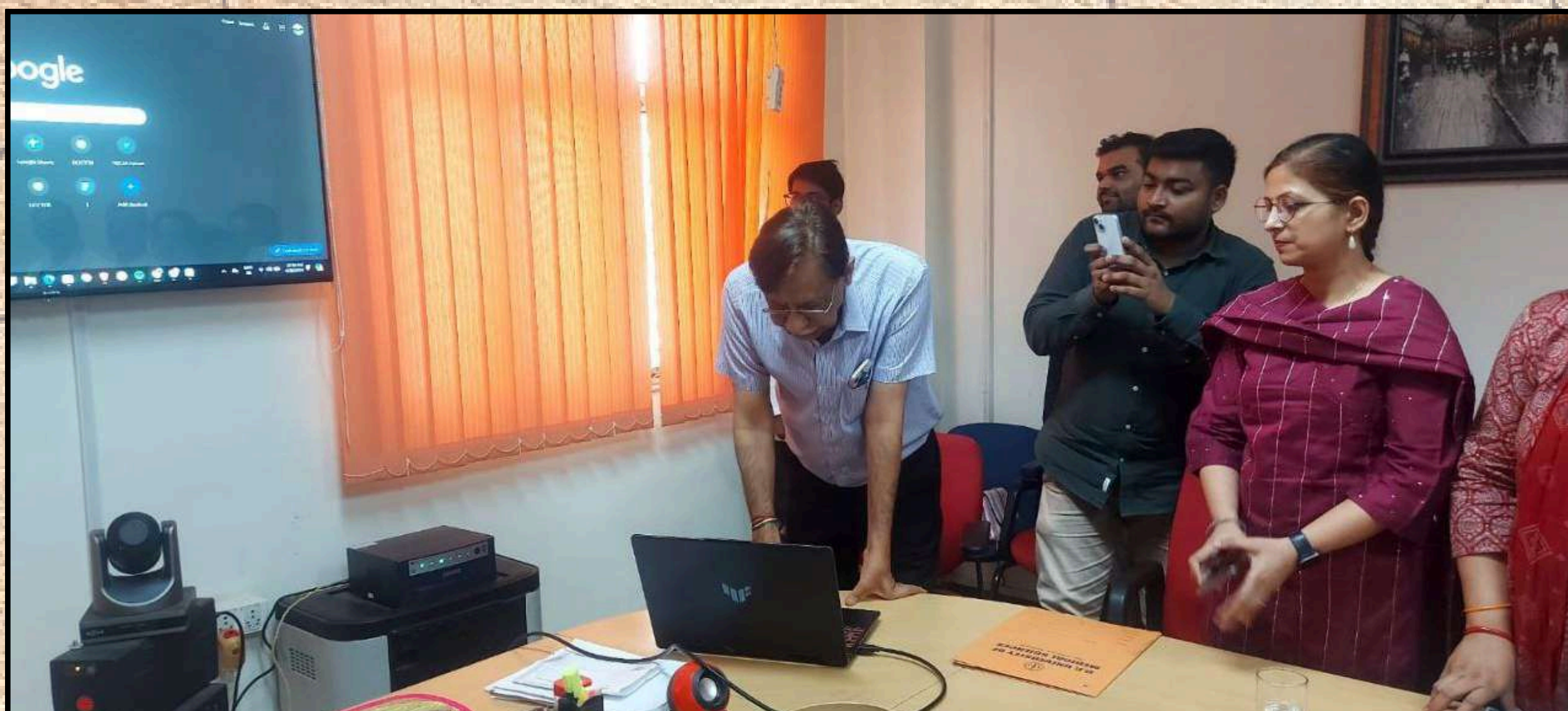
Event No. UPUMS 2024 E- 117. Department of Forensic Medicine & Toxicology organized Institutional Training program on 'Medical Certification of Cause of Death (MCCD)' on 29th April 2024 under patron of Dr. Prabhat Kumar Singh, Hon'ble Vice-chancellor, UPUMS, Saifai. The organizing chairperson of this training program was Dr. Puspendra Singh, Professor & Head, Organizing secretary was Dr. Vedant Kulshrestha, Assistant Professor, and Co-Organizing secretary was Dr. Avinash Kumar, Assistant Professor from department of forensic medicine and toxicology. More than 100 participants including Faculty



Members, Residents, MBBS Interns, Medical record officers, & data entry staff from medical record department participated in this training program. This was followed by a lecture on Legal aspects of Death Certification by Dr. Puspendra Singh, then orientation class, group activities & discussion on exercises related to Medical Certification of Cause of Death (MCCD) by Dr. Vedant Kulshrestha and concluded with vote of thanks by Dr. Avinash Kumar.

Hoisting of New Website

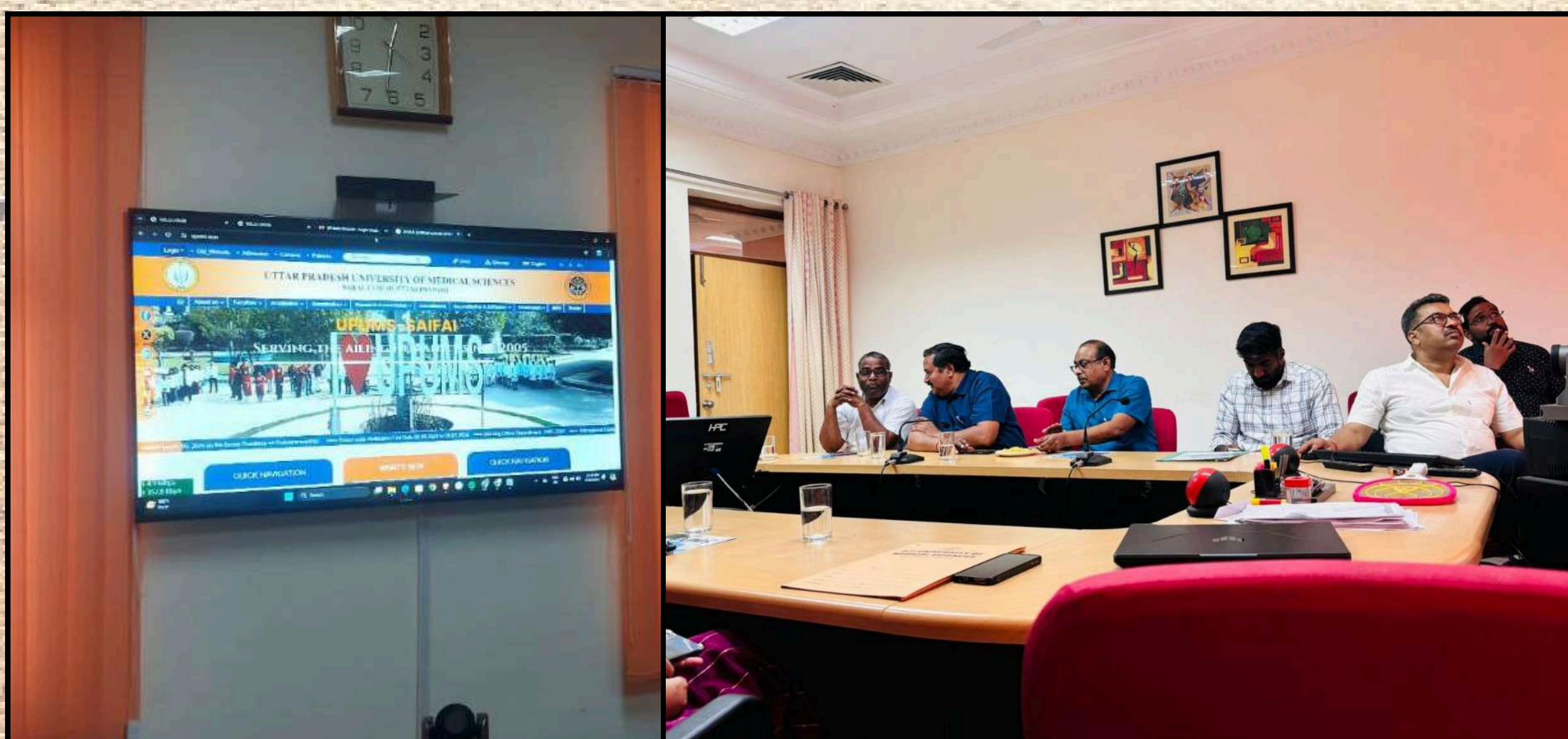
30 APRIL, 2024



Today, our University proudly unveiled its newly redesigned website, setting a new standard for digital excellence in medical education. The newly designed website was hoisted by Hon'ble Vice Chancellor of the UPUMS Prof. (Dr) Prabhat Kumar Singh. The launch event, attended by faculty, students, and alumni, showcased the website's sleek design, intuitive navigation, and comprehensive resources. Key features include an updated faculty directory, a robust research database, and interactive tools for prospective students. Live demonstrations highlighted the seamless integration of online learning platforms and enhanced patient care information.

The website aims to foster greater engagement, streamline information access, and support our mission of advancing medical knowledge and practice. Attendees praised the user-friendly interface and the platform's potential to enhance academic and clinical collaboration. This new digital presence is a testament to our commitment to innovation and excellence in medical education and healthcare.

The Vice chancellor appreciated the effort of the website committee Dr. Sushil Shukla(Professor, Community Medicine), Dr. Vinay Gupta (Assistant Professor, Pharmacology) and Dr. Pramod Kumar (Assistant Professor, Faculty of Nursing).





May 2024



World Asthma Day 2024

7 MAY, 2024

World Asthma Day 2024 was celebrated by the department of Respiratory Medicine. The Global Initiative for Asthma, (GINA) a World Health Organization collaborative organization founded in 1993. It is held every year on first tuesday of May to raise awareness of Asthma worldwide. The theme of this year world asthma day is " Asthma Education Empowers " So the everyone should educated about Asthma specially who suffering from asthma that how they control their asthma, manage at home, proper technique to take inhalers and when they should visit to doctor for treatment.

The prevention from allergens is the main things to control asthma and inhaler are first line therapy of Asthma. Pt. Should take properly and regularly take inhalers advised by doctors to control asthma and have a good quality of life.



TB C & DST Laboratory- Accreditation

8 MAY, 2024



The TB C&DST Laboratory at UPUMS Saifai has achieved accreditation for the performance of SL LPA (Second Line Line Probe Assay) for the detection of resistance against second-line drugs. This accreditation marks a significant milestone in commitment to enhancing TB diagnostics and improving patient care. With this achievement, UPUMS is now equipped to conduct molecular testing using the Line Probe Assay method, ensuring quicker and more accurate results for detecting drug resistance. Our dedicated team at UPUMS Saifai TB C&DST Lab is now ready to continue providing high-quality diagnostic services to support the fight against tuberculosis. The Vice Chancellor congratulated Prof. Dr. Amit Singh (Nodal Officer C&DST lab), Prof. Dr. Adesh Kumar (Dean and HOD Respiratory Medicine) and Dr. Ashish Kumar Prof. Respiratory Medicine for this note worthy achievement.

The Vice Chancellor also congratulated everyone involved in accomplishment, for accreditation process.

Malaria Awareness Program

10 MAY, 2024



Department of Community Health Nursing, Faculty of Nursing conducted Malaria Awareness programme on 10 May 2024 for celebrating World Malaria Day in village Nagla Subhan, Saifai, Etawah UP under guidance of Professor Biji Biju, Dean Nursing and Dr. Vikas Bhaskar, Head of the Department, Community Health Nursing. On this occasion various presentations and health education.

sessions were taken by the students of B.Sc. Nursing 5th semester in community area and primary school at village Nagla Subhan of Etawah district. Students used various handmade charts, flash cards etc for effective and pictorial understanding of villagers and school students. Health education on Malaria, its causes, treatment and preventive measures were taught to all the recipients. They were also given information about the importance of mosquito net, DDT/kerosine spray and environmental hygiene.

3rd KGMU PGICL

12 MAY, 2024



Faculty and Residents from the Department of Orthopaedics UPUMS, Saifai, Etawah, participated in 3rd KGMU PGICL, held on 11-12 May 2024 at KGMU Lucknow. Prof(Dr.) Sunil Kumar- HOD, Dr. Ajay Kumar Rajput (Associate Professor) along with all 3rd year Residents Dr. Sohan, Dr. Amrendra, Dr. Arvind, Dr Ashwini & Dr. Gaya Deen represented the dept. of Orthopaedics in this event.

Prof Dr. Sunil Kumar Moderated Long & Short case presentation for Residents & taught many more things, Tips & Tricks related to case presentation to the Residents.

Dr. Ajay Kumar Rajput also moderated long & Short Case presentation & taught about how to take proper history & Examinations. He had also taken Lectures on Ward Round which was very fruit-full for MS & DNB residents.

International Nurses Day

12 MAY, 2024

Uttar Pradesh Medical University Saifai celebrated International Nurses Day with a vibrant festival featuring cultural and sports activities, along with a variety of colourful programs. The event was inaugurated by the Honourable Vice Chancellor, Prof. Dr. Prabhat Kumar Singh, with a lighting ceremony and a cake-cutting event held in honour of Florence Nightingale, the "Lady with the Lamp." This celebration highlighted the university's commitment to honouring the nursing profession and its contributions to healthcare.



Honourable Vice Chancellor Prof. Dr. Prabhat Kumar Singh expressed that the Nursing Staff has also played an important role in the recent critical surgery (Plastic Surgery and Paediatrics Department) held in the University. He expressed heartfelt gratitude to all for the way the nursing officers and staff participated and displayed their talent to make the celebration successful .



On this occasion, the Nursing union organised a thrilling badminton tournament. The event aimed to promote a healthy lifestyle and camaraderie among nursing professionals. The tournament was graced by the presence of esteemed guests, Dean of Nursing, Prof. Biji Biju, and Chief Nursing Officer (CNO), Mrs. Lovely James. Their support and encouragement added prestige to the event.

School Health Programme

14 MAY, 2024

Department of Community Health Nursing, Faculty of Nursing organized a School Health Programme and Health Camp on 14 May 2024 in Primary School of village Nagla Subhan, Saifai, Etawah UP, under guidance of Professor Biji Biju, Dean Nursing and Dr. Vikas Bhaskar, head of the department, Community Health Nursing. On this occasion various stations were prepared for observing and measuring the different parameters of health. Presentations and health education sessions were also taken by the students of

BSc.Nursing 5th semester. These stations include Registration, Identification History, Height/ weight measurement, Temperature/Pulse/Respiration/ Blood Pressure measurement, health education station etc. Students used various handmade charts, flash cards etc for effective and pictorial understanding of school students.



Care of Burn Patient and Legal Implication of Dying Declaration”

15 MAY, 2024

The Department of Forensic Medicine and Plastics Surgery organised a CME focused on two pivotal topics: the reasonable due care of burn patients and the legal implications of dying declarations. In the session Dr. Atul Saxena (Assistant Professor Plastic Surgery) emphasize the importance of immediate and appropriate medical intervention to manage burns effectively, covering aspects such as wound care, pain management, infection prevention, and rehabilitation. Best practices for ensuring



holistic care and the latest advancements in burn treatment were discussed to enhance patient outcomes.

In the second part of the CME Dr. Pushendra Singh (Prof. and Head, Forensic Medicine) addressed the legal intricacies surrounding dying declarations. Legal experts elucidated the conditions under which a dying declaration is admissible in court, highlighting its significance in medico-legal cases. The session detailed the criteria for a valid dying declaration, emphasizing the need for healthcare professionals to document such statements meticulously and ethically.

National Dengue Day

16 MAY, 2024

National Dengue Day was celebrated by the Department of Microbiology, Uttar Pradesh Medical University, Saifai at Community Health centre Saifai, Etawah.

Occasion was graced by the presence of Professor and Head of Deptt. of Microbiology, Dr. Rajesh Kumar Verma. Other faculty of Deptt. of Microbiology Dr. Uneza Hussain (Assistant Professor), Dr Sanchi Kashyap (Assistant Professor), Dr. Radhika Chaudhary (Assistant Professor), Dr. Nidhi Yaduvanshi (Assistant Professor), Dr. Gargi Upadhyaya (Assistant Professor) and residents .



It is held every year on 16th of May . The day is celebrated to raise awareness about Dengue and how to avoid it. Patients were educated by Faculty members and Residents about symptoms of Dengue, danger signs, preventive measures and when they should visit doctors for treatment .

KNEE UPDATE- 2024: Conference

16 MAY, 2024



Dr. Ajay Kumar Rajput (Associate Professor Department of Orthopaedics), had actively participated in KNEE UPDATE-2024 (Knee Arthroplasty, Arthroscopy & Injuries around knee). This conference was organised by Department of Orthopaedics, S.N. Medical College Agra & Agra Orthopaedics Society (AOS), at Hotel Royal Reagent Agra. In the conference Dr. Ajay Rajput share his Knee Arthroplasty Work & experience among Arthroplasty surgeons .

CME - Wound Management

19 MAY, 2024



Saifai, Uttar Pradesh, India
XX66+X6C, Saifai, Lachwai, Uttar Pradesh 205264, India
Lat 26.962502°

2nd CME on wound management in Orthopaedics organised by the Department of Orthopaedics UPUMS Saifai Etawah under guidance of Dr Sunil Kumar (HOD) and organised by Dr Ajay Kumar Rajput (organising secretary).

The PG students and faculty members were trained and knowledge was imparted on

Various topics like aspects of wounds, healing process, etiopathogenesis, classifications, management, treatment, various modalities and different chemical and biological dressings available. The proceedings were moderated by Dr Dinesh Kumar (Additional Professor), Dr Ankit Mittal (Addition professor) and Dr Ravikant (SR) and Lectures with practical application were taken up by Dr Rajeev Kumar (Assistant Professor) Dr Pradeep Kumar Gupta (Associate professor) and the organising secretary Dr Ajay Kumar Rajput (Associate Professor) improving the Daily Orthopaedics wound management skills.

Gold Medal for MD

19 MAY, 2024



Dr Dharendra Kumar Singh (Assistant Professor Department of Physical Medicine & Rehabilitation PMR) UPUMS, Saifai, was invited in convocation of MD\MS 2018 batch, by VMMC & Safdarjung Hospital New Delhi at Dr Bhim Rao Ambedkar International Centre. Dr Dharendra Kumar Singh have been awarded by Gold Medal for MD in PMR.

Emergency Medical Service Provider day

22 MAY, 2024



Department of Emergency and Trauma, (Faculty of Medicine) organised Emergency Medical Service Provider day on 22nd May in lecture hall at trauma center UPUMS. In this event, Dr (Prof) Prashant Mishra HOD emergency told that in management of trauma patients need of emergency medical services provider like our doctors, nursing staff

paramedical staff, EMT technician, ward attendant, Ambulance drivers and UP police play a pivotal role. On this occasion, MS Dr (Prof) SP Singh told the basic points in the management of trauma patients at the scene site. On this occasion, medical officer, non-PG JRs, Nursing staffs, security guards, Lab technicians, Ward attendants, MTS staff, 108 Ambulance drivers, UPEIDA service personal and police chowki incharge were felicitated by Medical Superintendent Professor SP Singh and HOD Prof. Prashant Mishra.

The Department of Emergency and Trauma Care Technology, Faculty of Paramedical Sciences also celebrated Emergency Medical Service Provider Week with great enthusiasm and dedication. The programme was begun with “Saraswati Vandana” and motivational Speech by Dean, Faculty of Paramedical Sciences. The celebration featured active participation by students of Diploma in Emergency and Trauma Care Technology 2021, 2022 & 2023 Batch. They showcased their talent and knowledge through various competitive programs such as, Intradepartmental Seminar, a quiz competition, a poster competition and a Rangoli Competition. These activities not only highlighted the creative and intellectual capabilities of the students but also emphasized the importance of emergency medical services.

Dr. Jyotsana Singh, the Head of the Department, Mr. Virendra Singh, Faculty Member & organizer of the program, and Mr. Pawan Kumar, a faculty member, delivered insightful lectures related to emergency medical services. Their speeches focused on the critical role of emergency responders and the latest advancements and challenges in the field. Hands on Training on CPR and Emergency Transportation Methods are provided to all students.



World Menstrual Hygiene Day

28 MAY, 2024



On the occasion of World Menstrual Hygiene Day, an awareness talk on menstruation and hygiene management was organized at the Urban Health Training Center on Tuesday under the direction of Professor Dr. PK Jain, Head of Community Medicine Department, UPUMS. Assistant Professor of Community Medicine Department, Dr. Sugandhi Sharma said that it is important to break the myths related to menstruation because menstruation is not a disease or problem, it is a biological process and an integral part of womanhood, that is why socially during the days of menstruation, adolescents and women should not go to a separate bed or kitchen and other myths have to be broken. He said that the purpose of celebrating this day on 28 May is that the menstrual cycle is of 28 days and it lasts for 5 days, so that is why the 5th month has been chosen. Dr Sugandhi told the teenagers and women that they should take special care of cleanliness during menstruation and keep the genital organs clean and use better quality pads available at very low prices at Jan Aushadhi Kendra during menstruation and wash hands thoroughly with soap after changing the pad and in case of pain or irregular menstruation, consult a doctor.

4th Apollo Annual Proton Practicum

30 MAY, 2024

Dr. Atul Mishra, Assistant Professor (Medical Physics), Department of Radiation Oncology, recently concluded the esteemed AROI Medical Physics Fellowship under the guidance of Dr. Dayanand Sharma, Professor and Head, Department of Medical Physics at Apollo Proton Cancer Centre (APCC), Taramani, Chennai.



Dr. Atul Mishra contributed to this vibrant exchange of knowledge by delivering a talk on "Analysis of different factors influencing the gamma passing rate in patient-specific quality assurance for intensity modulated proton therapy" to the Department of Medical Physics at Apollo Proton Cancer Centre, Taramani, Chennai. His presentation underscored the critical importance of individualized quality assurance in advancing proton therapy, marking a fitting conclusion to his fellowship experience.

Analytical Skill Development : VAC

30 MAY, 2024

A value-added course on "Analytical Skill Development" was successfully conducted at the Faculty of Paramedical Sciences, UPUMS, Saifai. Dr. Neha Dubey, Faculty from the Department of Physiotherapy at FPS UPUMS, Saifai, Etawah, served as the VAC Course Coordinator. A total of 60 students were registered for the course via an online platform. The course was accommodated according to the student availability and scheduled across 6 days, with sessions ranging from 2-3 hours. It comprised of PPT presentations, interactive activities including self-made video presentation, problem-solving quizzes, brainstorming sessions, and hands-on activities. Certificates were awarded to students with over 80% attendance, signifying successful completion. The course significantly augmented student's analytical, critical, and logical thinking skills, facilitating their application in personal, professional, and workplace settings.





सुखे २०२४



Outcome Analysis in Patients with Severe Traumatic Brain Injury

1 June, 2024



Dr Mohd Faheem (Professor and Head, Department of Neurosurgery, UPUMS, Saifai) delivered an insightful oral presentation entitled “ Outcome Analysis in Patients with Severe Traumatic Brain Injury (GCS < 8): An Institutional Study” at a conference in Bangkok, Thailand. His talk focused on a comprehensive institutional study assessing the outcomes of patients who suffered from severe traumatic brain injuries,

characterized by a Glasgow Coma Scale (GCS) score of less than 8 in rural setting of North India.

Dr. Faheem detailed the methodology, which involved an analysis of patient records over 2 years period, examining various factors influencing recovery and survival rates. He emphasized the importance of early intervention, the role of advanced neuroimaging techniques, and the effectiveness of multidisciplinary treatment approaches. Key findings highlighted that timely surgical intervention and intensive care management significantly improved patient outcomes.

Operation Theatre Technology : Symposium

2 June, 2024

Faculty and Resident from the Department of Orthopaedics UPUMS, Saifai, Etawah, participated in Symposium on Foot & Ankle, held on 2nd June 2024 at Agra. This Symposium was organized by Agra Orthopaedic Society and Department of Orthopaedics S.N. Medical College. Prof.(Dr.) Sunil Kumar chaired the session for various lectures & Case based discussion in foot & Ankle symposium. Dr. Ajay Rajput delivered his talk on ANKLE ARTHRODESIS & share his knowledge & experience with the delegate.



World Environment Day

5 June, 2024

World Environment Day, 5th June, 2024 was celebrated by the department of Microbiology, Uttar Pradesh University of Medical Sciences, Saifai, Etawah. Every year 5th of June is celebrated as World Environment Day to pause, reflect and take action to protect our amazing planet. Occasion was graced by the presence of Honorable Dr. Rungmei SK Marak (Professor & Head Deptt. of Microbiology, SGPGIMS, Lucknow), Dr. Hariom (Professor & Head, Deptt of Microbiology, ASMC, Firozabad), Dr. Adil Raza (Professor, Deptt of Microbiology, JNMC, Aligarh), Dr. Ashutosh Srivastav (H.O.D. of Microbiology, MG Medical college, Indore)

All the faculty members of Dept of Microbiology, UPUMS Saifai actively participated. This day is celebrated to encourage awareness and environment protection. This year 2024, Theme of World Environment Day says, Land restoration, Desertification & Drought resilience.



Operation Theatre Technology

5 June, 2024



Student awareness program for operation theatre technology and world environment day was successfully conducted in Department of Operation Theatre Technology, Faculty of Paramedical Sciences, UPUMS dated 5th June 2024 in examination hall.

The topics covered under awareness program include (1) Bio-medical waste management (2) Introduction of anaesthesia machine (3) Anaesthesia accessories (4) C-arm machine (5) Suturing pattern (6) Laparotomy instruments (7) Endoscopic instruments (8) ECG abnormalities. E-certificates were provided to all the speakers. The students of Operation Theatre Technology, Cardiology Technology, Dialysis Technology, Emergency and Trauma care Technology, Blood Transfusion Technology actively participated in this program.

International Otology Workshop

6 June, 2024



The recent International Otology Workshop (IOW) organised at Bombay Hospital, Mumbai, witnessed remarkable participation from UPUMS Saifai. Dr. Sanjeev Yadav (Assistant Professor) and Dr. Rohini Yadav (Senior Resident) of the Department of ENT, represented the University with notable contributions. Dr. Sanjeev Yadav captivated the audience with his

presentation on the "Anterior Tunneling Method in Underlay Tympanoplasty: A Comprehensive Analysis of Surgical and Hearing Outcomes." His session included detailed discussions and surgical video demonstrations, emphasizing the method's efficacy in enhancing surgical precision and improving hearing outcomes.

Endoscopic Thyroidectomy

8 June, 2024

The Department of Endocrine Surgery at UPUMS, Saifai performed an Endoscopic (scarless) thyroidectomy. The team comprising of Dr Ganesh Bhat (AP), Dr Rizhin Sooraj (AP), Dr Sanchi (JR) and Dr Himalaya (intern) with support from anaesthesia team (Dr Matendra, Dr Pooja and Dr Thamarai Kannan) and Dr Hitesh Sarda from department of Gastrosurgery managed the case. This surgery gives excellent cosmetic outcomes to those young women who want to avoid the stigma of a neck scar.



Artificial Intelligence in Health Care Trends : Release of Book Chapters

8 June, 2024



The release event for the Book Chapters "Artificial Intelligence in Health Care Trends" was a resounding success, held on 8th June 2024 at the office of the Hon'ble Vice Chancellor. This book is published by most reputed publishing house of United Kingdom, the Lambert Publishers. The event was begun with a warm welcome and introduction by the author Dr. Vinay Gupta (Assistant Professor Pharmacology) setting a positive tone for the proceedings. The Hon'ble Vice Chancellor, Prof (Dr) Prabhat Kumar Singh, delivered the opening remarks, emphasizing the importance of integrating AI into health care to revolutionize patient care and

medical research and he also appreciated the effort of the authors. The book is available on various e-commerce like Amazon and Kindle with price of 84.90 Euro (Rs. 7679.00).

The highlight of the event was the presentation of the chapter's by authors, Dr. Vinay Gupta (Assistant Professor Pharmacology), Dr. Amit Singh (Professor Microbiology) and Ms. Anchal Gupta (Demonstrator, Nursing Faculty) who provided a comprehensive overview of the latest trends and advancements in AI applications within the health care sector.



Success on Esophageal Strictures

10 June, 2024



The department of Surgical Gastroenterology at UPUMS, Saifai performed the University's first esophagectomy with gastric pull up for a post corrosive esophageal stricture.

The team comprising Dr Bharat Sangal (Assistant Professor) and Dr Abhishek Gautam (Assistant Professor) with support from Anesthesia team under Dr Prashant Mishra and OT staff managed the case.

World Blood Donor Day

14 June, 2024



On World Blood Donor Day, a blood donation camp will be organized in Medical University and District Hospital on Friday under the joint aegis of Amar Ujala Foundation, District Hospital and Medical University. World Blood Donor Day is celebrated every year on 14 June. This time the camp is being organized in the Blood Bank Department of Medical University along with the Blood Bank of District Hospital.

The camp organised at the Medical University was inaugurated by the Chief Guest Vice Chancellor Prof. Dr. Prabhat kumar Singh and Medical Superintendent Prof. Dr. SP Singh. At the District Hospital, the camp was inaugurated by the Chief Guest DM Avnish Rai and SSP Sanjay Kumar Verma, CDO Ajay Kumar Gautam, CMO Dr. Geetaram, CMS of District Hospital Dr. MM Arya.

International Yoga Day

21 June, 2024



International Yoga Day is celebrated on June 21st each year. This day was established by the United Nations General Assembly in 2014, following a proposal by honourable Prime Minister shri Narendra Modi. The date was chosen because it is the longest day of the year in the Northern Hemisphere and holds special significance in many parts of the world.

The primary aim of International Yoga Day is to raise awareness about the numerous benefits of practicing yoga. Yoga, an ancient physical, mental, and spiritual practice originating in India, promotes holistic health and well-being. It encompasses various postures (asanas), breathing exercises (pranayama), and meditation techniques, which together help in enhancing physical fitness, mental clarity, emotional stability, and spiritual growth.

Each year, International Yoga Day is celebrated with events and activities organized worldwide, including mass yoga sessions, workshops, and educational programs. These events often highlight the theme set by the United Nations, focusing on different aspects of yoga and its relevance to contemporary issues, such as health and wellness, sustainability, and peace. By celebrating International Yoga Day, the global community acknowledges the universal appeal of yoga and its potential to foster a healthier and more harmonious world.



UPUMS cricket League



खूबसूरती के साथ आत्मविश्वास को भी बढ़ाती है प्लास्टिक सर्जरी

जानें, इटावा : कई बार देखा जाता है कि बच्चे अंगों की विकृति लेकर जन्म लेते हैं। इसमें नाक का छेद छोटा होना, कान का नहीं होना, अंगुलियों का घिपका होना या फिर कटे-फटे हाँठ और तालु आदि होना होता है। ऐसी समस्याओं से सर्जरी से निजात मिल सकती है। बच्चा जब छोटा होता है तो छोटी सर्जरी चिकित्सकों द्वारा की जाती है। आज के इस दौर में सुंदर दिखने के लिए लॉग प्लास्टिक सर्जरी की ओर आकर्षित हो रहे हैं। यह सर्जरी खूबसूरती के साथ आत्मविश्वास को भी बढ़ाती है। यह बात सुधवार को दैनिक जागरण कार्यालय में आयोजित हेल्थ डाक्टर कार्यक्रम के तहत उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय

हेल्थ डाक्टर



हेल्थ डाक्टर कार्यक्रम में पठक के रजाल बा अजय देवेंद्र, अजय नरसिंह • जागरण सैफई के प्लास्टिक सर्जन डा. अतुल सक्सेना ने फोन पर पाठकों द्वारा पूछे गए सवालों का जवाब देते हुए कही। कहा, समय रहते विशेषज्ञ चिकित्सक से परामर्श लेकर सर्जरी कराने पर विकृति दूर होती है। सुधवार को पाठकों ने उनसे सवाल पूछे।

• मेरी माकड़ी के वॉ पूं खोसते हुए फनी से जल गई थी। इसके बाद से शरीर में गाँठ हो गई थीक नहीं हो रही है। क्या सर्जरी, नई मेरी

• अधिक मोटी गाँठ है तो उसे कम करने के लिए इंजेक्शन लगते हैं और यह इंजेक्शन तीन माह के अंतराल से लगाए हैं। हालाँकि इससे गाँठ खूब नहीं होगी कम कराने हद तक तो जायगी।

• मेरे बच्चा सतत माह का है उसका हाँठ और तालु जन्म से ही कटा हुआ है। यह कैसे ठीक होगा। मन्केज कुमार, रिश्तेत लखनऊ

• यह जन्मजात विकृति होती है इसके लिए धवराने की कोई जरूरत नहीं है। इस समस्या का संपूर्ण समाधान उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय में है, बच्चे को ओपीडी में लकनू दिखाने।

• मेरे भाई का बकक चलते समय पैर माह पूं एक्सीडेंट हो गया था। उनका एक हाथ काम नहीं कर रहा, क्या करें? राम सिंह, करनसुख

यह है सुविधाएं
उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय में कटे-फटे और तालु, किडनी नाक, जलने एवं कटने, बाली की प्रत्यारोपण, केहरे स्तन और शरीर की, स्तन के आकार में सुदृढ़ व काम करना, शरीर को स्त्री आकार देना, शरीर से चर्बी घटाने, केहरे के दम धार, गाल एवं टूटती को सुंदर आकार देने जैसे विभिन्न सर्जरी यहां के प्लास्टिक सर्जरी विभाग में होती है। मरीज इन सुविधाओं के लाभ ले सकते हैं।

• मरीज को आयुर्विज्ञान वि. की ओपीडी संख्या जो 8 में मंगलवार व शुक्रवार को दिख सकते हैं। प्लास्टिक सर्जरी विभाग में उनका सफल इलाज संचय है।

• आप से जलने से मेरे पैरों की गंदे और कंगल पिचक गईं, इरकम इलाज कैसे होगा। मुकेश कुमार, कौशबर - इस समस्या का इलाज है और

इसके लिए धवराने की कोई आवश्यकता नहीं है। गंदे और चालू जो पिचक गई है उसके प्लास्टिक सर्जरी विभाग में आर्परेशन के द्वारा ठीक कर सकते हैं।

• मेरे शिर के बाल बहुत कम हो गए, ट्रांसप्लंट कैसे होगा। संजीव, कौशबर

• आयुर्विज्ञान विश्वविद्यालय में हेयर ट्रांसप्लंट की सुविधा है। इसके लिए एक बार ओपीडी में आकर दिखाएं, कुछ जरूरी जांच होगी और उसके बाद हेयर ट्रांसप्लंट किए जाएंगे।

• मेरे शिर के छत्री में उभार है। कैसे ठीक होगा। प्रभात, बरगोटी टोला

• इसे गानेरोमिस्टिया कहते हैं, हार्मोनल बदलाव को वजह इस तरह की समस्या आती है। आयुर्विज्ञान विश्वविद्यालय में इस तरह काको भागले आ चुके हैं, आर्परेशन के द्वारा इस समस्या से निजात मिलती है।

उग्र आयुर्विज्ञान वि. में मनाया गया विश्व मल्टीपल स्केलेरोसिस दिवस

जानें, इटावा : उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई में न्यूरोलाजी विभाग की ओर से विश्व मल्टीपल स्केलेरोसिस दिवस मनाया गया। कुलपति प्रो. डा. प्रभात कुमार सिंह की अध्यक्षता में गोष्ठी का आयोजन हुआ। प्रतिकुलपति और न्यूरोलाजी विभागाध्यक्ष प्रो. रमाकांत ने बताया कि इस दिवस की थीम डायग्नोसिस रखी गई है। उन्होंने बताया कि मल्टीपल स्केलेरोसिस केंद्रीय तंत्रिका तंत्र की लंबे समय तक चलने वाली बीमारी है, जो दिमाग एवं रीढ़ की हड्डी के संबंध में परेशानी से होती है। यह बीमारी लोगों को अलग-अलग तरीके से प्रभावित करती है। जिसमें चलने, देखने, सुनने और समझने जैसी समस्या होती है।

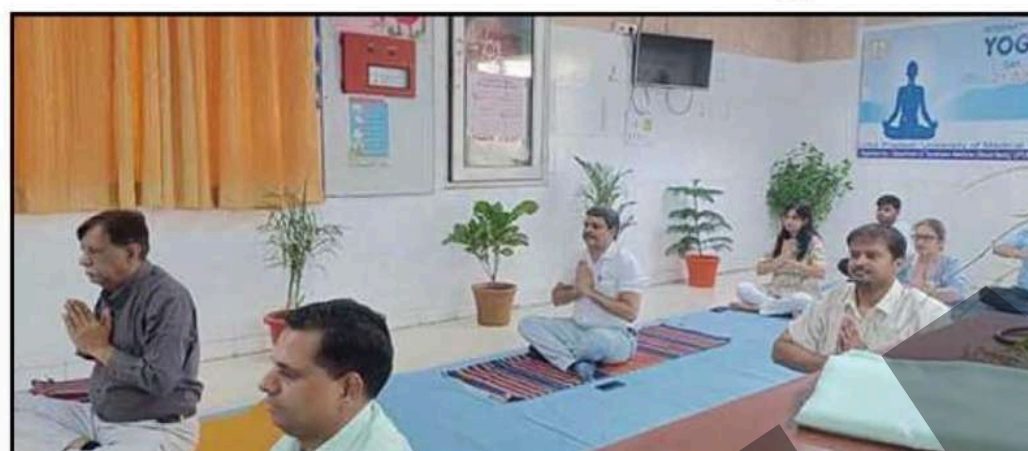
स्केलेरोसिस के लक्षण

- चलने में लड़खड़ाना।
- थकान महसूस होना।
- मांसपेशियों में कमजोरी व ऐंठन।
- धुंधला व दोहरी दृष्टि।
- दर्द, अवसाद, मूत्राशय पर नियंत्रण न होना।

के पुरुषों और महिलाओं में ज्यादा देखे जाते हैं। उन्होंने कहा कि यदि इस बीमारी से संबंधित मरीज चिकित्सक से सलाह लें जिससे सही समय पर सही इलाज शुरू हो सके। आयुर्विज्ञान विश्वविद्यालय की ओपीडी कक्षा संख्या एक और दो में (सोमवार, मंगलवार, गुरुवार, शुक्रवार) आकर सलाह ले सकते हैं। संकायाध्यक्ष डा. आदेश कुमार, डा. कमला पाठक, डा. जितेंद्र मथुरिया, डा. आइके शर्मा, डा. फहीन, डा. राफे, डा. रूपेश, डा. लक्षण 25 से 40 साल की आयु वर्ग

निरोगी रहने के लिए योग को दैनिक दिनचर्या में अवश्य शामिल करें : कुलपति

राष्ट्र पटल संवाद
सैफई (इटावा)। उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई में आज शुक्रवार को अंतर्राष्ट्रीय योग दिवस मनाया गया। ट्रांसप्यूजन मेडिसिन विभाग के तत्वावधान में अंतर्राष्ट्रीय योग दिवस के अवसर पर एक विशेष कार्यक्रम आयोजित किया गया जिसमें सभी डॉक्टरों ने प्रतिभाग किया। इस अवसर पर कुलपति प्रोफेसर डॉ. प्रभात कुमार सिंह ने कहा कि शारीरिक व मानसिक रूप से स्वस्थ रहने व निरोगी बने रहने के लिए हमें अपने दैनिक दिनचर्या में योग करना चाहिए यदि हम निरंतर योग करते रहेंगे तो शारीरिक और मानसिक रूप से स्वस्थ व निरोगी रहेंगे। कार्यक्रम में योगा ट्रेनर संदीप कुमार ने सभी को पद्मासन वज्रासन सिद्धासन



: अर्धहलासन, हलासन, सर्वांगासन, विपरीतकर्णी आसन, पवनमुक्तासन, नौकासन, शवासन योगासन कराए और इन आसनों से होने वाले लाभ के बारे में भी अवगत कराया। विश्वविद्यालय के सभी विभागों व आयोजित कार्यक्रम में रजिस्ट्रार डॉ. फैंकेलेटी में योग दिवस पर कार्यक्रमों का चंद्रवीर, संकायाध्यक्ष डा. आदेश कुमार ने सभी को पद्मासन वज्रासन सिद्धासन आयोजन हुआ जिसमें छात्र-छात्राओं और ट्रांसप्यूजन मेडिसिन विभाग अध्यक्ष डॉ.

यूपीयूएमएस में संबद्ध स्वास्थ्य देखभाल पर राष्ट्रीय सम्मेलन पैराकॉन हुआ संपन्न



प्रदेश सैफई पर 2024 का इस गालय दस प्रालय कया तिति सिंह राजेंद्र पूर्व स्वती मलित प्रभात दी में

देखभाल की गुणवत्ता को बेहतर बनाया जाए। विशिष्ट अतिथि डॉ राजेंद्र प्रसाद ने कहा कि संबद्ध स्वास्थ्य देखभाल लिए मरीज केंद्रित देखभाल प्रदान करने के लिए साक्ष्य आधारित अभ्यास, गुणवत्ता सुधार दृष्टिकोण और सूचना विज्ञान पर जोर देना आवश्यक है। उन्होंने कहा कि राष्ट्रीय सम्मेलन पैराकॉन (2024) के आयोजन में लगभग एक वर्ष का समय लगा है। उन्होंने उम्मीद है कि इस सम्मेलन से संबद्ध स्वास्थ्य देखभाल के संदर्भ में महत्वपूर्ण जानकारियां हम सभी को मिली कार्यक्रम में प्रो. डॉ रमाकांत यादव, प्रो. डॉ आदेश कुमार, प्रो. डॉ एसपी सिंह, प्रो. डॉ चंद्रवीर सिंह और डॉ जितेंद्र प्रसाद मथुरिया, डॉ अरुण

आयोजन | इस वर्ष अंतरराष्ट्रीय नर्स डेकी थीम है अवर नर्स, अवर पयूचर इकोनामिक पावर ऑफ केयर, उपचार में नर्स के काम को भी कम नहीं आका जा सकता यूपीयूएमएस की फैकेल्टी आफ नर्सिंग निभा रही है मेंटर की भूमिका

नर्स डे आज
इटावा, संवाददाता | हर वर्ष 12 मई को अंतरराष्ट्रीय नर्स डे मनाया जाता है। इस वर्ष अंतरराष्ट्रीय नर्स डे की थीम है - अवर नर्स अवर पयूचर इकोनामिक पावर ऑफ केयर। फैकेल्टी आफ नर्सिंग यूपीयूएमएस की संकायाध्यक्ष प्रो. बिजी बिजु ने बताया कि क्रमिया युद्ध के दौरान घायल सैनिकों को लैण लेकर रात में उपचार करने वाली द लेडी विद द

मिशन निरामया के तहत निभाई जा रही है अपनी जिम्मेदारी

फ्लोरेस नाइटिंगेल के जन्मदिवस पर मनाया जाता है नर्स डे

लैण के नाम से प्रसिद्ध फ्लोरेस नाइटिंगेल जो आधुनिक नर्सिंग की संस्थापक थी उनका जन्म 12 मई 1820 को हुआ था उन्होंने के जन्मदिन पर अंतरराष्ट्रीय नर्स डे मनाया जाता है। उन्होंने कहा कि किसी रोगी के

मेंटर फैकेल्टी बन अन्य संस्थाओं का भी मार्गदर्शन
इटावा | संकायाध्यक्ष प्रो. बिजी बिजु ने बताया कि मिशन निरामया के तहत हमारा संस्थान मेंटर इंस्टिट्यूट के रूप में उत्तर प्रदेश सरकार द्वारा वर्धित हुआ है। जिसके तहत आगरा, हाथरस, मथुरा व अन्य जिलों के नौ नर्सिंग संस्थानों के लिए मेंटर की भूमिका हमारा संस्थान फैकेल्टी आफ नर्सिंग निभा रहा है। उन्होंने बताया कि संस्थान में डिग्री कोर्स में बीएससी नर्सिंग में 60 सीट व प्रथममंत्री स्पेशल स्क्रीम के तहत जम्प एंड कश्मीर राज्य के लिए 6 से 8 सीटों पर भी चयन होता है। उन्होंने बताया कि नर्सिंग डिप्लोमा में जीएनएम की 60 व एनएनएम की 50 सीटें हैं। उन्होंने कहा कि फैकेल्टी ऑफ नर्सिंग से नर्सिंग प्रशिक्षण प्राप्त कर छात्र-छात्राएं राष्ट्रीय स्तर पर बड़े-बड़े चिकित्सकीय संस्थानों में सेवानिवृत्त विश्वविद्यालय का नाम रोशन कर रहे हैं।

मासिक उत्सव का आज होगा रंगारंग समापन
इटावा | यूपीयूएमएस की वीफ नर्सिंग ऑफिसर लवली जेम्स ने बताया कि अंतरराष्ट्रीय नर्स डे मासिक उत्सव की शुरुआत एक महीने पहले ही हो गई थी। अंतरराष्ट्रीय नर्स डे पर रंगारंग व सांस्कृतिक कार्यक्रमों का आयोजन होगा व फिचले एक माह से चलने वाली गतिविधियों में बेहतर प्रदर्शन करने वाले नर्सिंग स्टाफ के प्रतिभागियों को सम्मानित किया जाएगा।

समर्पित करते हुए अंतरराष्ट्रीय नर्स डे मनाया जाता है।

यूपीयूएमएस में संबद्ध स्वास्थ्य देखभाल पर राष्ट्रीय सम्मेलन पैराकॉन हुआ संपन्न

इटावा (सैफई)। उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई में संबद्ध स्वास्थ्य देखभाल पर पैराकॉन राष्ट्रीय सम्मेलन 2024 का सफल आयोजन किया गया इस सम्मेलन में चिकित्सा क्षेत्र के दस से अधिक कॉलेज/ विश्वविद्यालय के छात्र-छात्राओं ने प्रतिभाग किया। सम्मेलन का शुभारंभ मुख्य अतिथि कुलपति प्रो. डॉ. प्रभात कुमार सिंह व विशिष्ट अतिथि प्रोफेसर डॉ राजेंद्र प्रसाद पूर्व निदेशक रिम्स व पूर्व कुलपति (यूपीयूएमएस) सरस्वती प्रतिमा के सामने दीप प्रज्वलित कर किया। कुलपति प्रो. डॉ. प्रभात कुमार सिंह ने कहा कि 21वीं सदी में स्वास्थ्य देखभाल प्रणाली को बेहतर बनाना और रोगी केंद्रित देखभाल को प्राथमिकता



देना बहुत आवश्यक है जिससे चिकित्सा के क्षेत्र में स्वास्थ्य देखभाल की गुणवत्ता को बेहतर बनाया जाए। विशिष्ट अतिथि डॉ राजेंद्र प्रसाद ने कहा कि संबद्ध स्वास्थ्य देखभाल लिए मरीज केंद्रित देखभाल प्रदान करने के लिए साक्ष्य आधारित अभ्यास, गुणवत्ता सुधार दृष्टिकोण और सूचना विज्ञान पर जोर देना आवश्यक है। जिससे यह सुनिश्चित किया जाए की मरीज की देखभाल निरंतरता व विश्वसनीयता है, व स्वास्थ्य कर्मियों की टीम सहयोग, समन्वय के साथ मरीजों की स्वास्थ्य की देखभाल बेहतर हो। इस सम्मेलन में सभी संकाय, पैरामेडिकल विज्ञान व प्रतिभाग करने वाले छात्र-छात्राओं ने वैज्ञानिक अनुसंधान संबद्ध स्वास्थ्य देखभाल पर मुख्य वक्ताओं

के माध्यम से शिक्षा के क्षेत्र में बहुत कुछ सीखने का अवसर मिला। ऑर्गनाइजिंग सेक्रेटरी डॉ विजय किशोर चक्रवर्ती ने बताया कि इस सम्मेलन का आयोजन राष्ट्रीय समाज सेवा परिषद इंडियन सोसाइटी ऑफ रेडियोग्राफर टेक्नोलॉजी के सहयोग से किया गया। उन्होंने कहा कि राष्ट्रीय सम्मेलन पैराकॉन (2024) के आयोजन में लगभग एक वर्ष का समय लगा हमें उम्मीद है कि इस सम्मेलन से संबद्ध स्वास्थ्य देखभाल के संदर्भ में महत्वपूर्ण जानकारियां हम सभी को मिली। कार्यक्रम में प्रो. डॉ रमाकांत यादव, प्रो. डॉ आदेश कुमार, प्रो. डॉ एसपी सिंह, प्रो. डॉ चंद्रवीर सिंह और डॉ जितेंद्र प्रसाद मथुरिया, डॉ अरुण कुमार राजपूत, पद्मावती देहुरी, (राज्य अध्यक्ष महिला परिषद, आरएसपी आडिशा) व मेडिकल कॉलेज के छात्र-छात्राएं उपस्थित रहे।

Fire mock drill training was conducted in UPUMS to deal with untoward incidents

MASOOD TAIMURI (WednesdayTimes)

As per the government order of Uttar Pradesh Government, a two-day fire mock drill training was conducted at Etawah Uttar Pradesh Medical University Saifai under the instructions of Principal Secretary and Vice Chancellor Prof. Dr. Prabhat Kumar Singh. The training program was held under the aegis of National Construction Corporation Limited. Trainer Yogendra Kadyan from Haryana shared important information regarding the cause of fire and control of fire and extinguishing of fire. He said that coordination between fire extinguishing team and fire fighter team, rescue team, first aid team is very important to prevent untoward incidents. During the training, he told how in case of fire, the fire team will alert everyone and remove the material that can cause fire. Secondly, it is necessary to close the doors and windows of the nearby rooms and jam the windows and doors by wetting the cloth, so that the rescue team can save people from smoke and the employees and people can get out through the prescribed route. During the training, important information was also given to the health workers and the entire staff regarding how to use the fire extinguishing equipment and materials carefully. During the training, the use of various fire fighting equipments was explained to extinguish different types of fire at the workplace. Along with this, information was given about their use, maintenance and utility by organizing an exhibition of safety equipments. During this, practice was also done on how to extinguish fire by starting it. Medical Superintendent Dr. SP Singh said that fire mock drill training will be conducted from time to time so that all the staff remains prepared to avoid any untoward incident.



In the two-day training program,

Mr. Girish Verma (Project Manager) from Uttar Pradesh State Construction Corporation, Mr. Vivek Anand, Mr. Vinod Tiwari and Executive Engineer Mr. K.P. Singh from Uttar Pradesh Medical University Saifai, Nodal Officer Fire Safety Mr. Jyoti Singh, Deputy Medical Superintendent Dr. Vijay Mishra, Junior Engineer Mr. Shobhit, all nurse staff, security guards, all fire staff, all employees etc. were present.

XDR TB patients will not have to go to another city for testing and treatment.

MASOOD TAIMURI (WednesdayTimes)

Etawah (Saifai), LPA Line-2 Lab at Uttar Pradesh University of Medical Sciences, Saifai, has been certified by the Ministry of Health and Family Welfare, Government of India for better diagnosis of TB patients. Vice Chancellor Prof. Dr. Prabhat Kumar Singh congratulated the team of Microbiology Department for the certificate given by the Government of India to LPA Second Line Lab. Uttar Pradesh Task Force Vice Chairman and Dean and Head of the Department of Respiratory Medicine, Prof. Dr. Adesh Kumar said that serious TB infected patients, on whom most of the medicines related to TB treatment prove to be ineffective, are called extra drug resistant TB.



He told that TB patients were already being examined by the first line in the LPA lab itself. Now the second line lab has also been certified, due to which TB patients will no longer have to go outside the city for treatment and testing. For better investigation, genes of bacteria will be extracted from the sputum of these patients in the lab and tested, then the sensitivity of the medicines will be seen. According to the results of the test, TB medicine will be administered to the patient. He said that if any patient wants to get tested for TB, he can come to OPD room

number 27 and the sputum test is done in room number 16. He told that TB patients will be tested in our LPA L-2 (Line Probe Aase) lab, which will not only provide proper treatment to TB patients, but also the research work related to TB will be facilitated by the establishment of this lab in the Microbiology Department of the Medical College. This will be promoted and senior residents and junior residents of the Department of Respiratory Medicine, Department of Microbiology and other departments will be able to do better research work under the supervision of their teachers and this will also benefit in better TB treatment in future. Prof. of Microbiology Department of UPUMS, Dr. Amit Singh said that first line and now second line drug testing facilities are available in LPA Lab itself. He said that since December 2023, more than

1000 LPA first line investigations have been done. The phlegm of patients also comes from other districts (Auraiya, Mainpur). UPUMS is the first lab (LPA Line 2) in the rural area. After AMU, this will be the second such Culture DST Lab in Uttar Pradesh in which through LPA Line 2 (Line Probe Such) Lab, people suffering from severe TB can be diagnosed with MDR (Multi Drug Resistance), XDR (Extra Drug Resistance) TB in real time. Correct treatment will be provided to TB patients. He said that in this lab, for molecular testing, the gene of TB bacteria will be collected from the sputum of the TB patient and tested with five drugs for three days, which will help in understanding and managing any discrepancy between genotypic drug sensitivity tests.

10:59 pm

जागरूकता और सशक्तिकरण की थीम पर मनाया जाएगा

'विश्व अस्थमा दिवस'



■ धूल धूँआ घूमपान से बचें अस्थमा रोगी : प्रो. डॉ. आदेश कुमार

स्पेन में पहली विश्व अस्थमा बैठक के संयोजन में 35 से अधिक देशों में पहला विश्व अस्थमा दिवस मनाया गया। इस वर्ष विश्व अस्थमा दिवस की थीम है जागरूकता और सशक्तिकरण। उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई के संकायाध्यक्ष व रेस्पिरेट्री मेडिसिन विभागाध्यक्ष प्रो. डॉ. आदेश

अस्थमा रोगी सावधानी बरतें

प्रो. डॉ. आदेश ने बताया कि इस मौसम में घटते-बढ़ते तापमान में रोखास ख्याल रखें। दवा पास रखें और कंट्रोलर इन्हेलर समय से ले सिलेरेट/सिगार व बीडी के धुएँ से बचें, फेफड़े को मजबूत बनाने के लिए सांस का व्यायाम अर्थात् प्राणायाम करें। बच्चों को लम्बे रोंयेदार कपड़े पहनायें व रोंयेदार खिलौने खेलने को न दें। सेंमल की रूई से भरे तबकि गहा या रजाई का इस्तेमाल न करें। रोगी एयरकंडीशन या कूलर के कम से एकदम गर्म हवा में बाहर न जायें। धुआँ, धूल, मिट्टी, वाली जगह से बचनाक मुँह ढके न गुजरें। इत्र या परफ्यूम का इस्तेमाल न करें।

अस्थमा रोगीयों की जांच व परीक्षण

यूपीयूएमएस के असिस्टेंट प्रो. डॉ. प्रशांत कुमार ने बताया कि अस्थमा रोगी का परीक्षण व फेफड़े की कार्यक्षमता की जांच पीएफटी (पलमोन फंक्शन टेस्ट), पीईएफआर, स्पाइरोमेट्री, द्वारा किया जाता है व एलजी टेन्यू विलिंग के कमरा नंबर 26 में होता है और रेस्पिरेट्री मेडिसिन की ओपी न्यू विलिंग रूम नंबर 27 में है, जहां पर आकर अस्थमा रोगी डॉक्टर



हड्डी रोग विशेषज्ञ बीमारियों की जानकारी देंगे

इटावा: हेलो डाक्टर कार्यक्रम के तहत उग्र आयुर्विज्ञान विवि सैफई के

हड्डी रोग विशेषज्ञ प्रो. डा. हरीश

कुमार दोपहर एक से दो बजे तक दैनिक

जागरण कार्यालय में

रहेंगे। उनसे हड्डी से संबंधित बीमारियों को लेकर मो. नंबर 9027958070 पर संपर्क कर सलाह ले सकते हैं।



डा. हरीश कुमार

स्वयं

रहेंगे। उनसे हड्डी से संबंधित

बीमारियों को लेकर मो. नंबर

9027958070 पर संपर्क कर सलाह

ले सकते हैं।

थैलेसीमिया अनुवांशिक रक्त समस्या है: डॉ. गणेश कुमार

थैलेसीमिया दिवस

इटावा, संवाददाता। हर साल 8 मई को विश्व थैलेसीमिया दिवस मनाया जाता है। इस वर्ष विश्व थैलेसीमिया दिवस की थीम हज्जीवन को सशक्त बनाना प्रगति को अपनाना सभी के लिए समान और सुलभ थैलेसीमिया उपचार है। यह दिवस मनाने का मुख्य उद्देश्य है कि थैलेसीमिया के बारे में लोगों को जागरूक करना व इसके कारण और लक्षणों पर ध्यान केंद्रित करने के साथ थैलेसीमिया से



डा. गणेश कुमार वर्मा।

प्रकाश डालना। उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई के बाल रोग विशेषज्ञ व थैलेसीमिया नोडल

थैलेसीमिया के लक्षण

एनीमिया, अफास भूख, थकान कमजोरी, सांस लेने में तकलीफ पीली त्वचा, बच्चों का शारीरिक विकास मंद होना।

का कहना है कि थैलेसीमिया एक अनुवांशिक रक्त समस्या है थैलेसीमिया जिन लोगों में होता है उन्हें माता-पिता से एक परिवर्तित जीन मिलता है जिसके कारण एक रोगी के लक्षण रक्त कणिकाएं (आरबीसी) में पर्याप्त हीमोग्लोबिन नहीं बन पाता जिसके कारण ज्विनिक

जोषित रहने के लिए हर 3 से 4 सप्ताह के बाद रक्त चढ़ाने की आवश्यकता होती है इसलिए बार-बार ब्लड ट्रांसफ्यूजन किया जाता है। उन्होंने बताया कि थैलेसीमिया दो प्रकार का होता है अल्फा थैलेसीमिया व बीटा थैलेसीमिया। रजिस्टर्ड है थैलेसीमिया से पीड़ित 63 बच्चे: नोडल अधिकारी ने बताया कि यूपीयूएमएस में 63 थैलेसीमिया से पीड़ित बच्चे रजिस्टर्ड है जिनको संस्थान द्वारा निःशुल्क रक्त आधान (ब्लड ट्रांसफ्यूजन) किया जा रहा है। उन्होंने बताया कि विश्व

थैलेसीमिया के लक्षणों और इसके साथ बेहतर जीने के तरीके के बारे में जागरूक बनाया जाएगा और एक विशेष कार्यक्रम का आयोजन होगा व हर सोमवार ओपीडी कमरा नंबर 31 में रक्त संबंधित रोगों के लिए बाल रोग विशेषज्ञ उपलब्ध रहते हैं थैलेसीमिया पीड़ित बच्चों के अभिभावक आकर डॉक्टरों को सलाह ले सकते हैं। ब्लड बैंक असिस्टेंट प्रोफेसर डॉ. ज्योति कलश भारती ने बताया कि यूपीयूएमएस नर्सिंग स्टाफ द्वारा ब्लड बैंक में एक रक्तदान शिविर का आयोजन भी

मासिक धर्म में स्वच्छता के प्रति जागरूकता जरूरी

कार्यालय संवाददाता, इटावा

अमृत विचार। हर वर्ष 28 मई को विश्व मासिक धर्म स्वच्छता दिवस मनाया जाता है इस बार इस दिवस की थीम है एक साथ पीरियड फ्रेंडली वर्ल्ड। इस दिवस को मनाने का प्रमुख उद्देश्य है महामारी या मासिक धर्म के प्रति स्वच्छता बनाए रखने और इससे संबंधित भ्रांतियां मिटाना।

- आज मनाया जाएगा विश्व मासिक धर्म स्वच्छता दिवस
- मासिक धर्म से संबंधित भ्रांतियां मिटाने की आवश्यकता

और संक्रमण का कारण बन सकता है। मासिक धर्म के दौरान सेनेट पैड का ही प्रयोग करें। डॉ कल्पन ने बताया किशोरियों में जब मासिक धर्म शुरू होता है तो उनका

उत्तर प्रदेश विश्वविद्यालय विशेषज्ञ प्रो. डॉ. विश्व मासिक धर्म के संबंध में उपलब्ध कर किसी भी तरह शिकार न हों सफाई के लिए साबुन का प्रयोग क्योंकि इसके पीएच संतु

'एक यूनिट रक्तदान पीड़ित के लिए बन सकता वरदान'

जासं इटावा : उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई के ब्लड बैंक में मंगलवार को थैलेसीमिया दिवस मनाया गया। विश्वविद्यालय के कुलपति प्रो. डा. प्रभात कुमार सिंह ने थैलेसीमिया पीड़ित बच्चों को उपहार दिए और सामुदायिक रूप से लोगों को रक्तदान करने की अपील की। कहा, एक यूनिट रक्तदान थैलेसीमिया पीड़ित बच्चों के लिए वरदान बन सकता है। सामान्य व्यक्ति के शरीर में आरबीसी की उम्र 120 दिन होती है, लेकिन थैलेसीमिया पीड़ित में उनकी उम्र 120 दिन से भी बहुत कम रह जाती है। इसलिए रक्तदान करना



उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय में विश्व थैलेसीमिया दिवस पर रक्तदान करने वाले कर्मचारी को प्रमाण पत्र देते कुलपति प्रो. प्रभात कुमार सिंह • स्वतंत्र

रक्त महानिर्वाह करने में जागरूकता भागवत कथा में शामिल हुई।

इससे जंगल में खोज कर जंगल जा का विशेष उपस्थित रही।

गर्म हवाएं और तेज धूप से त्वचा संबंधी समस्याएं हो सकती : डॉ. श्वेता



सैफई, इटावा (स्पष्ट आवाज)। आजकल गर्म हवाएं और तेज धूप के

समय ज्यादा नुकसानदेह होता है इसीलिए जब भी धूप में निकले तो सनस्क्रीम का प्रयोग करें। गर्मी में ऐसे कपड़े पहनें जो आपको धूप से बचाएं। लंबी हेट और दुपट्टा आदि जरूर रखें। फंगल इन्फेक्शन होने पर डॉक्टर से जरूर परामर्श लेकर सुझाए गए ट्रीटमेंट का कोर्स पूरा करें। सूती व ढीले ढाले कपड़े पहनें, पानी का सेवन खूब करें और साफ सफाई का ध्यान रखें।

डॉ श्वेता कुमार ने बताया कि सैफई मेडिकल कॉलेज में हर तरह के त्वचा संबंधी समस्याओं का इलाज संभव है। इस मौसम में अलग-अलग त्वचा रोगों से संबंधित औसतन प्रतिदिन 200-250 मरीज ओपीडी में आ रहे हैं जिसमें फोटोडर्मेटाइटिस धूप से एलर्जी, मेलास्मा चेहरे पर काले दाग, मुँहासे, एलोपेसिया एरीटा छोटे टुकड़ों में आपके बाल झड़ने लगते हैं।

उपकरणों की सुरक्षा एवम राजा पर उनके दुष्प्रभावों पर हुई चर्चा

कार्यालय संवाददाता, इटावा

अमृत विचार। उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई में चिकित्सा उपकरणों की सुरक्षा को बढ़ावा देने के लिए भारतीय मटेरियो विजिलेंस कार्यक्रम का आयोजन फार्माकोलॉजी विभाग ने किया। कार्यक्रम का उद्घाटन कुलपति प्रो. डॉ. प्रभात कुमार सिंह ने किया। केजीएमयू लखनऊ के फार्माकोलॉजी के प्रोफेसर डॉ. आरके दीक्षित ने फार्माकोविजिलेंस की चुनौतियां और समाधान के संदर्भ में एक विस्तृत व्याख्यान प्रस्तुत किया। सभी प्रतियोगियों को एडीआर रिपोर्टिंग की शपथ दिलाई गई। एमसी समन्वयक डॉ. आशा पाठक ने बताया कि भारत सरकार ने देश में चिकित्सा उपकरणों की सुरक्षा की निगरानी के लिए 6 जुलाई 2015 को भारतीय



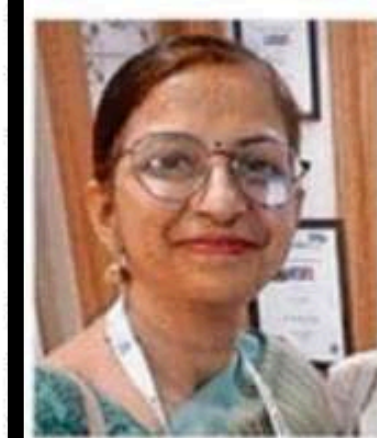
प्रमाण पत्र वितरित करते कुलपति डॉ. प्रभात कुमार सिंह। अमृत विचार

उपकरण से संबंधित प्रतिकूल घटनाओं पर व्यवस्थित रूप से डाटा एकत्र करना और उनके वैज्ञानिक विश्लेषण करना। जिससे नियामक निर्णय और चिकित्सा उपकरणों के सुरक्षित उपयोग पर बेहतर काम किया जा सके। कार्यक्रम में सीनियर प्रिंसिपल साइंटिफिक

एमवीपीआई कार्यक्रम के उद्देश्य के संदर्भ में बताया। विभिन्न चिकित्सा उपकरण एवं क्लिनिकल ट्रायल से संबंधित जानकारी असीम साहू एवं उप औषधि नियंत्रक मेश्राम प्रमोद ने दी। फार्माकोलॉजी विभाग अध्यक्ष डॉ आलोक दीक्षित ने सभी को धन्यवाद ज्ञापित किया। कुलपति

आंखों से जुड़ी समस्या का एक काल पर मिलेगा समाधान

इटावा : दैनिक जागरण के हेल्थ डॉक्टर कार्यक्रम के तहत उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय सैफई की नेत्र रोग विशेषज्ञ डा. रीना शर्मा



पाठकों के प्रश्नों का उत्तर देंगी। डा. रीना दोपहर एक से दो बजे तक दैनिक जागरण कार्यालय में मौजूद रहेंगी। आंखों से जुड़ी समस्या का एक फोन काल पर समाधान मिलेगा। मोबाइल फोन नंबर 9027958070 पर संपर्क किया जा सकता है। नेत्र से जुड़ी समस्याओं के निस्तारण की जानकारी हो सकेगी।

डा. रीना शर्मा • स्वतंत्र

CREATIVITY CORNER

PAINTED BY DR. SHIVAM KUMAR
MBBS BATCH 2019

A RADHA KRISHNA PAINTING OFTEN CAPTURES THE DIVINE LOVE AND ETERNAL BOND BETWEEN THESE REVERED FIGURES IN HINDU MYTHOLOGY WITH EXQUISITE DETAIL AND VIBRANT COLORS. THE CENTRAL FOCUS IS USUALLY ON KRISHNA, DEPICTED WITH HIS SIGNATURE PEACOCK FEATHER, AND RADHA, WHO IS OFTEN SHOWN IN AN ELEGANT POSE RADIATING DEVOTION AND GRACE. THEIR ATTIRE IS RICHLY ADORNED, FEATURING INTRICATE PATTERNS AND LUXURIOUS FABRICS THAT HIGHLIGHT THEIR DIVINE NATURE. THE BACKGROUND TYPICALLY PRESENTS A LUSH, SERENE SETTING—ENHANCING THE SPIRITUAL AND IDYLIC ATMOSPHERE. THE COLORS ARE VIVID, WITH DEEP BLUES, GREENS, AND GOLDS, REFLECTING THE BEAUTY AND VIBRANCY OF THEIR DIVINE LOVE.





**PAINTED BY DR. ANAM HAYAT
MBBS BATCH 2019**

THE SKETCH BEAUTIFULLY CAPTURES THE EMOTION OF SATISFACTION WITH A FACE THAT RADIATES CONTENTMENT AND INNER PEACE. THE FEATURES ARE GENTLY RELAXED, WITH A SERENE, ALMOST SUBTLE SMILE GRACING THE LIPS. THE EYES ARE SLIGHTLY SQUINTED IN A WAY THAT CONVEYS A SENSE OF WARMTH AND FULFILLMENT, THEIR EXPRESSION SOFT AND INVITING. THE EYEBROWS ARE NATURALLY ARCHED, ENHANCING THE RELAXED AND SATISFIED Demeanor. THE OVERALL LINES OF THE FACE ARE SMOOTH AND FLOWING, WITH SOFT SHADING THAT ADDS A SENSE OF CALM AND EASE.



**PAINTED BY PALLAVI
NURSING BATCH 2020**

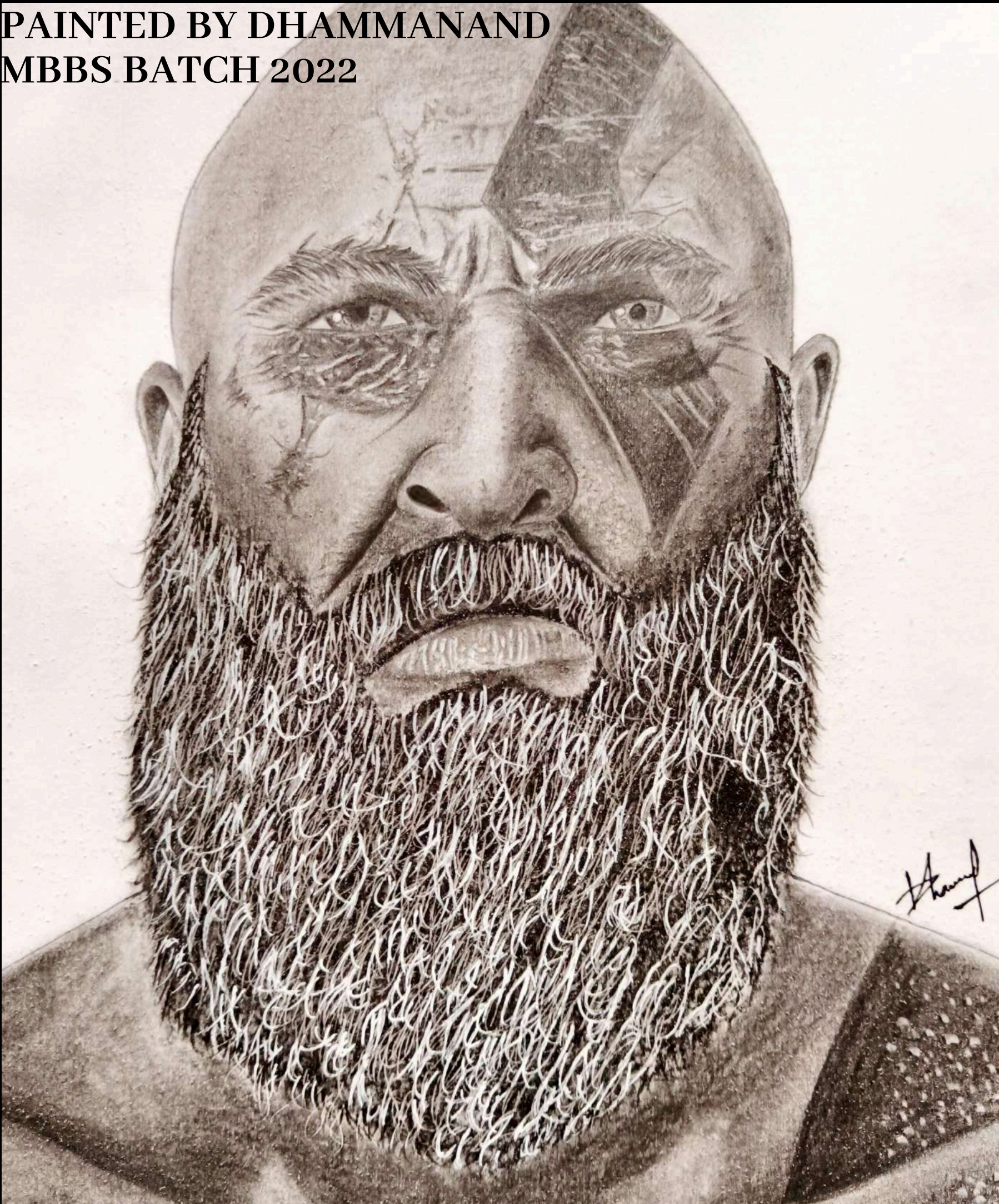
THE PAINTING POIGNANTLY DEPICTS A HAND ENSHROUDED IN A DRAMATIC, VISCERAL AURA. THE HAND, WITH ITS INTRICATE DETAILS AND EXPRESSIVE CONTOURS, IS PRESENTED IN A STARK, EVOCATIVE POSE THAT DRAWS IMMEDIATE ATTENTION. CRIMSON STREAKS AND POOLS OF BLOOD CASCADE FROM THE FINGERTIPS AND PALM, THEIR VIVID RED CONTRASTING SHARPLY AGAINST THE MUTED TONES OF THE SKIN. THE BLOOD IS RENDERED WITH A GLOSSY, ALMOST SURREAL QUALITY, CREATING A SENSE OF IMMEDIACY AND INTENSITY.

PAINTED BY ASHUTOSH MANGALAM
MBBS BATCH 2021



IN THE PAINTING, THE HORSE'S HEAD EMERGES WITH STRIKING VITALITY AND GRACE, RENDERED WITH METICULOUS ATTENTION TO DETAIL. THE ARTIST CAPTURES THE MAJESTIC CURVE OF THE FOREHEAD, TRANSITIONING SEAMLESSLY INTO THE ELEGANT, TAPERED MUZZLE. THE EYES, PAINTED WITH A DEEP, SOULFUL QUALITY, GLISTEN WITH A HINT OF CURIOSITY AND INTELLIGENCE, SET AGAINST A BACKDROP THAT ENHANCES THEIR EXPRESSIVE POWER. THE EARS, FINELY DETAILED, SEEM ALMOST ALIVE, POSITIONED WITH DELICATE PRECISION TO CONVEY THE HORSE'S ATTENTIVE AND ALERT NATURE.

PAINTED BY DHAMMANAND
MBBS BATCH 2022



IN THE SKETCH, THE FACE IS A RAW DEPICTION OF INTENSE RAGE, CAPTURING EVERY NUANCE OF FURIOUS EMOTION. THE EYES, WIDE AND GLARING, ARE FILLED WITH A FIERY INTENSITY, THEIR PUPILS DILATED AND BROWS FURROWED DEEPLY, CONVEYING A SENSE OF SEETHING ANGER. THE FOREHEAD IS CREASED WITH HARSH LINES, AND VEINS PULSE VISIBLY, ADDING TO THE SENSE OF UNCONTROLLABLE FURY. THE NOSTRILS ARE FLARED, AND THE MOUTH IS TWISTED INTO A SNARL OR GRIMACE, TEETH BARED IN A FIERCE EXPRESSION. THE OVERALL LINES OF THE FACE ARE SHARP AND JAGGED, EMPHASIZING THE EXPLOSIVE ENERGY OF THE EMOTION.

Newsletter

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**Uttar Pradesh University of Medical Sciences,
Saifai, Etawah**



ॐ सर्वे भवन्तु सुखिनः ।
सर्वे सन्तु निरामयाः ।